

Ladies



**OH YES, IT'S LADIES NIGHT AND THE FEELINGS
RIGHT, EVERY THURSDAY NIGHT--AT HIGH NOON.**

Oh, what a night!!

**7:00 pm at 505 St. Louis Street
Thibodaux, LA 70301**

Women together in recovery experience the following:

- ❖ Experience a safe group environment.
- ❖ Build sober relationships with other sober women.
- ❖ Feel empowered and not afraid to use their voices in meetings.
- ❖ Connect with other ladies on a deeper level than in co-ed meetings.
- ❖ Able to cry and show their emotions without being embarrassed.
- ❖ Receive honest and positive feedback.