



South Coast Community Caring for Cancer

Resources for You...

Welcome to our resource page. We have organized these resources by region including Norfolk & Haldimand, Hamilton, hospitals and other organizations.

NORFOLK & HALDIMAND COUNTIES

Cancer Resource & Support Program, Norfolk

Email: info@csrp.ca

Phone: 519-426-0219

[Cancer Support and Resource Program - Norfolk \(CSRP\)](#)

CRSP Supports 4 groups, follow this link for information also listed below:

<https://www.csrp.ca/support-groups-and-agencies>

1. Support group for women with any type of cancer and their caregivers if they wish to bring them. If they are having difficulties with their treatments or just have questions or concerns, we meet at Hazel Place 645 Norfolk St. N Simcoe from 7:00 p.m. to 9:00 p.m. on the first Tuesday of every month. The meetings are free. If you need more information, contact Joan Davidson at [519-582-4202](tel:519-582-4202) or joan@ajd.ca.

2. Luncheon on the 2nd Thursday of each month 12:00 p.m. – 2:00 p.m. at The Simcoe Arms, 140 Queensway East, Simcoe, ON. Open to all women dealing with ANY type of cancer or long-term effects of treatment, as well as survivors. Facilitated by a peer support volunteer with training in peer support and group facilitation. You may order from the menu if you wish but feel free to come even if you are unable to eat. Studies show the benefits of support group encouragement. Telephone or email support is provided and regular check ins. You are not alone. We are here to help in any way we can. Contact the CSRP at [519-426-0219](tel:519-426-0219) for any questions or to RSVP.

3. Port Dover Breast Cancer Support Group (Bossom Buddies) Group meets the 3rd Tuesday of every month except August and December. We share information on local services and telephone support. Speakers are invited to give short presentations encouraging positive healing and healthy lifestyles. We meet at 2:00 p.m. at 25 Cardinal Lane, Port Dover. Meetings are informal, confidential and provide friendly support. If you need more information, contact Susan Bond at 519-583-3091 or smbond44@gmail.com.

4. Hope “One day you will tell your story of how you overcame what you went through, and it will be someone else’s survival guide.” Support group for 55 and under. A group of women getting together to support each other. Meets once a month. Email ashleyvanwynsberghe77@gmail.com to register.

Wheels of Hope - Volunteer Driving Program

Organization:	Canadian Cancer Society - Hamilton Brant-Norfolk Community Office
Toll-Free:	1-888-939-3333 (Cancer Information Service)
TTY:	1-866-786-3934
Email:	transportation@cancer.ca
Website:	csl.cancer.ca/en/Detail/db51b318-81fe-e811-a98d-00...

PLEASE CONTACT 1-888-939-3333 FOR MORE INFORMATION

The Canadian Cancer Society's **Wheels of Hope Transportation Program** provides people living with cancer rides to and from their cancer treatment appointments. Dedicated volunteer drivers donate their time and use their own (or Society owned) vehicles to help people living with cancer get to the hospital or cancer centre. New patients who register are required to pay an annual registration fee. Patients under the age of 18 are exempt.

Clients will need a referral from a member of their treatment team at their treatment location to register.

Registration and trip requests can be taken with 3 business days' notice to book a trip.

Registration Eligibility

- Referred by a member of their healthcare team with client permission
- Has received a cancer diagnosis
- Is receiving treatment for cancer, or has received treatment in the last 12 months and is attending follow-up appointments
- Has no other means of transportation available
- Annual \$100 registration fee paid, with compassionate program available if they are unable.

Haldimand-Norfolk Community Senior Support Services

www.seniorsupport.ca Phone: [519-426-6060](tel:519-426-6060) Fax: [519-426-4108](tel:519-426-4108)

220 Victoria St. Unit B, Simcoe, ON, N3Y 4K2

Toll Free: Norfolk – 1-866-529-0849 Haldimand – 1-800-265-2818

Supports for older adults, and adults with disabilities, helps people remain independent in their own homes for as long as possible. Services and programs include: meal on wheels, transportation, diner's club, friendly visiting, telephone reassurance, adult day program, hospice palliative care outreach, safety at home and home maintenance.

