## **Share Experience**

First hand experience is the best way to understand anything. We ought to share about our own spiritual growth through our own experiences. We discuss our inward experiences, perceptions, feelings, and behaviors as we grow in God's character. How is our own growth in truth, mercy, forgiveness, peace, love, generosity, justice, and compassion? It's best to keep our sharing to things we can all relate to and to see how we can take action toward solutions.

Staying with our own experience can reduce unnecessary conflict brought from advice giving and indifferent cross talk. We ought to lead by demonstration of patience, love, and tolerance. Let's demonstrate sincere truth with love toward peace. We are each responsible for our own thoughts and actions toward God's character. If we are active, we can share how; if inactive, we can share why. Between meetings we ought to be applying transformative action with God's character.

Struggles, fears, anger, doubt, and resentments can happen. We can share about these difficulties and how we humble ourselves into Godly corrective action. If we do not know how to take action we can meet with someone who does; then listen, learn, and apply.

Venting and catharsis are helpful to relieve pressure from within us, but we ought to apply some solution to what causes the pressure. We can share how we shift our thoughts from fear, resentment, and selfish desires toward God. We can share how the direction of our thoughts, attitudes, and actions affect our inward condition and relationships.

As we share together we can make invisible spiritual realities visible. We can bring this spiritual reality to life together through our discussions. Where many of us may feel alone, through our sharing, we can feel more connected. Such validation can bring compassion, love, and belonging. We can each walk through the transformation process and provide hope, encouragement, and words of wisdom through our experiences.

Demonstration of growth in God's good character and grace is our goal. Teaching by demonstration can be the best way to teach and inspire others.