# FBI NATIONAL ACADEMY ASSOCIATES, INC.,

# CALIFORNIA CHAPTER NEWSLETTER



**FBINAA California Chapter Newsletter** 

AUGUST 2019

#### Message From Our Chapter President



Greetings Fellow Associates,

As the summer months come to an end I hope you and your family have been able to find that quality time for some rest and relaxation, hopefully during a much needed vacation.

So far, it has been a busy 2019 and your Executive Board has been hard at work on a few objectives, primarily this years scholarship program and our annual Chapter Conference.

We are excited to report that Vice President Eric Sonstegard and his conference committee have been hard at work developing the details of this year's conference. The conference will be held September 3rd through the 5th at the beautiful Hyatt Newport Beach, certainly a place to vacation if you haven't had that summer break yet. Some of the topics to be discussed are mitigating police fatigue and the impacts after a significant incident, such as the Borderline Active Shooter case. I hope you will join us in beautiful Southern California and re-engage with colleagues from previous sessions and from around the state. You can find much more information about the conference at http://

<u>www.fbinaacc.com</u>. Registration is open and we look forward to seeing you there.

Sincerely,
Daman Christensen, (FBINAA Session #242),
2019 California Chapter President

"We are still masters of our fate. We are still captains of our souls."

- Winston Churchill

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#### **KEEPING YOU SAFE FROM HACKERS**

#### ARE YOU SURE YOU'RE SAFE FROM HACKERS?



Author David Haynes is a software engineer and consultant, who works in the UK. He was kind enough to put this article together to give us a better understanding of how hackers work and offer suggestions to help prevent the long and arduous battle of getting our accounts back in order after falling foul to being hacked.

Our Historian took his advice and checked her email and yes, she was on SIX different breached accounts, one being PoliceOne.com!!!

Few of us are computer techs, so, to help you understand how hackers gain access to accounts read on, as you are probably far more vulnerable to being hacked than you imagine.

When a hacker attempts to gain access to your Google, Facebook, Amazon or any other account, they are not targeting you specifically. More than likely a computer program is running, working through a list of thousands of user Id's (which nowadays is usually your email address) in combination with what is possibly the correct password, but sometimes, hackers are just using a list of very likely passwords. It's **HOW** the hackers obtain these passwords that makes us vulnerable.

In the early days of computing, data was not mobile and computers were usually not connected directly to the outside world, so any passwords stored in databases were relatively safe from prying eyes. Then computers and data became portable and connected to the internet. People started to leave laptops and portable drives in taxis, on trains and copies of databases were left on computers sold on eBay. Hackers took advantage of these security flaws to gain access to the databases holding our data. Data from these breaches is sold, exchanged or just given away all the time, putting a huge number of usernames and passwords into the hands of the hackers.

When you are pondering a password to use it's easy to think no one will know who your favourite football team is, or what year you were born and they definitely wouldn't put them together. You are right, no one would probably know your personal details, but an account hack is not working with personal details, just lists! There may be thousands of other people with the same favourite football team and born in the same year, but if just one of those thought like you and used that password (the one you were pondering) for an account on a website that was later compromised, then you are also at risk!

#### Here is how a hacker might gain access to an online account:

- They will take the lists of usernames and passwords from compromised accounts, these details are unlikely to be from the websites
  they are attempting to access, but in many cases that simply won't matter because many people use the same username and password for multiple accounts.
- A computer program, probably running on a hacked computer without the owner even knowing it's there, will use a list of the breached usernames and passwords, trying them one by one on a system they are attempting to gain access to. Each successful attempt will be reported to a remote system.
- Attempts may be stepped up for the remaining usernames that were not successful the first time around. Again attempting access with the username and then running through a dictionary of words taken from the other compromised accounts, often in order of how frequently they have been found to occur (a recent analysis of breached databases, by the UK's National Cyber Security Centre, found "123456" was used over 23 million times with "qwerty" and "password" each clocking up over 3 million each). The hacking program may only try the first few hundred words, to save time before moving onto the next username.
- The hackers will retrieve the list of account details known to work, (the successful attempts, of which by now, would be numerous).

