

# *Flex Happy Yoga*

**MOVE, BALANCE, AND  
RESTORE**

**JUNE 29 2025**

**501 FANNIN INDUSTRIAL  
PARK, BLUE RIDGE GA 30559**

**PLEASE BRING YOUR MAT,  
BOLSTERS, BLOCKS, AND  
A STRAP**

**CLASS WILL BE 60  
MINUTES LONG**

**DONATION BASED**