



BEXLEY GP VTS PROGRAMME – Autumn 2022

August - December 2022 (12 sessions including 2 weeks half term)
 14:00 – 17:00 hours Hockendon Education Centre 3rd floor Queen Mary's Hospital
 ** Denotes whole day study leave needed *denotes day change

Date	Session 1	Facilitator	Session 2	Facilitator	Note
1 st week of August 1pm - 2pm	Pan London New ST1's only Induction Induction pack and more information here: GP Induction London (hee.nhs.uk)	Organised by Operations team/HEE	Continue		Info will be sent to new trainees by HEE)
17th August	ST1 welcome Introductions Ground rules & Charter Book Club - books given out	All	Our format E-Portfolio (Odinaka, Abeer, Constantine, Hidigo) Feedback from Summer ARCP-IB Directory of experience - website Committee rep handover?	All	BBQ for ST1s @Nelun's
21st September	Sustainability	TBC: Tan, Fraz + ?RCGP Leads	*Ex ST3s: 'What do you wish you knew a year ago' *Prep for Cultural Competence session @Awayday *E-Portfolio demo	All	IB away

28 th September	Neurodiversity	Carol Leather PhD AMBDA IDC, Tavistock House,	Small group work around ND		Confirmed IB
**5th October	AWAYDAY; NB Update Course (see separate flier)	Remote session With Greenwich VTS	Continue		Log-in instructions will be sent by NB Hot topics
12 th October	Rheumatology	Dr Cheung Dr Rosca	Peer Support		CA to ask about Derm topics (Jan23)
Thursday 13 th October	Child Safeguarding level 3 Bexley PLT session	Dr Sarah Ismail	Remote Session 1-4pm		Optional for those who need it/ certificate lasts 3yrs, need annual knowledge update, and yearly participatory activity. Caroline Healy & Abi
19th October	Away Day; Displaced people and Health/Cultural Competence See separate program		Continue		Confirmed: Medical Justice, Dr Thelma Thomas (IB) Confirmed; Doctors of the World CEO Dr Lisa Harrod-Rothwell (Clarrise) 2 sessions Marriot Hotel TBC
26 th October		FIRST HALF TERM WEEK			
2 nd November		SECOND HALF TERM WEEK			
9 th November	Pain Clinic	Deborah Jardine- Barnes Consultant Nurse MSK Chronic	Peer support		Confirmed Clive

		Pain			
16 th November	Women's health Contraception	Kate McCarthy	Integrated Care Systems. Our Healthier South East London	Sarah Birch	Confirmed Nelun Clive coming at 3:30
23 rd November	Adult Safeguarding level 3	Jen Liddington	Continue		Confirmed Clive IB Holiday
30 th November	Personalised Care	Simon Cross - SEL ICS	Peer Group		Confirmed Clive Xmas Social TBC
7 th December 2-4pm	***Just for Trainers & ST3s*** RCA session 2- 4pm via Zoom)	Dr Alex Kelly Trainer RCGP Examiner	continue		***Just for Trainers & ST3s*** Zoom Confirmed IB

Distribution: All hospital & GP-based trainees / All Trainers / All Clinical and Educational Supervisors