  All this has happened while the hackers, who will eventually use these details, have continued their day to day activities barely touching a keyboard.

#### **KEEPING YOU SAFE FROM HACKERS CONT...**

#### ARE YOU SURE YOU'RE SAFE FROM HACKERS CONTINUED...

• When a determined hacker wants to target a specific account known to exist on a computer system they will simply run the program using a large dictionary of passwords taken mostly from the compromised systems. Large password dictionaries will often contain millions, even billions of different passwords that have been used at some point in time. These dictionaries are not limited to just used passwords, they will often contain standard dictionary words and names in multiple languages with deviations such as o's replaced with zeros, I's with ones and then versions with numbers on the end.

You might think that because there are big penalties for organizations that allow such data to be exposed, especially if that data is not secured by encryption or other secure method, this shouldn't be a problem. Unfortunately, many of the most recent hacks on systems belonging to some of the largest tech companies have revealed that storing passwords in plain readable text, or using security that is so simple as to be next to useless, is still happening! In early 2019 Facebook was forced to admit that until very recently up to 600 million passwords were being stored as plain text.

#### How do you find out if you are secure?

We often hear of data breaches, even a Chapter of the FBINAA was breached. If you are curious whether your accounts have been compromised due to a data breach, there are ways to check. One of the most popular sites for this is "haveibeenpwned.com". The site gathers as much compromised data as possible and allows you to enter your email address to see if it has been involved in one of the data breaches they know about. If it has, it will tell you which data breach your details were found in. You can also check to see if the passwords you are using are in that list of passwords taken from data breaches and likely to be used in a hack attempt. They do not maintain any links between usernames and passwords, so the information cannot be used in an attempt to gain access anywhere, it only allows you to check if your username or password are in their database.

#### What can you do to keep safe?

The methods mentioned are just the first and easiest ways of accessing your accounts. They allow the hackers to reap the most reward for the least amount of work, but following these simple rules should significantly reduce your chances of having an account hacked:

- **Never**, **ever** use the same password for more than one account! One data breach means they have access to everything. Once a hacker finds that a password works on more than one account they will try to find out how many it does work on, and the first thing they will do is change those passwords to lock you out.
- Don't use simple words for passwords. Use a mix of capitals and lowercase, use two or more words that are not usually found together and throw in a number and a symbol or two for good measure. That way it's very unlikely to be found in their word dictionaries or have been used by someone else previously.
- Use a password manager, such as "Password", "SecureSafe" or "Keeper" to store and generate super passwords that will be far more secure than you will be able to think of yourself. They will encrypt all your password data and most will allow you to use them from multiple devices and keep them all in sync. Some even offer features such as the ability to copy the user details into webpages automatically. By not typing the password, you are protected against key logging software that could be present on a compromised computer. Using one of these password manager apps means you will only have to remember one password, the one that allows you to get to all the other passwords, so make that password good and long!

#### MEMBERS AT THE NATIONAL CONFERENCE IN PHOENIX













Classmates from the mighty #246 all got together and had a reunion dinner. That is quite a crowd!

This years National Conference was held in Phoenix, Arizona. I know that Phoenix in July can be daunting because of the heat, but the venue was air conditioned as were the two sold out overflow hotels. Yes, the high was 107, but what is a little heat when you are reconnecting with session mates who have now become life long friends. Also, the Blues Brothers showed up and entertained us.

I, your Historian, speak for Session #225, when I tell you that a large group of us reconnect each year and catch up. Some of us have retired, some are still working, others have gone back to work and some have done major moves. It is interesting, fun and rewarding to get together.

Other sessions also reconnect, it is good to network with people you already know and can bounce ideas off of and ask for their input on what you are experiencing. I can guarantee that someone has already done it, experienced it, heard of it or seen it.

