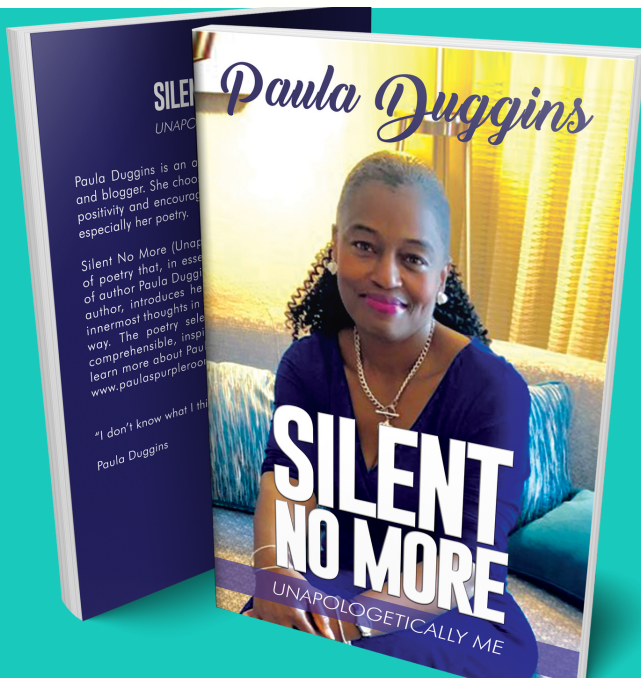

All About the Author



Paula Duggins

Holds a Bachelor of Science Degree in Human Development & Family Studies. She has over 15 years of experience in Education. Her goal in life is to inspire, encourage, and motivate others to live their best lives by finding the positive in every situation and learning how to embrace both the sunshine and rain that life can bring.



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