

# Jefferson Ball, Nov. 7, 2026 ~ 6:30 p.m.

## Abkhazi Breeze (1w duple, 3 steps per bar, 2026, Sheu, Moderate)

- A1 1-4 Partners LS Cecil Sharp siding, curving in to finish RS to RS with partner. Partners RS walk around  $\frac{3}{4}$  to end in partner's place – aka “Two Cousins Siding.” All end improper  
5-8 All circle L  $\frac{1}{2}$  way & TS L. All progressed & proper
- A2 1-4 Partners RS Cecil Sharp siding, curving in to finish LS to LS with partner. Partners LS walk around  $\frac{3}{4}$  to end in partner's place. All progressed & improper  
5-8 All circle R  $\frac{1}{2}$  way & TS R. All home
- B 1-4 Neighbors mirror back-to-back with 1s splitting 2s  
5-10 1s cross down between 2s to start a double figure 8. 2s start by moving up & following 1s for the double figure 8. End with 1s above & 2s below  
11-12 1s lead down & 2s move up to progressed places

## Away with February (1w duple, 1998, Beer, Moderate)

- A1 1-4 Facing diagonally in, all TS R into single file circle CW  $\frac{1}{2}$  way  
5-8 Partners RS back-to-back (across)
- A2 1-4 All TS R into single file circle CW  $\frac{1}{2}$  way  
5-8 Neighbors RS back-to-back (on side)
- B1 1-2 Set R to neighbor & L to partner  
3-4 Partners face for 2 changes of R & L  
5-8 All 2HT partners  $1\frac{1}{2}$  to end facing up
- B2 1-8 Double figure 8 (skipping) tops casting, bottoms crossing up

## Bryon's Boutade (4 couple set, 1s & 3s improper, 1991, Herman, Difficult)

- A 1-2 R diagonals cross RS (no hands)  
3-4 All cross straight across LS (no hands)  
5-16 Repeat three more times. Each couple ends exactly opposite to where they started the figure (probers become improper & improbers become proper)
- B 1-4 Original 1s in 4<sup>th</sup> place make an arch & move up a double to meet top couple & draw them back to the bottom, while couples in positions 2 & 3 dance down under the arch & cast up the outside (skipping) to the top positions  
5-8 Top 2 couples circle L once round, while the bottom couples do likewise  
9-12 Partners RS gypsy once round  
13-16 Partners set & TS R. New order: 2-3-4-1

## Dick's Maggot (1w duple, 3 steps per bar, Playford 1702, Roodman, 1992, Moderate)

- A 1-2 1s cross RH & lead down through 2s, who cast up to top place  
3-4 2s cross RH & lead down through 1s, who cast up  
5-6 Partners back-to-back RS  
7-8 Partners  $\frac{1}{2}$  RS gypsy to own side
- B 1-4 All circular hey, 4 changes, starting with partner  
5-6 Partners 2HT once round  
7-8 1s cast, 2s lead up

## Farewell Marian (circle mixer, men on inside facing partner, 1967, Williams, Easy)

- A1 1-8 Partners hold both hands & slide 4 steps to M's left (CCW); balance forward & back & TS away from each other (M to L; W to R)
- A2 1-8 Repeat A1 in the same direction
- B1 1-4 Give RH to partner: balance forward & back; change places turning the lady under  
5-8 Give LH to person on L diagonal (new partner): balance forward & back; change places turning the lady under
- B2 1-8 Take ballroom hold with next new partner & waltz on in ballroom direction, remembering to finish with men on inside

## Fenterlarick (1w duple, 1977, Walker, Moderate)

- A1 1-8 1<sup>st</sup> corners side (Cecil Sharp), set forward & TS back to places
- A2 1-8 2<sup>nd</sup> corners do the same
- B1 1-4 Women lead between the men & cast back to places  
5-8 Men lead between the women & cast back to places
- B2 1-2 All LHT partner  $\frac{3}{4}$  to form a line of 4 up & down the set  
3-6 W1 & M2 RHT  $1\frac{1}{2}$  while M1 & W2 continue around (CCW) to change places & meet partner in middle  
7-8 All LHT partner  $\frac{3}{4}$  to own side (progressed places)