Healthline – Health Services for Haldimand and Norfolk

Click this link for information and links to health services:

[Health Services for Haldimand Norfolk - hnhbhealthline.ca](http://hnhbhealthline.ca)

Paramedic Services – Norfolk

Click this link for information on ambulance services.

[Paramedic Services | Norfolk County](#)

[Norfolk County - Paramedic Services - hnhbhealthline.ca](http://hnhbhealthline.ca)

Haldimand County Community Paramedics

communityparamedics@haldimandcounty.on.ca

Paramedic Services

11 Thorburn St S Cayuga

Our community paramedics can provide the following: care, education, support, questions and info, wellness clinic. Referrals form required from the community office contact for further info.

Community Support Centre Haldimand-Norfolk

www.cschn.org

103 Inverness St, Caledonia ON, N3W 1B1

Email: info@cschn.org Phone: (905) 765-4408



THE COMMUNITY SUPPORT CENTRE HALDIMAND-NORFOLK IS COMMITTED TO PROVIDING COMPASSIONATE, ACCESSIBLE, AND NON-CLINICAL CANCER-RELATED SUPPORT TO INDIVIDUALS AND CAREGIVERS IN HALDIMAND.

SOME OF THE WAYS WE CAN HELP INCLUDE:

- ASSISTANCE WITH MEALS
- TRANSPORTATION COSTS
- PARKING ASSISTANCE
- PERSONALIZED SUPPORT

ELIGIBLE PARTICIPANTS ARE INDIVIDUALS LIVING WITH CANCER AT ANY STAGE OF DIAGNOSIS RESIDING IN HALDIMAND COUNTY.

CONTACT US TO LEARN MORE.
[INFO@CSCHN.ORG](mailto:info@cschn.org)
905-765-4408

**DONATE TO CANCER SUPPORT
HALDIMAND TODAY:**
[HTTPS://WWW.CSCHN.ORG/](https://www.cschn.org/)

The Community Support Centre Haldimand-Norfolk strives to provide comprehensive client-driven community support and services. Individualized services and information are available for those living in Haldimand and Norfolk.

Mission

The Community Support Centre Haldimand-Norfolk is a not-for-profit organization whose mission is to enhance quality of life in our community through partnerships, promotion and the provision of health, social, community and recreation services.

Helpful Resources

CANADIAN CANCER SOCIETY
[HTTPS://CANCER.CA/EN/LIVING-WITH-CANCER/HOW-WE-CAN-HELP](https://cancer.ca/en/living-with-cancer/how-we-can-help)

CANCER SUPPORT AND RESOURCE PROGRAM
NORFOLK
[HTTPS://WWW.CSRP.CA/](https://www.csrp.ca/)

CYPRES 55+ PROGRAM
[HTTPS://CSCHN.ORG/CYPRES-55-PROGRAM/](https://cschn.org/cypres-55-program/)

HALDIMAND-NORFOLK COMMUNITY SENIOR
SUPPORT SERVICES
[HTTPS://WWW.SENIORSUPPORT.CA/](https://www.seniorsupport.ca/)

KNITTED KNOCKERS CANADA
[HTTPS://KNITTEDKNOCKERSCANADA.COM/](https://knittedknockerscanada.com/)

SOUTH COAST COMMUNITY CARING FOR
CANCER
[HTTPS://CCCSOUTHCOAST.CA/HOME](https://cccsouthcoast.ca/home)

VICTORIA'S QUILTS
[HTTPS://VICTORIASQUILTSCANADA.COM/](https://victoriasquiltscanada.com/)



103 Inverness Street,
Caledonia ON N3W 1B1
info@cschn.org
905-765-4408

Norfolk Haldimand Community Hospice

<https://norfolkaldimandhospice.ca/>

No matter where you are in your journey, The Norfolk Haldimand Hospice is here to provide comfort, support, and understanding every step of the way. Reach out to us today to learn more about how we can help.

Wellspring Cancer Support

[Homepage - Wellspring](#)

If you have cancer, you need Wellspring. At Wellspring, you will find a range of specialized programs designed to provide connection and belonging; ease pain, fatigue and distress; build strength and mobility; and support financial and workplace challenges. Wellspring programs are available across Canada online, and through locations in Alberta, Ontario and New Brunswick, all at no charge, and without referral.

