



336.818.1909

1907 West Park Drive
N. Wilkesboro, NC

Facebook Live

Youtube Live

In Person @ R3

Zoom Meeting

In Person @ Wilkes Art Gallery

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	#MotivationalMonday 1	#TogetherTuesdays 2	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 3	#ThankfulThursday 4	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 5	Yoga for Wellness 9-AM-10AM @ the flagpole-West Park NA Meeting @ 7pm 6
	#MotivationalMonday 7	#TogetherTuesdays ALFA HIV/Hep C testing 12pM-3PM NA Meeting @ 7pm 9	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 10	#ThankfulThursday 11	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 12	Yoga for Wellness 9-AM-10AM @ the flagpole-West Park NA Meeting @ 7pm 13
	#MotivationalMonday 14	#TogetherTuesdays NA Meeting @ 7pm 16	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 17	#ThankfulThursday Purses with a Purpose 11:00am-1:00pm 18	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 19	Yoga for Wellness 9-AM-10AM @ the flagpole-West Park NA Meeting @ 7pm 20
	#MotivationalMonday 21	#TogetherTuesdays NA Meeting @ 7pm 23	#Wellness Wednesday YPR - Young People in Recovery @ 7pm Just for Today Clay Class from 5pm-6:45pm 24	#ThankfulThursday 25	#FreedomFriday Born Again Spiritual Recovery 7pm-9pm 26	Yoga for Wellness WORKSHOP 9-AM-10AM @ the flagpole-West Park NA Meeting @ 7pm 27
	#MotivationalMonday 28	#TogetherTuesdays NA Meeting @ 7pm 30	#Wellness Wednesday Bring it to Light: Overdose Awareness Event 7:00pm-8:30pm @ the flagpole in West Park 31			