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## Heartsease (2 cpls, facing, 1651, Playford, Easy)

### Part 1

- A 1-8 All forward a double & back; repeat  
B1 1-4 Partners face, fall back a double & come forward a double  
5-8 Opposites face, RHT once around  
B2 1-4 Opposites face, fall back a double & come forward a double  
5-8 Partners face, LHT once around

### Part 2

- A 1-8 Partners side RS; opposites side RS  
B1 1-4 Partners face, fall back a double & come forward a double  
5-8 Opposites face, RHT once around  
B2 1-4 Opposites face, fall back a double & come forward a double  
5-8 Partners face, LHT once around

### Part 3

- A 1-8 Partners arm R; opposites arm L  
B1 1-4 Partners face, fall back a double & come forward a double  
5-8 Opposites face, RHT once around  
B2 1-4 Opposites face, fall back a double & come forward a double  
5-8 Partners face, LHT once around

## The Hole in the Wall (lw duple, 1698, Playford, Easy)

- A1 1-4 1s cast down around the 2s & lead up to place (2s do not move)  
A2 1-4 2s cast up around the 1s & lead down to place (1s do not move)  
B 1-2 1<sup>st</sup> corners change with a ½ RS gypsy  
3-4 2<sup>nd</sup> corners change with a ½ RS gypsy  
5-6 1s & 2s circle left ½ way around  
7-8 1s cast to 2<sup>nd</sup> place while 2s lead up to 1<sup>st</sup> place

## In the Fields in Frost and Snow (lw duple, 1710, Playford, Easy)

- A 1-4 1s turn ½ with RH & cast down (2s lead up)  
5-8 1s turn ½ with LH & cast up (2s lead down)  
B1 1-8 All in a double to center, fall back & TS into a circle; Circle L ½ way round  
B2 1-2 1<sup>st</sup> corners change places  
3-4 2<sup>nd</sup> corners change places  
5-8 1s set & cast, 2s lead up

## Michedonia (lw duple, 2014, Blim, Moderate)

- A1 1-2 1s quick cast to 2<sup>nd</sup> place (2s lead up)  
3-4 1s set to partner  
5-8 1s ½ figure 8 up through 2s  
A2 1-2 2s quick cast to 2<sup>nd</sup> place (1s lead up)  
3-4 2s set to partner  
5-8 2s ½ figure 8 up through 1s  
B1 1-2 2<sup>nd</sup> corner positions cross RS  
3-4 Partners 2HT on the side ½ way  
5-6 2<sup>nd</sup> corners cross RS  
7-8 Neighbors 2HT on the side ½ way  
B2 1-4 Circle L once around  
5-8 Partners 2HT once around

## Muriel's Measure (lw duple, 1995, Hume, Moderate)

- A1 1-4 1s set to partner; RHT ½ way  
5-8 Men cross on diagonal; women cross  
A2 1-4 All back-to-back partner  
5-8 Circle L ¾ (6 steps) & open up to line of 4 facing up (from left: M2, W2, M1, W1)  
B1 1-4 Up a double & back in line  
5-8 Face partner, ½ a hey for 4, starting RS  
B2 1-4 RHT partner ¾ (men ending above women)  
5-8 LH star 1¼ to progress

## My Lord Byron's Maggot (lw duple, 1701, Playford, Easy)

- A1 1-2 M1 beckon to W2 who dances 4 steps toward him  
3-4 W2 beckon to M1, fall back to place; M1 moving forward at the same time  
5-8 M1 2HT W2  
A2 1-8 M2 & W1 repeat A1  
B 1-4 M1 & M2 lead between W1 & W2 & cast back to place  
5-6 On the 1<sup>st</sup> beat of each bar, all 4 clap their own hands; on the 2<sup>nd</sup> beat of bar 5, partners clap R hands; on the 2<sup>nd</sup> beat of bar 6, L hands  
7-8 Repeat bars 5-6  
9-12 1s cast down into 2<sup>nd</sup> place, 2s lead up

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## Never Love Thee More (lw duple, Walsh 1718, Sharp 1922, Moderate)

