

# WHAT IS THE LIVING ROOM?

The Living Room provides a safe, comfortable, inviting environment where skilled Certified Recovery Support Specialists provide crisis intervention referrals and other needed services for guests experiencing a crisis.

## GET IN TOUCH



### ADDRESS

1730 Washington Street  
Waukegan, IL 60085

### HOURS

Monday-Friday  
3:00PM-9:00PM  
Saturday-Sunday  
11:00AM-7:00PM

### CALL US



847-360-1020

### EMAIL

[thelivingroom@icwaukegan.org](mailto:thelivingroom@icwaukegan.org)

### WEBSITES

 [www.icthelivingroom.org](http://www.icthelivingroom.org)

Find us on  

@icthelivingroom



**INDEPENDENCE CENTER**

*A holistic approach to behavioral health services & recovery*



## THE LIVING ROOM RECOVERY PROGRAM

A Crisis Intervention Center



## WHAT DOES THE LIVING ROOM OFFER?

The Living Room Recovery Program at the Independence Center is an alternative to the emergency room for individuals due to increased symptoms or near a crisis due to emotional distress.

The purpose is to:

- Offer a safe and positive environment where individuals can go to for support and comfort.
- Assist individuals with developing their coping skills for enhanced interpersonal and social skills.
- Help individuals make meaningful changes in their lives.
- Support individuals as they seek to develop and improve overall wellness.



### WHEN SHOULD YOU COME TO THE LIVING ROOM?

The Living Room Recovery Program welcomes individuals 18 years or older whom are experiencing emotional distress such as being anxious, scared, angry, sad, or in need of someone to talk to. You can walk in or call ahead.

### OUR SERVICES

The services offered in the program will seek to help improve the quality of the guests lives while addressing their needs and preferences.

- Crisis Intervention
- Referral/linkage
- Shower facilities
- Recreational activities
- Healthy snacks/ refreshments
- Comfort room to rest or relax
- Self-assessment and self-advocacy
- Person-centered crisis/safety planning
- Transportation Services

All services provided are free of charge.

### WHAT TO EXPECT WHEN YOU COME TO THE LIVING ROOM?

When you arrive you will be welcomed as a "guest" by a member of our program staff.

- A licensed therapist will assess you for your safety and collect preliminary information.
- A trained recovery specialist will orient you to The Living Room and provide you with support while you are here.
- Guests will transition to less intensive level of service once the symptoms associated with the crisis decrease to a level where the guest is safe to leave.
- Guests needing a more intensive level of service will be provided with crisis intervention to link with such services.
- There is no limit to the number of times one can visit.



**THE LIVING ROOM  
RECOVERY PROGRAM**

**we are here  
to help**