

# Strength

## Wait on God for strength

Psalm 27:14 Wait on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!

Isaiah 40:31 But those who wait on the Lord Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

1 Chronicles 16:11 Seek the Lord and His strength; Seek His face evermore!

Psalm 105:4 Seek the Lord and His strength; Seek His face evermore!

## God's ways provide strength

Proverbs 10:29 The way of the Lord is strength for the upright, But destruction will come to the workers of iniquity.

Psalm 31:24 Be of good courage, And He shall strengthen your heart, All you who hope in the Lord.

Proverbs 8:14 Counsel is mine, and sound wisdom; I am understanding, I have strength.

Psalm 104:15 And wine that makes glad the heart of man, Oil to make his face shine, And bread which strengthens man's heart.

Proverbs 24:5 A wise man is strong, Yes, a man of knowledge increases strength;

Exodus 15:2 The Lord is my strength and song, And He has become my salvation; He is my God, and I will praise Him; My father's God, and I will exalt Him.

Exodus 15:13 You in Your mercy have led forth The people whom You have redeemed; You have guided them in Your strength To Your holy habitation.

Numbers 23:22 God brings them out of Egypt; He has strength like a wild ox.

Numbers 24:8 “God brings him out of Egypt; He has strength like a wild ox; He shall consume the nations, his enemies; He shall break their bones And pierce them with his arrows.

Judges 16:28 Then Samson called to the Lord, saying, “O Lord God, remember me, I pray! Strengthen me, I pray, just this once, O God, that I may with one blow take vengeance on the Philistines for my two eyes!”

1 Samuel 23:16 Then Jonathan, Saul’s son, arose and went to David in the woods and strengthened his hand in God.

1 Samuel 15:29 And also the Strength of Israel will not lie nor relent. For He is not a man, that He should relent.”

2 Samuel 22:3 The God of my strength, in whom I will trust; My shield and the horn of my salvation, My stronghold and my refuge; My Savior, You save me from violence.

1 Chronicles 16:27 Honor and majesty are before Him; Strength and gladness are in His place.

1 Chronicles 29:12 Both riches and honor come from You, And You reign over all. In Your hand is power and might; In Your hand it is to make great And to give strength to all.

Nehemiah 6:9 For they all were trying to make us afraid, saying, “Their hands will be weakened in the work, and it will not be done.” Now therefore, O God, strengthen my hands.

Nehemiah 8:10 Then he said to them, “Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the Lord is your strength.”

Job 9:4 God is wise in heart and mighty in strength. Who has hardened himself against Him and prospered?

Job 36:5 "Behold, God is mighty, but despises no one; He is mighty in strength of understanding.

Psalm 18:32 It is God who arms me with strength, And makes my way perfect.

Psalm 20:6 Now I know that the Lord saves His anointed; He will answer him from His holy heaven With the saving strength of His right hand.

Psalm 21:13 Be exalted, O Lord, in Your own strength! We will sing and praise Your power.

Psalm 22:19 But You, O Lord, do not be far from Me; O My Strength, hasten to help Me!

Psalm 27:1 The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid?

Psalm 28:8 The Lord is their strength, And He is the saving refuge of His anointed.

Psalm 29:11 The Lord will give strength to His people; The Lord will bless His people with peace.

Psalm 31:4 Pull me out of the net which they have secretly laid for me, For You are my strength.

Psalm 37:39 But the salvation of the righteous is from the Lord; He is their strength in the time of trouble.

Psalm 46:1 God is our refuge and strength, A very present help in trouble.

Psalm 54:1 Save me, O God, by Your name, And vindicate me by Your strength.

Psalm 59:9 I will wait for You, O You his Strength; For God is my defense.

Psalm 59:17 To You, O my Strength, I will sing praises; For God is my defense, My God of mercy.

Psalm 62:7 In God is my salvation and my glory; The rock of my strength, And my refuge, is in God.

Psalm 68:35 O God, You are more awesome than Your holy places. The God of Israel is He who gives strength and power to His people. Blessed be God!

Psalm 73:26 My flesh and my heart fail; But God is the strength of my heart and my portion forever.

Psalm 89:17 For You are the glory of their strength, And in Your favor our horn is exalted.

Psalm 96:6 Honor and majesty are before Him; Strength and beauty are in His sanctuary.

Psalm 118:14 The Lord is my strength and song, And He has become my salvation.

Psalm 119:28 My soul melts from heaviness; Strengthen me according to Your word.

Psalm 138:3 In the day when I cried out, You answered me, And made me bold with strength in my soul.

Psalm 140:7 O GOD the Lord, the strength of my salvation, You have covered my head in the day of battle.

Isaiah 12:2 Behold, God is my salvation, I will trust and not be afraid; ‘For Yah, the Lord, is my strength and song; He also has become my salvation.’”

Isaiah 26:4 Trust in the Lord forever, For in YAH, the Lord, is everlasting strength.

Jeremiah 16:19 O Lord, my strength and my fortress, My refuge in the day of affliction, The Gentiles shall come to You From the ends of the earth and say, “Surely our fathers have inherited lies, Worthlessness and unprofitable things.”