### **Introduction**

- A 1-4 All face up, partners taking inside hands, step R & honor to the presence, then step L & honor  
5-8 Releasing hands, face partner, step R & honor, then step L & honor  
9-16 Partners taking nearer hands, all up a double & fall back, twice

### **The Dance**

- A1 1-4 Partners RS back-to-back  
5-8 Partners LS back-to-back  
9-16 1s full figure 8 around 2s  
A2 1-4 Circle L ½, then fall back with neighbor  
5-8 Partners cross RS, loop R into the set  
9-16 Star R, then star L

### **Finale (Intro in reverse)**

- A 1-4 Partners taking near hands, all up a double & fall back, twice  
5-8 Releasing hands, face partner, step R & honor, then step L & honor  
9-16 All face up, partners taking inside hands, step R & honor to the presence, then step L & honor

## Newcastle (4 cpl square, 1650, Playford, Difficult)

### **Part 1**

- A1 1-4 All take hands, lead in a double & fall back a double  
5-8 Set to partner, set to corner  
A2 1-8 All that again  
B1 1-2 Arm R with partner, once round  
3-8 Men LHA *while* W skip CW outside  
B2 1-2 Partners arm L once round  
3-8 Women RHA *while* M skip CCW outside

### **Part 2**

- A1 1-4 Partners side over & back (Cecil Sharp)  
5-6 Partners step R a single & honor  
7-8 Pass partner by LS  
A2 1-8 All that again with the next person  
B1 1-4 Original heads lead in a double, lead back  
5-8 Heads make arches facing out, sides cast (M to his R, W to L), meet partner & pass under arch, lead out to place with opposite  
B2 1-4 Sides lead in a double, lead back a double  
5-8 Sides make arches facing out, heads cast, pass under arch, lead out with opposite

### **Part 3**

- A1 1-8 All arm R, arm L & pass on to next  
A2 1-8 All arm R with this person, then arm L & form two lines up & down the hall (close together) with current partner improper (W on left of M)

- B1 1-4 Lines fall back a double & come forward  
5-8 All TS (to the R) & change by RS with person opposite. After passing through, center 4 turn to face person beside them & form ends of new lines across the hall (close together); ends step up into line, after passing through, to form center of new line  
B2 1-4 Lines fall back a double & come forward  
5-8 All TS & change by RS with opposite to end in original places

## St. John's Meeting House (lw duple, 3 steps per bar, Walsh 1708, Shaw 2013, Easy)

- A1 1-2 1s LS gypsy  
3-4 M1 turn W2 RH to places  
A2 1-2 1s RS gypsy  
3-4 W1 turn M2 LH to places  
B 1-4 Star L & R  
5-6 1s ½ figure 8 down  
7-8 1s cross LS & dance down outside, while 2s meet & dance up middle to top place

## Salty Sweet (lw duple, 2018, Rains, Moderate)

- A 1-2 Neighbors RHT ½ way  
3-4 Neighbors balance  
5-6 1<sup>st</sup> corner positions cross RS, all face out, & take near hands  
7-8 R person hold place while drawing L person to face with 2H ready for poussette  
9-12 All ½ clockwise poussette  
13-14 Partners retain hands & balance  
15-16 Top couple (2s) cast, bottom couple (1s) lead up  
B Interrupted ½ double figure 8  
1-2 Tops cast, while bottoms cross up  
3-4 Partners balance  
5-6 New tops cast, while new bottoms cross up  
7-8 Partners balance  
9-12 Star R ½ way, TS L  
13-16 Star L once round to progressed place

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## Scotch Cap (3 cpl lw, 1651, Playford, 1916, Sharp, Moderate)

### Part 1

- A 1-8 Partners lead up a double & back twice  
B1 1-4 On L diagonal, W1 face M2 & W2 face M3, balance back (2 steps), forward (2 steps) & then cross on the diagonal (4 steps) to change places  
5-8 Long 1<sup>st</sup> corners (M1 & W3) change places (no step back)  
B2 1-8 Repeat B1 to original places

### Part 2

- A 1-8 Partners side RS & LS  
B1 1-2 Lines of 3 fall back a double  
3-4 2s dance forward to meet in the middle, M1 & M3 dance forward to meet on the men's side, while W1 & W3 on the women's side  
5-8 Arm R: M1 & M3, W1 & W3, & M2 & W2 & all return to original places  
B2 1-2 Lines of 3 again fall back a double  
3-4 All dance forward to meet partner  
5-8 All 2HT partner

