

### **Merry Christmas from Move Consulting**

Thank you for choosing to register to our mailing list, and welcome to *The Pulse*. We are blown away that you want to connect with us in this way.

Founded in October 2020, Move Consulting aims to support you to inspire more people to move. Things are moving really fast for us and this is our first newsletter. The aim is simple, to make it easy for you to keep your finger on the pulse with everything that is going on at Move.

For our first release, we have compiled some of the things we have been up to in setting up the business, highlighting links to our services, making sure you know where you can find us and how to get in touch.

Keep well, stay safe and be active.

# Behaviour Change Solutions Series Launch is a Sell Out!

The first episode of the learning and development series sold out, as physical activity professionals across the UK joined for an introduction to behaviour change.

Read more.





A dedicated team, Craig and Elaine bring over 45 years of combined experience in commissioning, designing and delivering successful physical activity programmes that have inspired people to move.

Learn more.

### 'On the Move' Blog

We started writing this month. Check out our blog, 'On the Move'. This is our way to share reflections on the work we undertake and the people we meet along the way.

Read more.





### Work with us!

We want to support you to inspire more people to move. Whether through effective programme design, engaging content or workforce development. How can we help?

Learn more

## Meetings made easy

We love to connect and share with others. If you want to book in some time to explore an opportunity, find a time that suits and let's chat.

Book now.





#### **Move Social**

We are setting up to make sure we are in spaces to be found. Check out, follow and share our social channels:

LinkedIn Twitter YouTube

We want to make sure *The Pulse* is something you look forward to and value. If you have any advice on what would help make our communication exactly what you need, please do get in touch.

Thanks again for being part of our network.

Think someone else could benefit from being part of our network? Share this link to help them register today.





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Web Version

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