Pharmacies in Haldimand & Norfolk

Click the following link to see all of the pharmacies in the region:

[Pharmacies - Haldimand Norfolk - hnhbhealthline.ca](#)

Roulston's Wellness Centre, Simcoe

Brooke Armstrong, Home Health Care Manager and Certified Fitter

<https://roulstons.com/>

519-426-8011 ext. 264

Wellness Centre 65 Donly Drive North Simcoe, ON N3Y 0C2

Downtown Simcoe 17 Norfolk St. South N3Y 2V8 - 519-426-1731

Port Dover 414 Main Street Port Dover N0A 1N0 – 519-583-2100

Delhi 123 King Street Delhi N4B 1X9 – 519-582-1800

Tillsonburg 671 Broadway Street Tillsonburg N4G 3T1 – 519-688-7372

Hauser's Pharmacy, Simcoe, Hagersville, Dunnville

www.hausershealthcare.com

Pharmacy info@hauserspharmacy.com

Mobility/Home Healthcare - 1-855-440-8500 info@hausersshhc.com

In-Home Private Care – Support Services - 1-844-447-4757 care@hauserssss.com

Simcoe 150 West St. N3Y 5C1 - 519-428-0871

Hagersville 30 Main St N N0A 1H0 - 1-905-768-1144

Dunnville 140 Broad St. E N1A 1E9 - 1-855-440-8500

My Top Drawer, Simcoe

My Top Drawer is proud to offer a comfortable and dignified setting for your prosthetic fitting in our boutiques. We have available pre-and post surgical garments. Our trained fitters have a number of great products as well as the compassion and know-how to help you live comfortably with a natural look. Bras, forms, swimwear and loungewear. 25% off with purchase of \$100

Lisa Engelhardt Robinson, Owner

519-428-1757

www.mytopdrawer.com

Who Did It Club, Simcoe

519-428-0271

36 Hillcrest Rd

Simcoe, ON N3Y4K6

Community service club providing short-term supply of medical equipment free of charge such as wheelchairs, commodes, walkers, canes, hospital beds, crutches etc.

Florian Clinic & Day Spa - New Day New Me Makeover Session, Simcoe

Free mini-spa days for cancer patients and survivors. Held twice a year at the Florian Clinic in Simcoe.

Call 519-426-0219 to reserve your spot.

www.florianclinic.ca

Marie Mitchell, New Leaf Hypnosis Centre

Hypnotherapist 519-420-7911

marie@newleafhypnosiscentre.ca

www.newleafhypnosiscentre.ca

Julie Maltby, The Loss Art

Certified Creative Grief Coach and Thanatologist

www.thelossart.com or julie@thelossart.com

Campfire Circle

<https://campfirecircle.org/>

Campfire Circle is a privately funded charity that brings laughter and joy to kids affected by childhood cancer or serious illness and their families. Year-round community, in-hospital and overnight camp programs deliver fun, friendship and a sense of community at any stage of a childhood cancer journey.

Haldimand County Public Library

(905) 318-5932

<https://www.haldimandcounty.ca/haldimand-county-public-library/branches-hours/>

Norfolk County Public Library

519-426-3506

www.ncpl.ca

The H.A.C. – Health, Activity, Community

Alzheimer's Society Brant, Haldimand, Norfolk, Hamilton, Halton

42 Main Street S, Hagersville, ON

P: 905-768-4488 ext.100

www.hac.alzda.ca

www.hac.alzda.ca/about-us/#our-team

www.hac.alzda.ca/programs/

HA.C. offers a variety of programs to keep you active, engaged, and connected. From social gatherings and wellness activities to skill-building workshops, tech support, and memory games, there's something for everyone. Programs are available in-person and online, including focused support for those with dementia, acquired brain changes, or vision challenges.

Young Caregivers Initiative - Powerhouse Project

c/o Haldimand Abilities Centre

42 Main Street

Hagersville, ON N0A 1H0

Phone: [905-768-4488](tel:905-768-4488)

Alicia Blake, Team Lead & Program Coordinator

P: 905-317-6623 E: aliciab@youngcaregivers.ca

Powerhouse™ is an evidence informed program developed to teach YOUNG CAREGIVERS life and personal development skills, provide opportunity to connect with other caregiving kids, bring caregiving families together, and reinforce self-care. Powerhouse™ programs are delivered throughout the Haldimand, Norfolk and Niagara Regions and are geared towards ages 5 to 25 and have supported hundreds of YOUNG CAREGIVERS over the years. All of our Powerhouse™ services aim to build the resilience of YOUNG CAREGIVERS and their families.