The conferences are always full of relevant, timely and good to know information. The vendor exhibition was also fun, with virtual reality and true to life simulators.



Classmates from Session #225 who have come from different States across the Nation to learn, reconnect and find new technology to help them do their job.





CA Chapter Secretary, Max Santiago, NA#214, was featured in a series of membership messages.



Doug Muldoon, Mike McCann and Max Santiago, ALL NA GRADS, and proud of it. Here representing ECOATM.

#### **SACRAMENTO DIVISION NEWS**

The 2nd quarter social event was held on June 12th, alums of the Sacramento and San Francisco Divisions attended the Sacramento Rivercats vs. Omaha Storm Chasers baseball game at Raley Field, in West Sacramento. The event was a great success and sold out! Another game will be planned for next year and we hope to increase our attendance. It was hot, but cool in the shade!













A fun time was had by all and now our 3<sup>rd</sup> quarter event is being planned and will be hosted by the Calaveras County Sheriff's Office.

Also a big warm welcome to our newest alums and graduates of FBI NA Sessions #275 and #276. We hope you join us at our next event as we would love to meet and congratulate you:

#### Session 275:

- Lieutenant Rigo DeAlba, Modesto Police Department
- Deputy Chief Derrick Kaff, Woodland Police Department
- Captain Arturo Proctor, California Highway Patrol
- Lieutenant Joshua Tharsing, Siskiyou County Sheriff's Department

#### Session 276:

- Commander Jason Browning, Folsom Police Department
- Captain David Kent, Shasta County Sheriff's Office
- Lieutenant Michael Garlock, Auburn Police Department
- Commander Tyson Pogue, Madera County Sheriff's Office

#### SACRAMENTO DIVISION NEWS CONTINUED...

#### **YOUTH LEADERSHIP PROGRAM 2019:**





This years recipient, Gianna Chiaramonte, a sophomore at Buchanan High School in Clovis, CA was selected to represent the Sacramento Division at the Youth Leadership Program in June. She represented the division incredibly well and earned her "yellow brick." Gianna carries a 4.0 grade point average and is actively involved in her community, where she volunteers often with local organizations. She is also a math tutor, a member of the Fellowship of Christian Athletes, an active member of her church, a peer counselor, and participates in cross country, soccer, and track and field. She is the daughter of Madera Police Department Commander and FBI NA #272 graduate Gino Chiaramonte. We wish her all the best in her future endeavors. Well done Gianna!

#### FBI NAA SCHOLARSHIP PROGRAM:

The annual National Academy Associates Scholarship application period has closed. Applications were due by July 15, 2019. Thanks go out to Commander Jason Russo of the Citrus Heights Police Department and Captain Dave Jenkins of the CHP for volunteering to be on the 2019 selection committee!

Please visit the California Chapter website for more information and guidelines.

#### LOS ANGELES DIVISION NEWS

#### **FBINAA California State Conference**

A reminder that the Los Angeles Division is hosting the 2019 FBINAA California State Conference at the beautiful Hyatt Regency Newport Beach on September 3-5, 2019, with the theme of "Keeping Our Heroes Safe". The Conference team has put together a fantastic mix of training and networking opportunities that will combine with the beauty of Newport Beach and Balboa Island for a rewarding experience for all attendees. Session topics will include:

- Debrief of 2018 Borderline Active Shooter Incident
- "A Revolutionary Act" Documentary on 2014 Las Vegas Metro Ambush
- Mitigating Police Fatigue
- Bulletproof Spirit-Emotional Survival & Wellness Strategies
- Overview of "Incel" (Involuntarily Celebate) Ideology
- The Age of Accelerations: Critical Issues in Law Enforcement 2019 and Beyond

Information about registration and sponsor/exhibitor opportunities can be found at <a href="https://www.fbinaacc.com">www.fbinaacc.com</a>. If you need information, please email Eric S. Sonstegard at <a href="mailto:fbinaalosange-les@gmail.com">fbinaalosange-les@gmail.com</a>.





