

**QPR Suicide Prevention Training**  
**Wednesday, March 31 10am—Noon, FREE Admission**  
**Fannin County Family Connection**

**Q-Question P-Persuade R-Refer**

As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course about an hour! Our instructor is **Kayla Page, MA**, Suicide Prevention Initiative Project Coordinator with The Council on Alcohol and Drugs, Inc.

**What is a Gatekeeper?**

According to the Surgeon General's National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide. Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

**Join us on Wednesday, March 31 at 10am. Two hours of your time devoted to training may save a life! Free admission but only 25 seats are available. Please register by completing, scanning and returning a copy of the form below to [sherrymorris@etcmail.com](mailto:sherrymorris@etcmail.com) or register by using this link:**

<https://www.eventbrite.com/e/qpr-suicide-prevention-training-tickets-142538609819>



— FANNIN COUNTY —  
**family connection™**  
George Link, Jr. Community Room  
501 Industrial Park  
Blue Ridge, GA 30513  
706-632-6063

We are located directly up the hill from Fannin County Animal Control.

**QPR Suicide Prevention Training Registration**  
**Wednesday, March 31 10am-Noon**  
**George Link Jr. Community Room, Fannin County Family Connection**

Name: \_\_\_\_\_

Company/Organization: \_\_\_\_\_

Email: \_\_\_\_\_

Phone#: \_\_\_\_\_

Complete, scan and email to [sherrymorris@etcmail.com](mailto:sherrymorris@etcmail.com) or use the link above to register. Although there is no admission fee, there are only 25 seats available for this training. Please make sure you cancel if you cannot attend so that others may attend.

**Please wear a mask and practice social distancing. All tables, chairs and restrooms will be sanitized before the event.**