



336.818.1909

1907 West Park Drive  
N. Wilkesboro, NC



Facebook Live



Youtube Live



In Person @ R3



Zoom Meeting



In Person @ Wilkes  
Art Gallery



In Person @ Wilkes  
Community  
College



In Person @  
Phases -506 8th  
St, N. Wilkesboro

MAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	#MotivationalMonday 2	#TogetherTuesdays ALFA HIV/Hep C testing 12pM-3PM 3	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 4	#ThankfulThursday 5	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 6	Yoga for Wellness 10-AM-11AM @ the flagpole-West Park NA Meeting @ 7pm 7
8	#MotivationalMonday 9	#TogetherTuesdays NA Meeting @ 7pm 10	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 11	#ThankfulThursday 12	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 13	Yoga for Wellness 10-AM-11AM VIRTUAL-Facebook NA Meeting @ 7pm 14
15	#MotivationalMonday 16	#TogetherTuesdays NA Meeting @ 7pm 17	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 18	#ThankfulThursday Soft-Skills Training Day! 9am-5pm Healthcare Programs Open House 6pm-9pm 19	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 20	Yoga for Wellness 10-AM-11AM @ the flagpole-West Park Phases Clean-up Day! 9am-12pm @ 506 8th Street NA Meeting @ 7pm 21
22	#MotivationalMonday 23	#TogetherTuesdays NA Meeting @ 7pm 24	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 25	#ThankfulThursday 26	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 27	Yoga for Wellness 10-AM-11AM @ the flagpole-West Park NA Meeting @ 7pm 28
29	#MotivationalMonday 30	#TogetherTuesdays NA Meeting @ 7pm 31	#Wellness Wednesday	#ThankfulThursday	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm	Yoga for Wellness WORKSHOP 10-AM-12PM @ the flagpole-West Park