Wildflowers North, Shannon McConnell



Inclusions Developmental Services Haldimand

This is an adult day program and respite care for developmentally challenged family members

info@inclusionscaledonia.com

www.inclusionsdayprogram.com

Right at Home Canada – Haldimand, Norfolk & Brantford

Home Health Care & Assistance

Sharlene Hogeterp Loudon - care office owner

103 Inverness St Unit 2, Caledonia, On N3W1B1

Haldimand-Norfolk - 289-860-1606

Brantford - 226-680-1750

carehaldimand@rightathomecanada.com

Aging, disability, illness or injury can make home a challenge. We believe that no one should have to face the long list of complex decisions and unforeseen changes alone. We are experts, providing not just care, but coaching and experience to help navigate every step. Our trained caregivers are passionate about helping clients because they know with each life we impact, we are changing the world.

Kaley's Restaurant

www.kaleysrestaurant.com

33 Robinson Street, Simcoe, Ontario

[226-440-3444](tel:226-440-3444)

Our prepared meals are made in house with the best locally sourced ingredients and no preservatives. Individual and family meal sizes available. Fully cooked and frozen.

Wholesome Pickins

www.wholesomepickins.ca

500 Church St E, Delhi ON N4B 1V3

(519) 582-1114

Wholesome Pickins Savory Market offers a variety of delicious and convenient ready-made meals, salads (potato, pasta, coleslaw, etc.), dips, and lunches, all prepared fresh in-house using local ingredients.

Rebecca Orr, End of Life Doula Services

Liminality End of Life Doula Services Haldimand/Norfolk

905-978-1606

www.liminalitydoula.ca

rebecca@liminalitydoula.ca

Liminality symbolizes the sacred and transformative journey of navigating the end of life. The essence of my work involves companioning individuals and families through the profound transition at life's end. With a background in counselling services, healthcare and the funeral industry, I bring both expertise and empathy to my practice. I believe in honouring life stories and facilitating meaningful conversations about dying and death. Through my services, I aspire to create a supportive and safe space for reflection, healing, and connection, ensuring that each person's end-of-life experience is approached with dignity and care.

Tai Chi Classes in Simcoe - Fund Loy Kok Institute of Taosim

Address: 25 Peel St., Simcoe, ON N3Y 1S1

Phone: [519-428-0313](tel:519-428-0313)

[Fung Loy Kok Institute of Taoism | Simcoe](http://www.taoist.org/locations/simcoe/)

<https://www.taoist.org/locations/simcoe/>

Two Jax Cleaning Co Haldimand & Norfolk

289-244-398

Provides high-quality residential cleaning services designed to make your life easier and make your home feel calm. Will work with your needs and your schedule

The Elder Care Company Ltd. - Haldimand

Provides personalized home care - Medical and Non-Medical Home Care Services

Respite care - relief and support for families

Whether it's a few hours, days, or longer professional caregivers step in to ensure professional care

833-378-3225

caring@theeldercarecompany.com

Open Arms Haldimand & Norfolk

Respite Care Services

openarmsrespiteservices@gmail.com

519-755-6509

www.openarmsrespitecareservices.ca

Canadian Tai Chi Academy - Simcoe

https://www.canadiantaichiacademy.org/location_on_simcoe.html

Trinity Anglican Church Hall Tuesday & Friday 9:00 – 10:30 am

80 Colborne Street South

Simcoe, Ontario

Contact: 519-428-0202 Pam

Contact: 519-426-9478 Sandra

Email: simcoe@canadiantaichiacademy.org

Inspirational Hearts

www.inspirationalhearts.ca

Inspirational Hearts Mastectomy and Wig Boutique is dedicated to helping improve the quality of life of those living with cancer.

