**JPG’s General Rules and Policies**

**ABSOLUTELY NO GUM INSIDE THE GYM. THIS PERTAINS TO BOTH ATLETES AND PARENTS/GUARDIANS. Food and drinks are to remain behind the designated line. Only spill proof water bottles are allowed past this line.**

**ALL GYMNASTS ARE REQUIRED** to wear a **leotard** (no crop tops) and have hair pulled into a ponytail, bun, or braid.No shorts, except bike shorts, or t-shirts will be allowed.No jewelry will be allowed, including watches. Stud earrings are allowed, no hoops.

Parkour students are to wear comfortable athletic attire that is not too baggy.

All athletes MUST bring a *water bottle* with them to EVERY class or they must purchase a water or water bottle. This will be charged to your account.

All athletes are required to have their gym bag with required essentials at every class. Please see list.\* If athletes do not have their water bottle or chalk, they will be provided to your athlete and you will be charged for the missing items or they will not be allowed to participate in class. The essentials can be purchased at JPG, but do not have to be purchased through us except for chalk. Chalk must be purchased through JPG.

Unfortunately, we will no longer be able to do makeup classes at this time. Makeups can be made, up to 6 times per year, during any open gym when open gym resumes. Coaching by staff members is not allowed at open gym per insurance rules. These makeups must be scheduled in advance with our secretary.

Parents nor siblings are allowed to sit on, stand near the equipment, or step onto mats. Parents are not allowed to coach or attempt to spot your athlete while they are in the middle of class. This is a safety issue.

Athletes are NOT ALLOWED to use or play on the equipment before their class begins. Once we can have more than 1 parent/guardian in the gym due to the social distancing guidelines, if siblings are brought in, Siblings are NOT ALLOWED to climb or play on any equipment while they are watching classes. Siblings *must* remain with their parents in permitted viewing areas.

Children under 5 MUST BE ACCOMPANIED by a GUARDIAN at ALL TIMES.

Parents must read and sign the **Julian’s Parkour and Gymnastics Rules, Policies, and Expectations** form and go over this with their child.

Parents must read and sign the Move Up Policy form.

JPG’s Open gym policy:

All Children under the age of 8 must have guardian stay the entire time they are working out. All children under 6 must have guardian with them the entire time for safety. Per Insurance guidelines, coaches CAN NOT spot or instruct in any way. We will let families know when JPG can safely resume open gym.

JPG’s Refund Policy:

Unless otherwise discussed and agreed upon, we cannot offer tuition refunds after your student has completed their first week of class(es) for the month. *Registration fees* are due *once yearly*, *and are per student*, *not per family*, regardless if your student continuously takes classes or not. Once a student is withdrawn from a class, their spot cannot be held and becomes available to other students. Trial classes can be set up at the front desk if you are undecided or unsure of which class would best suit your student. Trial classes are $*20 per trial class*, no refunds. If you join a class, your trial class fee is applied towards the first month’s tuition.

Coaches have limited time between class but will do their best to talk with you. However, they cannot be pulled out of classes and cannot start their next classes late. If you need more time to speak with your athlete’s coach, please see our secretary and she will make an appointment for you. If you need to speak with Chris or Nicole Julian, an appointment may be necessary, but we will be happy to speak with you at the end of the evening if possible or on the phone. Please have our secretary take a message and we will get back to you as soon as we can.

Tuition must be paid in full before the start of every 6-week session. Everyone will be given a copy of our yearly calendar schedule with all important dates. This can also be found on our Facebook page as well as our website.

The new procedures put in place due to the Covid-19 outbreak must be followed during each class. Please read and review the policy and discuss it with your athlete.

Julian’s Parkour & Gymnastics is NOT responsible for any lost, damaged, or stolen items.