Ezekiel 34:16 “I will seek what was lost and bring back what was driven away, bind up the broken and strengthen what was sick; but I will destroy the fat and the strong, and feed them in judgment.”

Daniel 2:37 You, O king, are a king of kings. For the God of heaven has given you a kingdom, power, strength, and glory;

Daniel 10:19 And he said, “O man greatly beloved, fear not! Peace be to you; be strong, yes, be strong!” So when he spoke to me I was strengthened, and said, “Let my lord speak, for you have strengthened me.”

Joel 3:16 The Lord also will roar from Zion, And utter His voice from Jerusalem; The heavens and earth will shake; But the Lord will be a shelter for His people, And the strength of the children of Israel.

Luke 22:43 Then an angel appeared to Him from heaven, strengthening Him.

Acts 3:7 And he took him by the right hand and lifted him up, and immediately his feet and ankle bones received strength.

2 Timothy 4:17 But the Lord stood with me and strengthened me, so that the message might be preached fully through me, and that all the Gentiles might hear. Also I was delivered out of the mouth of the lion.

## **Separated from God reduces strength, get broken**

Psalm 38:10 My heart pants, my strength fails me; As for the light of my eyes, it also has gone from me.

Jeremiah 17:5 Thus says the Lord: “Cursed is the man who trusts in man And makes flesh his strength, Whose heart departs from the Lord.

Judges 3:12 And the children of Israel again did evil in the sight of the Lord. So the Lord strengthened Eglon king of Moab against Israel, because they had done evil in the sight of the Lord.

1 Samuel 2:10 The adversaries of the Lord shall be broken in pieces; From heaven He will thunder against them. The Lord will judge the ends of the earth. “He will give strength to His king, And exalt the horn of His anointed.”

2 Kings 19:3 And they said to him, “Thus says Hezekiah: ‘This day is a day of trouble, and rebuke, and blasphemy; for the children have come to birth, but there is no strength to bring them forth.

Nehemiah 4:10 Then Judah said, “The strength of the laborers is failing, and there is so much rubbish that we are not able to build the wall.”

Psalm 52:7 “Here is the man who did not make God his strength, But trusted in the abundance of his riches, And strengthened himself in his wickedness.”

Isaiah 30:3 Therefore the strength of Pharaoh Shall be your shame, And trust in the shadow of Egypt Shall be your humiliation.

Isaiah 37:3 And they said to him, “Thus says Hezekiah: ‘This day is a day of trouble and rebuke and blasphemy; for the children have come to birth, but there is no strength to bring them forth.

Jeremiah 23:14 Also I have seen a horrible thing in the prophets of Jerusalem: They commit adultery and walk in lies; They also strengthen the hands of evildoers, So that no one turns back from his wickedness. All of them are like Sodom to Me, And her inhabitants like Gomorrah.

Lamentations 3:18 And I said, “My strength and my hope Have perished from the Lord.”

Ezekiel 7:13 For the seller shall not return to what has been sold, Though he may still be alive; For the vision concerns the whole multitude, And it shall not turn back; No one will strengthen himself Who lives in iniquity.

Ezekiel 13:22 “Because with lies you have made the heart of the righteous sad, whom I have not made sad; and you have strengthened the hands of the wicked, so that he does not turn from his wicked way to save his life.

Ezekiel 16:49 Look, this was the iniquity of your sister Sodom: She and her daughter had pride, fullness of food, and abundance of idleness; neither did she strengthen the hand of the poor and needy.

Hosea 7:9 Aliens have devoured his strength, But he does not know it; Yes, gray hairs are here and there on him, Yet he does not know it.

Hosea 7:15 Though I disciplined and strengthened their arms, Yet they devise evil against Me;

Hosea 12:3 He took his brother by the heel in the womb, And in his strength he struggled with God.

Amos 2:14 Therefore flight shall perish from the swift, The strong shall not strengthen his power, Nor shall the mighty deliver himself;

Luke 1:51 He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.

1 Corinthians 15:56 The sting of death is sin, and the strength of sin is the law.

(note – The law kills the spirit, when we read the law and rely on it we do not listen to the spirit)

## **Apply strength**

Deuteronomy 6:5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength.

2 Samuel 22:33 God is my strength and power, And He makes my way perfect.

1 Chronicles 16:28 Give to the Lord, O families of the peoples, Give to the Lord glory and strength.

1 Samuel 30:6 Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters. But David strengthened himself in the Lord his God.

Ezra 6:22 And they kept the Feast of Unleavened Bread seven days with joy; for the Lord made them joyful, and turned the heart of the king of Assyria toward them, to strengthen their hands in the work of the house of God, the God of Israel.

Psalm 18:1 I will love You, O Lord, my strength.

Psalm 18:2 The Lord is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.

Psalm 19:14 Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O Lord, my strength and my Redeemer.

Psalm 28:7 The Lord is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him.

Psalm 29:1 Give unto the Lord, O you mighty ones, Give unto the Lord glory and strength.

