



**MEMBER
PORTAL**

Small Group Classes of 3 & Private Training

Reformer - Tower - Stability Chair - Cardio Tramp

HOW TO BOOK A CLASS ONLINE:

Step 1: Login to IGF Gym Master Member Portal

Step 2: Check the schedule & book the class.

Click → BOOKING → Class Schedule

Step 3: Choose a membership

Sign all the waivers, agreements, releases & answer the questionnaire.



FIRST CLASS IS FREE!

**INQUIRE FOR
DISCOUNT CODE**

PRICING:

Intro pack of (3) Small Group Classes \$105
(one time purchase, new clients only)

(4) Pack Small Group Classes \$150
(8) Pack Small Group Classes \$280
Drop-in \$40

Just For Men - Intro to Pilates Class \$20