#### LOS ANGELES DIVISION NEWS CONT...

#### **DIVISION KUDOS**

Congratulations to Dennis Vrooman (NA #242) on his retirement from the Murrieta Police Department.....wait for it.....and after a wonderful 3-day retirement, congratulations are again in order for Dennis on his appointment as Assistant Sheriff with the Riverside County Sheriff's Department. Great job, Dennis!

#### **DIVISION GRADUATES**

We would like to take this opportunity to congratulate the new graduates of the recent FBI National Academy from Session #275 and the upcoming attendees of Session #276:

#### Session #275:

- Kelly Arnett—Los Angeles Police Department
- Imer Chavez—Los Angeles Airport Police Department
- Steve Congalton—Pomona Police Department
- Chris Fisher—San Bernardino County Sheriff's Department
- William Frayeh—Los County District Attorney's Office
- Anita Hayden—Los Angeles Port Police Department
- Chad Sitz—United States Marine Corps
- Joshua Stahl—Los Angeles County Sheriff's Department

#### Session #276:

- Mark Athan—Torrance Police Department
- Craig Friesen—Anaheim Police Department
- Jose Gonzales—Santa Ana Police Department
- Jay Mastick—Los Angeles Police Department
- David Millard—U.C. Santa Barbara Police Department
- Eddie Pust—Hemet Police Department
- Matt Vander Horck—Los Angeles County Sheriff's Department

#### SAN DIEGO DIVISION NEWS

In April, the San Diego Division hosted the 2019 FBINA CA-LEEDS conference. This 3 ½ day sought after conference provided 24 hours of POST-approved training for over 135 attendees. Topics included; Social Media Strategy, Critical Incident Debriefs, leadership and decision making, and a special session on the relationship between US and Mexican Law Enforcement and the great work being done to combat the extreme violence being committed and warlike conditions faced by the Federal Police in the interior. The event was held right in the heart of downtown San Diego, just two blocks from the waterfront, and we had over 135 attendees from across the state, including a number of FBINA CA Chapter members, and even a few Latin America/Caribbean FBINA Chapter members too.





Over 135 attendees at the conference all taking in the information that will help make them better and more informed leaders.



CA Chapter Secretary Max Santiago spoke on behalf of EcoATM. Sharing information on technology and how it can assist law enforcement in doing their job.



The view of San Diego from the hospitality suite that attendees got to see while socializing.

#### SAN DIEGO DIVISION NEWS CONT...

In March we welcomed the graduates of FBINA Session #275;

- Paul Connelly, Assistant Chief, San Diego Police Department
- Arturo Proctor, Captain, California Highway Patrol
- Christie Calderwood, Lieutenant, Carlsbad Police Department
- Alex Hernandez, Lieutenant, National City Police Department
- Brian Nevins, Lieutenant, San Diego County Sheriff's Department
- And will soon welcome FBINA Session #276 in early June;
- Amy Brown-Lisk, Captain, San Diego Sheriff's Department
- David Cramer, Lieutenant, Escondido Police Department
- Jonathan Greenert, Supervisory Special Agent, Naval Criminal Investigative Service
- Phillip Todd Jarvis, Executive Assistant Chief, San Diego Police Department
- Aaron Messick, Sergeant, El Centro Police Department

And on June 10<sup>th</sup>, we hosted an orientation luncheon for FBI Session #277 and the following candidates:

- Bode Berreth, Lieutenant, Escondido Police Department
- Michael Blevins, Lieutenant, San Diego County Sheriff's Department
- Bryan Hargett, Lieutenant, Carlsbad Police Department
- Jeffrey Kierman, Supervisory Special Agent, Naval Criminal Investigative Service
- Tyree Padilla, Master Gunnery Sergeant, MCAS Miramar

On June 24<sup>th</sup>, we held our 2<sup>nd</sup> quarter luncheon at the FBI San Diego Field Office. The guest speaker was Retired Superior Court Judge David Danielsen.

