# **CV Fact Sheet**



# Did you know?

- Some employers don't accept CVs at all instead they use application forms. This
  helps them shortlist applicants consistently and reduces the impact of unconscious
  bias.
- When completing an application form, you are usually asked to sign a declaration confirming your information is accurate. Giving false information could lead to a job offer being withdrawn or dismissal if discovered later.

# Do's and Don'ts of writing a CV:

Do	Don't
<ul> <li>Keep your CV clear and concise, ideally no longer than 2 pages.</li> <li>Use a simple, professional layout with headings, bullet points, and plenty of white space.</li> <li>Tailor your CV to the job: Highlight the skills and experience most relevant.</li> <li>Start with a short summary.</li> <li>List your work experience in reverse order (most recent first).</li> <li>Focus on achievements, not just duties; use action words such as developed, organised, achieved.</li> <li>Include transferable skills such as teamwork, communication, and problem-solving.</li> <li>Highlight training, qualifications, or voluntary work.</li> <li>Check spelling and grammar carefully.</li> <li>Save and send as a PDF (unless otherwise requested).</li> </ul>	<ul> <li>Don't include too much personal information, your name and contact details are sufficient. Giving further information can lead to unconscious bias in the shortlisting process.</li> <li>Don't use fancy fonts, colours, or graphics, keep it simple and professional.</li> <li>Don't write long paragraphs, bullet points are easier to scan.</li> <li>Don't list the details of every job you've ever had, focus on the most relevant and recent.</li> <li>Don't exaggerate or make false claims.</li> <li>Don't send the same CV every time, use the job description and person specification to adapt your CV for each role.</li> <li>Don't forget to include up-to-date contact details. Don't leave unexplained gaps, mention voluntary work, caring responsibilities, or study.</li> </ul>

#### **YOUR NAME**

you@emailaddress.com Mobile: 00000 000000

#### **EMPLOYMENT HISTORY**

### **Key Achievements**

Share 3 – 4 achievements you are proud of and with which you can demonstrate developing your skills / how you have made a positive impact / creative problem solving skills.

## Job Title - Organisation (current or most recent role)

Brief explanation of your role. This includes:

- List key responsibilities of your role
- •

## **Key Achievements**

- List any specific achievements
- •

#### Job Title - Organisation

Give a brief overview of your roles, responsibilities and any key achievements. Keep this to one paragraph.

\*reuse this format for your previous 5 – 10 years of employment

## Job Title - Organisation

Responsibilities: list responsibilities using; to separate rather than a bullet point list

#### **QUALIFICATIONS**

List your qualifications here

## **TRAINING**

Give details of any other training you have undertaken here

#### **HOBBIES**

**Only use** this section and give details of hobbies if they **demonstrate a skill** in which a potential employer will be interested.

#### **REFERENCES\***

Name Email Relationship to you Name Email Relationship to you

<sup>\*</sup>Do not give out personal details without first checking your referee is happy for you to do so. It is also acceptable to write **Available on Request** if you do not yet wish to share these details.