

OUR HISTORY

Since first opening our doors in 1989, we have provided holistic care to more than 3,000 adults with severe and persistent mental illness. From day one, our goal has been dedicated to Member empowerment, a strong consumer orientation, and the belief that a person is more than a set of symptoms associated with a disability. As the name implies, we foster independence, self-sufficiency and a satisfying quality of life for each and every one of our Members. The only requirement to joining the Independence Center is to be an adult age 18+ and have an ongoing mental illness.

CONTACT US

2025 Washington St,

Waukegan, IL 60085

Phone: 847-360-1020

Email: info@icwaukegan.org

Website: icwaukegan.org



*"Your illness does not define you.
Your strength & courage do."*



WE PROVIDE ONGOING
SOCIAL, EDUCATIONAL,
VOCATIONAL & HOUSING
OPPORTUNITIES FOR
ADULTS WITH A HISTORY
OF MENTAL ILLNESS.

www.icwaukegan.org



PROGRAMS

VOCATIONAL TRAINING

This work study program is designed to help Members with every step of finding, obtaining and maintaining long-term and meaningful employment through ongoing partnerships and individualized vocational case management, as well as providing support to partnering employment companies & HR departments.

PSYCHOLOGICAL REHAB

Meant to "restore community functioning", PSR is designed to optimize potential for interpersonal & occupational proficiency through various development techniques, allowing Members to overcome social boundaries by recognizing and adapting to functional deficits in order to achieve their highest functioning level.

SUPPORTIVE HOUSING

We retain five local housing developments, providing housing with 24-hour crisis response and on-site case management. We are also dedicated to our relationships with local housing authorities and providers, which offer additional housing options, and we coach Members to understand housing responsibilities include budget management.

SUBSTANCE ABUSE ASSISTANCE

The MISA (Mental Illness/Substance Abuse) group is a support group for Members who have a history of both mental illness and substance abuse. The group discussions utilize traditional 12-step concepts of recovery along with an eclectic mix of information from other self-help groups

OUR MISSION

is to enhance the quality of life, to promote independent functioning, and to facilitate personal growth for adults with a history of mental illness. To achieve this, Independence Center provides ongoing social, educational, vocational, and housing opportunities.

OUR VISION

is to provide adults with mental disabilities who seek the opportunity to be productive members of society the tools they need to achieve their goals in independence.

LIFESTYLE ASSISTANCE

Staff assist Members in their natural community settings to develop daily living skills, including those for social settings, health management, occupational functioning and more. Services are tailored to individual needs and are meant to guide, not to fulfill need on behalf of the Member.

HEALTH & WELLNESS

In order to achieve balanced wellness, we address all problems associated with inadequate health resources, including nutritional counseling, preventive screenings, meal planning & preparation, fitness instruction, exercise facility use, smoking cessation, stress reduction & more.

*"Don't be ashamed of your story...
It will inspire others."*