



336.818.1909

1907 West Park Drive
N. Wilkesboro, NC



Facebook Live



Youtube Live



In Person @ R3



Zoom Meeting



In Person @ Wilkes
Art Gallery

Class Descriptions

Soft-Skills Training Day - Job Readiness and Guest Services

Thursday, May 19th from 9:00am-5:00pm *Call for private training sessions

Join us for a one-day workshop to earn a certification in Guest Services, credit hours at the college, and training in Job Readiness. This class is offered in partnership with Goodwill Industries of Northwest NC and Wilkes Community College.

NA - Narcotics Anonymous

Tuesdays and Saturdays from 7:00pm-8:00pm at the R3 Center

"I Can't, We Can" group of Narcotics Anonymous brings in a meeting 2 times per week.

YPR - Young People In Recovery - All-Recovery Meeting

Every Wednesday 7:00pm-8:00pm

Wilkes now has a YPR Chapter (Young People in Recovery)! Join us for this ALL-RECOVERY meeting Wednesdays at 7pm.

Yoga For Wellness with George Ethan

Virtual classes will be posted on our Facebook page every Saturday at 10:00am

Yoga will be held virtually for this month, and then resume meeting at the flag pole in West Park Plaza every Saturday at 10AM in May. Classes are free but donations go directly to our instructor, George Ethan!

Born Again - Spiritual Recovery

Every Friday from 7:00pm-9:00pm

Join us as we welcome Brannon McManus to facilitate this spirituality-based recovery meeting.

Just for Today Clay

Wednesdays from 5:00pm-6:45pm

A clay working class for peers in recovery. Contact Wilkes Art Gallery to register at 336-667-2841.

MAY