

PEAKS

PERSONAL ENRICHMENT, ACTION AND KNOWLEDGE SERIES

Collaborative program with the UNG Institute for Healthy Aging,
Center for Appalachian Studies, and UNG Blue Ridge Campus

UNG
UNIVERSITY of
NORTH GEORGIA™

Dancing from the Inside Out

January 21 | 7 P.M.

Register at
PEAKS@ung.edu
for this virtual events

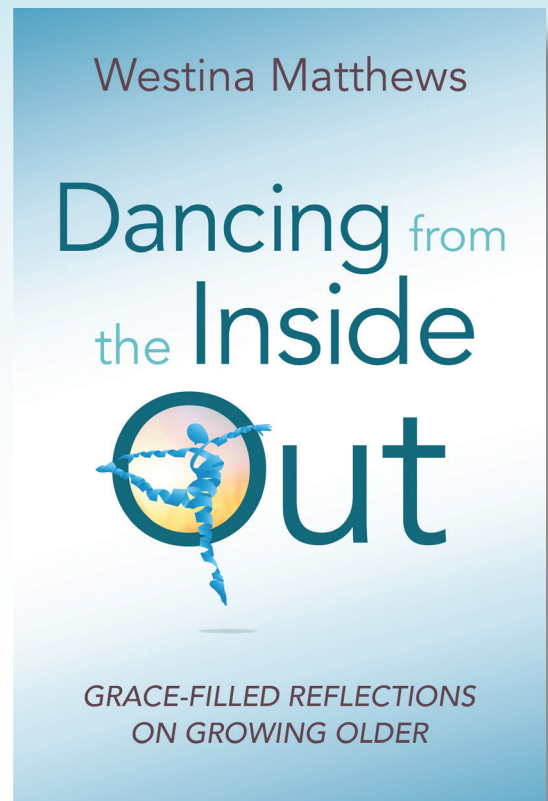
Dr. Westina Matthews

Through thoughtful, poignant, humorous, and authentic reflections— shared from her journal and weekly email blogs—Matthews invites the readers to redefine themselves. *Dancing from the Inside Out* offers grace and insight as we face a more mature future.

UPCOMING EVENTS

February 18 - Joy of the Journey
Dr. Cynthia Pack

March 18th – Planting By the Signs
Rosann Kent



EXCLUSIVE OFFER



Scan the code and enter **UNG25** at checkout to receive 25% off Westina's book when ordered directly from churchpublishing.org.

The code can only be used online and cannot be combined with other offers.
Offer expires on January 31, 2021.