

Mentorship Process

The mentor is a guide through experience and demonstration. We can only help others go through this process as far and deep as we have done. As we go through the process we can share with others our experience. Experience can be more helpful than theory.

Each of us will need to select a mentor. It may be best to select someone who demonstrates spiritual value we would like to learn to develop ourselves. Although friendship often occurs, it is not the goal. This is a relationship focused on encouraging each other to grow with God.

The mentor is to listen with empathy as the learner struggles through new experiences and understanding. The learner is an explorer putting together new experiences and information through fear and confusion. The mentor can encourage, offer compassion, bring truth, and inspire as a model for hope. A mentor can share from their own experience how they live out the principles. The mentor can help process understanding through honest discussions and share about consequences through experience. Each of us are to be the test subjects in an intangible, emotional, and spiritual journey. We must go inward and discover all that is there and make corrections to better align with God.

Here are some key experiences to walk through together to grow and increase our sensing and understanding with God.

1. Understand the differences between idolatry and trusting in God. Share from experience how trusting God as the highest priority can reduce dependence upon people and things. Discuss how such a dependence upon God can better develop peace and love. Pray and meditate each day upon God's character and how to carry it out.
2. Mentor's and learner's read together scripture on 'good and 'evil' while discussing how they exist in personal real life experiences. We can share together about consequences from choosing 'good' and 'evil.' Read each day scripture on how to think and act with our Inward Authority.
3. Examine our character: use the character examination worksheet. Mentors can share their experience from doing it. We ought to continually guard our hearts and minds from destructive character while developing

in them more Godly character. We can spend time in prayer remembering the goal is to grow spiritual understanding.

4. Each day within our minds we ought to have a goal to improve toward God's character. We can think of our attitude, demeanor, words, and actions. Are we doing what we say? Are we empathetic? Are we being honest? Are we moving patiently and peacefully? Are we waiting upon God's Spirit for direction? These are examples of many questions we can ask ourselves to prompt us toward good character development.
5. Mentors wait patiently as the learner shares their experience while gently guiding them toward solutions. We ought to speak the truth in love toward peace without fear or bias. We can seek empathetic understanding of the learner's inward condition while still speaking difficult truths. We each need conflicting truth beyond our understanding to hear what we do not know in order to learn.
6. Mentors can share how expectations, preferences, and personal bias can exist beyond our awareness and interfere with development. (See Subconscious Bias) Mentors can share how to check for growth to guard against complacency.
7. The mentor helps guide the learner toward mentoring others. We can share how we learn from each other through helping one another. Learning how to explain our experiences with others can help us understand such experiences at a deeper level.