### Part 3

- A 1-8 Partners arm R, arm L  
B1 1-2 All slip 4 steps L (men up, ladies down)  
3-8 Progressive Chain with hands: M3 & W1 ½ RHT, then next person ½ LHT, then the next (your partner!) ¾ RHT to places  
B2 1-2 All slip 4 steps R (men down, ladies up)  
3-8 Progressive Chain with hands: M1 & W3 ½ LHT, then next person ½ RHT, then the next (your partner!) ¾ LHT to places

## Sun Assembly (lw duple, 1757, Thompson, Moderate)

- A 1-4 1s & 2s circle L ½ way & fall back  
5-8 2s gate 1s up the middle around them  
9-12 1s ½ figure 8 through 2s. 2s cross with partner on bars 11-12  
13-16 All set & TS  
B 1-4 1s RHA with 2s below  
5-8 1s LHA with 2s above  
9-12 1s lead down through 2s below & cast back to progressed place  
13-16 All 2HT partners once round

## Turning by Threes (3 cpl circle mixer, 2003, Roodman, Easy)

- A 1-4 Taking hands, circle L & then TS L  
5-8 Taking hands, circle R & then TS R  
9-12 With partner, go back-to-back (plenty of time for this) into...  
13-16 2 changes of R & L (quick) followed by a RHT with the next person once around into...  
B 1-4 Men LHA once around (back to these new places)  
5-8 Women RHA once around  
9-10 Men dance to center with 2 single steps (step, close; step, close)  
11-12 As men fall back, women dance to center with 2 single steps  
13-16 Women look over RS & gypsy with new man, about 1¼ around, back into the circle

## The Way of the World (lw duple, improper, 2016, Simpson, Difficult)

- A1 1-4 All four set forward on the diagonal, then take hands in a ring & fall back into a circle  
5-8 Circle L ½, then partners cross RS  
A2 1-4 Double ½ figures of 8 (1s cross up, 2s cast)  
5-6 2s cast off while 1s lead up, right in right  
7-8 Partners RHT ½  
B 1-4 Star R ½, then TS L  
5-8 Star L ½, then TS R  
C 1-8 Duchess of York Street cast & chase: M1 cast & dance clockwise all the way around the set, finish on the end of a line of 4 facing down. W2 wait 2 bars, then cast to follow M1. M2 wait 4 bars, then cast to follow W2. W1 cast on bars 7-8 to follow M2, finishing on the end of line of 4 facing down: M1-W2-M2-W1  
D 1-4 Lines of 4 lead down & fall back  
5-8 Gates 1¼, 2s backing up, 1s moving forward

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## Minuet (couple dance)

### Introduction

- 1-2 Bow to presence
- 3-4 Bow to partner

### Part 1

- A1 1-4 2 Minuet steps toward head of hall
- 5-8 2 Minuet steps to turn  $\frac{1}{2}$ , M backing up
- A2 1-4 2 Minuet steps toward foot of hall
- 5-8 2 Minuet steps to turn  $\frac{1}{2}$  way round as cpl, end in contra line facing partner (but slightly to the R of partner)
- B1 1-8 Dance over the "Z": 1 Minuet step on the parallel, 2 Minuet steps along the diagonal (pass RS), 1 Minuet step on parallel
- B2 1-8 Retrace "Z"
- A3 1-8 RHT with 4 Minuet steps
- B3 1-8 LHT with 4 Minuet steps. Finish side by side facing presence

### Part 2

- A4, 1-16 Repeat A1, A2
- A5
- B4, 1-16 Repeat B1, B2
- B5
- A6 1-8 2HT to L, 4 Minuet steps
- B6 1-8 2HT to R, 4 Minuet steps. Finish facing presence