#### SAN FRANCISCO DIVISION NEWS

#### **DIVISION NEWS**

#### PAST PRESIDENT KEN TANAKA RETIRES

California Chapter Past President Ken Tanaka, NA #228, recently retired (again) as the Chief of Police for the West Valley-Mission Community College District in Saratoga, California. Ken previously retired after 29 years with the San Jose Police Department prior to becoming chief for the college district. After seven years as chief of police for the college district Ken has decided to retire and spend time with his family. Now, with a total of 36 years in law enforcement, it sounds like a good time to retire and relax.

CONGRATULATIONS KEN, ENJOY YOUR WELL DESERVED RETIREMENT, WE WISH YOU WELL!



#### SAN FRANCISCO DIVISION NEWS CONT...

We congratulate and welcome the new graduates to the California Chapter and encourage them to continue to participate in the many events and opportunities to give back to the National Academy.

#### **Session # 275:**

- Captain Craig Anderson—Sunnyvale DPS
- Lieutenant Jeff Snell—Union City PD
- Lieutenant Brian Campagna—Napa PD
- Captain Chomnan Loth—Newark PD
- Lieutenant Raj Maharaj—Milpitas PD
- Captain Rick Navarro—Marin county S.O.

#### Session #276:

- Lieutenant Dan Brodie—Alameda County S.O.
- Captain David Hartman—Contra Costa County S.O.
- Deputy Chief Roland Holmgren—Oakland Police Department
- Lieutenant Roy Leon—San Rafael PD
- Captain David Lera—Santa Clara County S.O.
- Lieutenant Glenn Pon—San Francisco District Attorney's Office

There are still several events planned this year including our Holiday Lunch. We encourage you to attend functions, as well as the state and national training events. It is a great way to engage with other members, meet new people with common interests, and to enjoy the special camaraderie that we all share as graduates of the National Academy.

If you are willing to host a training lunch, or participate on a selection committee for the YLP or Scholarship program, please contact me at <a href="mailto:fbinaa.sf@gmail.com">fbinaa.sf@gmail.com</a> or (925) 383-1663. In 2020, the San Francisco Division will be hosting the California FBI NA Conference and we will be looking for volunteers. Please let me know if you are interested in helping out. Thank you for all your support and I am looking forward to seeing you at these events.

Sincerely,

Craig Chew

Vice President

FBI National Academy Associates, Session #248

#### **GLAD NEWS:**



• Many Congratulations to the CA Chapter Historian, Gina (Haynes) Di Napoli, NA Session #225, who was appointed to Chief of Police for the San Jose State University Police Department. Seen here at her swearing-in being congratulated by the Vice President of Finance, Charlie Faas.

- James Hunt, NA Session #242, was appointed Interim Chief of Police of the Sierra Madre Police Department. He had previously retired as the Police Chief for the Monrovia Police Department.
- **Darrell Lowe**, NA Session #249, was recently appointed as the Chief of Police for the Redmond (WA) Police Department. He was most recently a Lieutenant with the Santa Monica Police Department.

#### **PROMOTIONS:**

- **John Burks**, NA Session #251, was promoted to Chief of Police for the Brea Police Department effective May 4, 2019. He was previously a Captain with the department.
- **Wes Simmons**, NA Session #255, was recently promoted to Chief of Police for the Chino Police Department. He was previously a Captain with the department.

#### **SAD NEWS:**

- **Daniel Robbins**, NA Session #132, San Bernardino Police Department (Ret.), passed away on March 17, 2019.
- Fred L. Koch, NA Session #123, Beverly Hills Police Department (Ret.), passed away on February 27, 2019.