84 Charing Cross Street, Brantford, Ontario N3R 2H6

519-753-5320 or email: inspirationalhearts@bellnet.ca

Hours: Tuesday to Saturday: 10 am to 2 pm, Sunday and Monday: CLOSED

HAMILTON

Cancer Assist Program

555 Concession Street, Main Floor

Hamilton, ON L8V 1A8

[905-383-9797](tel:905-383-9797)

info@cancerassist.ca

[Cancer Assistance Program – Help when you really need it.](#)

The services offered by CAP are practical and tangible in nature. They have a focus on creating access and removing barriers, promoting personal safety, reducing or eliminating financial burden and offering individuals with cancer the opportunity to live more comfortably, with dignity and improved emotional health. [The Mission of CAP](#) is to support, educate and empower individuals and families touched by cancer through programs and services provided free of charge.

Canadian Cancer Society

If you need support or have any questions, talk to us 1-888-939-3333 or fill out the email form on our website <https://cancer.ca/en/>

Wellwood Cancer Centre

501 Sanitorium Road, Hamilton, ON L9C 0C3

<https://www.wellwood.ca/>

Phone: 905-667-8870

Program Registration Information: wellwoodzoom@gmail.com

Wellwood empowers you to LIVE WELL with cancer. Everything we provide (virtual or in-person) is available at NO COST to anyone who has received a diagnosis of cancer, loved ones, and caregivers. As an accessible and inclusive space, we strive to be barrier-free for all. We continue to offer programs, groups, self-help resources and one-on-one peer mentoring online, providing support to everyone who is unable or prefers not to physically attend programs onsite. Wellwood's community and hospital sites are open Monday to Thursday, 10 to 3. You are welcome to stop by either of our locations for information, resources and support. If you wish to visit outside of these hours, please connect with us to book an appointment.

Jennifer Ripley

Hummingbird Herbs Inc.

905-730-7927

<https://www.facebook.com/profile.php?id=61581141486098>

@  [hummingbird_herbals2](#)

 (905) 730-7927

 jennifer.ripley@hummingbirdherbalhealong.com

 Hummingbird Herbs Inc.

Hamilton Health Sciences, Jurvanski Cancer Hospital

<https://www.hamiltonhealthsciences.ca/about-us/our-organization/our-locations/juravinski-hospital/>

Hamilton Health Sciences Foundation Office

www.hamiltonhealth.ca/about-hhsf/

HOSPITALS & OTHER ORGANIZATIONS

Norfolk General Hospital

Click this link to connect to the website - [Norfolk General](#)

365 West St.

Simcoe, ON N3Y 1T7

(519) 426-0130

West Haldimand General Hospital

Click this link to connect to the website - [West Haldimand General](#)

75 Parkview Road

Hagersville, ON NOA 1H0

905-768-3311

Brantford General Hospital Cancer Care Clinic

[Cancer Clinic | Brant Community Healthcare System](#)

London Health Sciences Verspeeten Family Cancer Centre

<https://www.lhsc.on.ca/verspeeten-family-cancer-centre/about-verspeeten-family-cancer-centre>

Woodstock Hospital

[Woodstock Hospital – Woodstock Hospital](#)

Parking at the Woodstock Hospital is \$4.00. Cancer patients may be eligible for a reduced rate. Please check with your health care team.

HOSPITAL FOR SICK CHILDREN, Toronto

[SickKids | The Hospital for Sick Children](#)

211 Ontario

<https://211ontario.ca/>

211 is a free and confidential service that easily connects people to the critical social and community supports they need. Our helpline is answered by real people 24/7. Service is available in 150+ languages.

By Phone: Dial 2-1-1 Toll-Free: 1-877-330-3213

Text: Text 2-1-1 Text is available 24 hours a day, 7 days a week

Live Chat: Live chat service is available Monday to Friday from 7am - 9pm ET.

<https://211ontario.ca/contact/> choose live chat from the contact page.

Email: gethelp@211ontario.ca Emails are monitored Monday to Friday from 7am to 9pm ET.

Knitted Knockers of Canada

115 Fiddlehead Cres.

Waterdown, Ontario L8B 0Y1

Knitted Knockers are special handmade breast prosthesis for women who have undergone mastectomies or other procedures to the breast. These soft comfortable lightweight prosthesis are available for **FREE** (request yours [here](#)). They are knit with love by our wonderful volunteers

For more information: <https://knittedknockerscanada.com/>

The Kindred Foundation www.kindredfoundation.ca

The Kindred Foundation helping and supporting families with children faced with [Childhood Cancer](#) through various initiatives including financial support, mental health support and more. Visit the website for more information or click the link above.