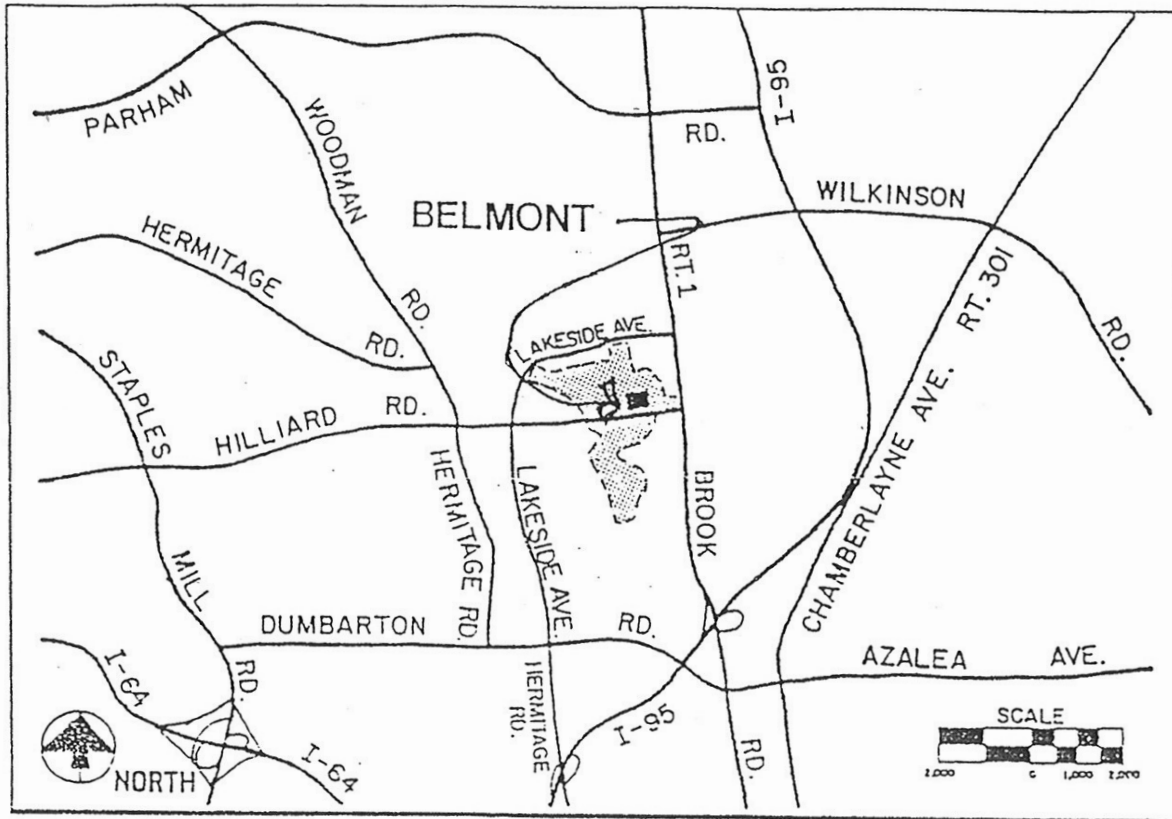
### Coda

- 1-2 Bow to presence
- 3-4 Bow to partner

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For information, please contact Harper Alford at (H) 804-272-9594 or (C) 804-385-8901.

Location: Belmont Recreation Center, 1600 Hilliard Rd, Henrico, VA 23228.



FROM THE NORTH: Route I-95 heading South take exit 83 (Parham Road West). At 2<sup>nd</sup> light, turn L onto Route 1 South. Turn R at 4<sup>th</sup> light (Route 356, Hilliard Road). Go in 1<sup>st</sup> drive on R.

FROM THE SOUTH: Route I-95 heading North take exit 81 (Route 1 North). Turn L at 2<sup>nd</sup> light (Route 356, Hilliard Road). Go in 1<sup>st</sup> drive on R.

FROM THE EAST: Route I-64 heading West onto Route I-95 North. Stay on I-95 North to exit 81. Turn L at 2<sup>nd</sup> light (Route 356, Hilliard Road). Go in 1<sup>st</sup> drive on R.

FROM THE WEST: Route I-64 heading East into Richmond. Take LEFT exit 186 (Route I-95 North). On I-95 North, take exit 81 (Route 1 North). Turn L at 2<sup>nd</sup> light (Route 356, Hilliard Road). Go in 1<sup>st</sup> drive on R.