\*\*CORRECTION: In the last newsletter an error was made at the bottom of page 4. Bryan Fritsche, West Sac PD was listed, this should have read Robert (Bob) Dipiero. Our apologies for the error.

#### **Contact Us**

Please call our Historian, Gina (Haynes) Di Napoli, if you have information you would like to have put in the Newsletter or if you have information you feel our members would enjoy reading.

We are also interested in any events which would include our members.



**Gina Di Napoli** (916) 849-4462

Ginabrit@aol.com

Visit us on the web at www.fbinaacalifornia.co

#### **ELECTIONS FOR THE EXECUTIVE BOARD POSITIONS**

The FBI National Academy Associates, Inc., California Chapter will conduct elections for two Executive Board positions during the 2019 Annual Conference in Newport Beach, CA the week of September 2019. The following individuals have expressed an interested in running for positions on the California Chapter Executive Board.

#### From the candidate running for the position of Treasurer:



Commander (ret.) Mike Barletta, NA 222, Immediate Past President San Diego County Sheriff's Department

Ever since my graduation from the 222<sup>nd</sup> FBI National Academy in 2005, I have been looking for opportunities to support the National Academy Associates. With the imminent conclusion of my term as the Immediate Past President of the California Chapter, the timing is such that I desire to continue to serve you, the members, by becoming the Treasurer of our Chapter.

I recognize that the position of the Chapter Treasurer is a labor-intensive position, requiring a high degree of attention to detail, and a thorough understanding of our Chapter's financial position. As a former Commander on the San Diego County Sheriff's Department, I have experience managing a budget of over \$100 million dollars, demonstrating I have the knowledge, skills, and experience to serve as your Treasurer. As a current retiree, I have the time available to devote my attention to timely matters affecting the duties of the position of Treasurer. I believe that I have proven my dedication to the National Academy through my 14 years of membership and the six years that I have served on the California Board

I have enjoyed serving the membership of our Association. I would ask for your vote at the 2019 Annual Retrainer in Newport Beach for the position of Treasurer, allowing me to continue my service to you and our Chapter.

#### ELECTIONS FOR THE EXECUTIVE BOARD POSITIONS CONT..

From the candidate running for the position of 4<sup>th</sup> Vice President:



Captain Randy Goddard, NA 267 Los Angeles Police Department

I wanted to introduce myself and express my desire to represent the Los Angeles Division as the next Fourth Vice President.

I, like you, have been called to the profession of law enforcement to "Protect and Serve" others. I started my journey as a Law Enforcement Explorer at the age of fifteen and was sworn in as a Los Angeles Police Department (LAPD) police officer three days before my 21st birthday. I have 23 amazing years with the LAPD and now serve as a Captain assigned as the Commanding Officer for West Los Angeles Patrol Division.

While working as a police officer and sergeant, I completed my Bachelor of Arts in Political Science from California State University, Long Beach, a Master's Degree in Leadership, and a Graduate Certificate in Public Management, both from the University of Southern California.

The pinnacle of my training and education has been graduating from the FBINA, Session 267, in March of 2017. The relationships that I made, and continue to make, from this experience is what makes our association "The World's Strongest Law Enforcement Leadership Network." I want to be the bridge to bring more relationships to our great association by bringing back non-active members starting with LAPD NA graduates. Simply put, the more active members we have, the stronger we will all get.

I have been blessed with a wonderful wife of fourteen years and two wonderful kids. I love spending as much time as possible with my family at our lake house and I am dedicated to my Faith.

Thank you for your consideration and I look forward to meeting you at the September conference in beautiful Newport Beach!

Sincerely,

Randy Goddard

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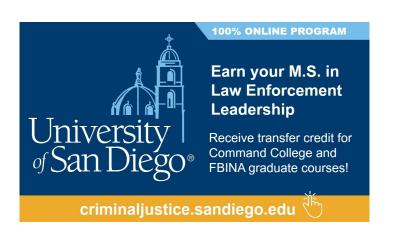
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