Ontario Trillium Drug Program

Apply to the Trillium Drug Program (TDP)

If you're applying for the first time, the annual deadline is September 30. You can get an application form online, as well as use the guide when filling out your application. You may also get an application form from your pharmacy. Alternatively, you may request an application form by calling:

- [1-800-575-5386](tel:1-800-575-5386) (toll free)
- [1-800-387-5559](tel:1-800-387-5559) (TTY)
- [416-642-3038](tel:416-642-3038) (in Toronto area)

[Trillium Drug Program Application - Forms - Central Forms Repository \(CFR\)](https://forms.mgcs.gov.on.ca/en/dataset/014-3693-87)
<https://forms.mgcs.gov.on.ca/en/dataset/014-3693-87>

Send your completed application only by mail to the following address:

Trillium Drug Program
Ministry of Health and Long-Term Care
PO Box 337, Station D, Etobicoke, ON M9A 4X3

[Canadian Breast Cancer Network](#) (CBCN) is a survivor-directed, national network of organizations and individuals. CBCN is a national link between all groups and individuals concerned about breast cancer, and represents the concerns of all Canadians affected by breast cancer, and those at risk.

[Cancer Care Ontario | Cancer Care Ontario](#) (CCO) is the provincial agency responsible for continually improving cancer services. As the government's cancer advisor, it works to reduce the number of people diagnosed with cancer, and make sure patients receive better care every step of the way.

Cancer Care Ontario ([CCOMouthCareCancerTreatment.pdf](#))

[Cancer Treatment Centres - Haldimand Norfolk - hnhbhealthline.ca](#)

Cancer treatment centres provide prevention, screening, diagnostic and treatment services as well as supportive care to patients and their families. These services are located outside of Haldimand Norfolk but provide service to Haldimand Norfolk.

[Hamilton Niagara Haldimand Brant Regional Cancer Program | Cancer Care Ontario](#)

The Hamilton Niagara Haldimand Brant Regional Cancer Program oversees the quality and delivery of cancer services for the areas of Brant, Burlington, Haldimand, Hamilton, Niagara and Norfolk.

[Canadian Cancer Society](#) is a national, community-based organization of volunteers, whose mission is the eradication of cancer, and the enhancement of the quality of life of people living with cancer.

[Childhood Cancer Canada Foundation](#) is a national, volunteer governed, charitable organization dedicated to improving the quality of life for children with cancer, and thei

[Colorectal Cancer Canada | Cancer Awareness & Patient Advocacy Canada](#) is dedicated to increasing awareness of colorectal cancer, supporting patients, and advocating for population-based screening, and timely access to effective treatments.

[Screen Colons Canada](#) mandate is to raise awareness about the prevalence and the preventability of colon cancer and to promote screening for it.

[Leukemia and Lymphoma Society of Canada](#) (LLSC) is a voluntary health agency dedicated to blood cancer. LLSC funds lifesaving blood cancer research across Canada, and provide free information, and support services.

[Lymphoma Canada - Get Information, Help And Hope](#) provides education and support for individuals with lymphoma, and their support network. They fund medical research to find a cure for lymphatic cancer, and advocate for the best treatment and care for lymphoma patients. They promote further research, new treatments and, rapid access to new developments in lymphoma.

[Ontario Breast Screening Program \(OBSP\) | Cancer Care Ontario](#) (OBSP) provides mammography screening for women at *average risk* of developing breast cancer aged 50 years and older. Now, women aged 30-69 who are found to be at *high risk* for developing breast cancer will also have access to OBSP services including annual mammography, and breast MRI screening.

[Ovarian Cancer Canada](#) is a registered Canadian charitable organization whose mission is to overcome ovarian cancer, providing leadership by supporting women living with the disease and their families, raising awareness in the general public and with health care professionals, and funding research to develop early detection techniques, improved treatment and, ultimately a cure.

[Prostate Cancer Canada](#) provide services at the grass roots level, through monthly peer meetings, special educational events, outreach programs and presentations to service clubs, community health fairs, and more.