

Flex Happy Yoga

**MOVE, BALANCE, AND
RESTORE**

**AUGUST 26 2025
STARTS @ 5:30PM**

**501 FANNIN INDUSTRIAL
PARK, BLUE RIDGE GA 30559**

**PLEASE BRING YOUR MAT,
BOLSTERS, BLOCKS, AND
A STRAP**

**CLASS WILL BE 60
MINUTES LONG**

DONATION BASED