



## *View from the Garden*

### *News from the Wolfeboro Garden Club*

Another WGC Season Begins!  
Sept. 10, 2024.  
All Saints Church @ 1pm

---

#### **From the President**

We begin a new year of programs and workshops. Make sure to mark your calendars for the **second Tues of each month**, so you don't miss a meeting. Welcome to one of the best months in the Garden! September brings the beauty of late summer blooms alongside the anticipation of the fall season. It is also a time when gardeners review their gardens (what worked, what not to do again) and start looking ahead to next year. The Wolfeboro Garden Club is launching a **new beautification initiative** this Fall which will manifest in the Spring. In mid-October we will give daffodil bulbs to Wolfeboro residents for them to plant in their yards. This project requires volunteers to put bulbs into lunch bags and help distribute them from a central location. **It does not involve planting them!** We will share the details once we get a delivery date from our vendor, FEDCO SEEDS in Maine.

**Sharon Smith and Sue Kilroy** have been working on our 2024 annual wreath sale since they finished the '23 sale. This is our only fund raiser. It is labor intensive in early November requiring a community effort to make it successful. **Sharon and Sue** say it has been a wonderful experience but it is

time to **pass the baton**. They are ready to mentor the next leadership team. We need two or more members to step up and work with them this year. Over the years they have been able to evaluate and refine the system plus incorporate the use of more technology. Our wreaths in town are easily identified by our quality bows and make the holidays more festive for the community.

Special Thanks to **Mary Lyon** for serving as secretary to Board of Directors. She is a great asset to the Club and to other organizations in town. Mary moved WGC into the digital age and developed the secretary position into an easy lift.

The Board **needs a secretary** to comply with our by-laws and state regs. The Job requires ability to write up a report and send out email. **Mary** has done a fabulous job of making the job very e-friendly i.e. easy!! No campaigning necessary!! Talk to **Katherine Minor** or **any Board Member** about joining your Board.

---

We Continue to add **New Members** to our Club!! Make it a point to greet and introduce yourself to these new faces as you see them at our meetings.

**Susan Christmas**

**Margaret Connor**

**Julie Fergus**

**Patricia Squires (not Pat)**

**Tracey Kolb**

**Donna Lockitt**

**Karol Simon**

**Eileen Smith**

---

### **Our September Program**

#### ***Tales of a Gardener's Journey***

Simply sit back and relax while you are virtually whisked away to 3 remarkable gardens, each located in a different region of the country. It is a feast for your eyes as you discover the beauty of Teton wildflowers, the festive horticultural

sculptures of the South and the gorgeous Italian renaissance gardens of historic New England. We'll delve into each garden's special exhibits, architectural landscaping details, historical facts and botanical nuggets.

Gently woven into the presentation are remarkable health and wellness benefits that each garden offers. You'll learn about the research that supports those benefits, so you, and your organization can get the most out of your future garden and green space experiences

Many have asked about the inspiration behind **Saved by the Garden: Garden Journeys**. Several years ago, after experiencing a cluster of life-changing events, I began to feel distressed and that led me to take a Stress Inventory. The results showed that I had a 50% chance of a major health breakdown within the next two years. That realization grabbed my attention quickly. With a family to care for, a career and other commitments, I knew it was important to neutralize the stress. But how?

As a life-long gardener, I've always had a passion for being out-of-doors and amongst nature, but the feeling went from passion, to an overwhelming desire to venture out and immerse myself in garden spaces, why? Because while in gardens and nature settings, I felt the stress melt-away. I then sought out gardens spaces whenever and wherever I could, chronicling each adventure. Thus began a joyful, restorative journey through both public and private gardens throughout the U.S. and inspired the program "**Saved by the Garden: Tales of a Gardeners Journey**" program

**From Julie Fergus, Publicity Chair**

**SHOW OFF YOUR GARDEN!!**

**KEEP THOSE GARDEN PICTURES COMING IN TO JULIE!!**

Our Gardens are Still active, Send Julie your shots!

Julie Fergus <[julie@juliefergus.com](mailto:julie@juliefergus.com)>



*Copyright (C) 2024 Wolfeboro Garden Club. All rights reserved.*