| Age Range | Compressions to Ventilations | Cycles to make 2 minutes of CPR | Compression Depth | Compression per minute | Rescue Breathing | F.B.A.O Choking | AED |
|--|--|---|----------------------------|--|--|--|---|
| ADULT Adolescent and older (Check pulse at Carotid) | Heel of 2 hands on lower half of sternum 30:2 (1 or 2 rescuers) | 5 | Atleast 2-2.4 Inches | Assess pulse every two minutes (5 cycles of CPR) 100-120 | 10-12 Breaths/min 1 breath for every 5-6 seconds | Abdominal thrusts- Heimlich maneuver (if patient goes unresponsive do CPR) | Use appropriate Pads Use AED as soon as available for sudden collapse |
| CHILD 1 yradolescent (check pulse at carotid or femoral) | 1 or 2 hands on lower half of sternum 30:2 (Single Rescuer) HCP- 15:2 (2 Rescuers) | 5 10 | Atleast 2 Inches | Assess pulse every 2 minutes (5 Cycles) 100-120 | 12-20 Breaths/Min 1 Breath every 3-5 seconds | Abdominal thrusts- Heimlich maneuver (if patient goes unresponsive do CPR) | If response> 4 to 5 minutes or arrest not witnessed provide 5 cycles/2 minutes of CPR |
| Infant HCP- Check pulse at brachial or femoral | 2 fingers just below nipple line 30:2 (Single rescuers) HCP: 15:2 (2 Rescuers) | 5 10 | Atleast 1 ½ Inches | Assess Pulse Every 2 minutes (5 Cycles) 100-120 | 12-20 Breaths/Min 1 breath every 3-5 seconds | 5 Back slaps 5 Chest Thrust | Can now be used For infants less than 1 year of age |