Psalm 68:34 Ascribe strength to God; His excellence is over Israel, And His strength is in the clouds.

Psalm 71:16 I will go in the strength of the Lord GOD; I will make mention of Your righteousness, of Yours only.

Psalm 71:18 Now also when I am old and gray headed, O God, do not forsake me, Until I declare Your strength to this generation, Your power to everyone who is to come.

Psalm 84:5 Blessed is the man whose strength is in You, Whose heart is set on pilgrimage.

Psalm 96:7 Give to the Lord, O families of the peoples, Give to the Lord glory and strength.

Proverbs 24:10 If you faint in the day of adversity, Your strength is small.

Isaiah 30:15 For thus says the Lord God, the Holy One of Israel: “In returning and rest you shall be saved; In quietness and confidence shall be your strength.” But you would not,

Isaiah 41:1 “Keep silence before Me, O coastlands, And let the people renew their strength! Let them come near, then let them speak; Let us come near together for judgment.

Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

Isaiah 42:24-25 He shall say, 'Surely in the Lord I have righteousness and strength. To Him men shall come, And all shall be ashamed Who are incensed against Him. Therefore He has poured on him the fury of His anger And the strength of battle; It has set him on fire all around, Yet he did not know; And it burned him, Yet he did not take it to heart.

Isaiah 49:5 "And now the Lord says, Who formed Me from the womb to be His Servant, To bring Jacob back to Him, So that Israel is gathered to Him (For I shall be glorious in the eyes of the Lord, And My God shall be My strength),

Isaiah 52:1 Awake, awake! Put on your strength, O Zion; Put on your beautiful garments, O Jerusalem, the holy city! For the uncircumcised and the unclean Shall no longer come to you.

Isaiah 54:2 "Enlarge the place of your tent, And let them stretch out the curtains of your dwellings; Do not spare; Lengthen your cords, And strengthen your stakes.

Isaiah 58:11 The Lord will guide you continually, And satisfy your soul in drought, And strengthen your bones; You shall be like a watered garden, And like a spring of water, whose waters do not fail.

Nahum 2:1 He who scatters has come up before your face. Man the fort! Watch the road! Strengthen your flanks! Fortify your power mightily.

Habakkuk 3:19 The Lord God is my strength; He will make my feet like deer's feet, And He will make me walk on my high hills. To the Chief Musician. With my stringed instruments.

Mark 12:30 And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' This is the first commandment.

Mark 12:33 And to love Him with all the heart, with all the understanding, with all the soul, and with all the strength, and to love one's neighbor as oneself, is more than all the whole burnt offerings and sacrifices."

Luke 10:27 So he answered and said, " 'You shall love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind,' and 'your neighbor as yourself.' "

Luke 22:32 But I have prayed for you, that your faith should not fail; and when you have returned to Me, strengthen your brethren."

Acts 9:22 But Saul increased all the more in strength, and confounded the Jews who dwelt in Damascus, proving that this Jesus is the Christ.

Acts 14:22 strengthening the souls of the disciples, exhorting them to continue in the faith, and saying, "We must through many tribulations enter the kingdom of God."

Acts 15:32 Now Judas and Silas, themselves being prophets also, exhorted and strengthened the brethren with many words.

Acts 15:41 And he went through Syria and Cilicia, strengthening the churches.

Acts 16:5 So the churches were strengthened in the faith, and increased in number daily.

Acts 18:23 After he had spent some time there, he departed and went over the region of Galatia and Phrygia in order, strengthening all the disciples.

Romans 4:20 He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God,

Colossians 1:11 strengthened with all might, according to His glorious power, for all patience and longsuffering with joy;

Hebrews 12 Renew Your Spiritual Vitality

12 Therefore strengthen the hands which hang down, and the feeble knees,  
13 and make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed.

14 Pursue peace with all people, and holiness, without which no one will see the Lord: 15 looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled; 16 lest there be any fornicator or profane person like Esau, who for one morsel of food sold his birthright. 17 For you know that afterward, when he wanted to inherit the blessing, he was rejected, for he found no place for repentance, though he sought it diligently with tears.

Revelation 3:2 Be watchful, and strengthen the things which remain, that are ready to die, for I have not found your works perfect before God.

Revelation 3:8 “I know your works. See, I have set before you an open door, and no one can shut it; for you have a little strength, have kept My word, and have not denied My name.

## **Wisdom & strength**

Ecclesiastes 9:16 Then I said: “Wisdom is better than strength. Nevertheless the poor man’s wisdom is despised, And his words are not heard.

Ecclesiastes 7:19 Wisdom strengthens the wise More than ten rulers of the city.

Isaiah 33:6 Wisdom and knowledge will be the stability of your times, And the strength of salvation; The fear of the Lord is His treasure.

## **Strength from weakness & Christ**

Romans 5:6 For when we were still without strength, in due time Christ died for the ungodly.

2 Corinthians 12:9 And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

Ephesians 3:16 that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,

Philippians 4:13 I can do all things through Christ who strengthens me.

1 Peter 5:10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.