



# Personal Trainer/ Instructor Employment Application

Applicant Name: \_\_\_\_\_ Date: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_  
Street City State Zip Code

Phone ( ) \_\_\_\_\_ or ( ) \_\_\_\_\_ Are you over the age of 18? Yes \_\_\_ No \_\_\_

Presently Employed Y/N, at \_\_\_\_\_ When are you available to start work? \_\_\_\_\_

Type of work desired? \_\_\_\_\_ Wage expected? \_\_\_\_\_

Are you looking for seasonal or year-round work \_\_\_\_\_ Are you bringing current clients Yes \_\_\_ No \_\_\_

Hours Available: Sunday \_\_\_\_\_  
Monday \_\_\_\_\_  
Tuesday \_\_\_\_\_  
Wednesday \_\_\_\_\_  
Thursday \_\_\_\_\_  
Friday \_\_\_\_\_  
Saturday \_\_\_\_\_

Personal References (Please list three persons, not relatives or former employers, who have known you for at least two years)

Name:	Address:	Phone:	Relationship:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Are you CPR Certified? Y/N Are you insured? Y/N Are you training elsewhere? Y/N

How long have you been instructing? \_\_\_\_\_

What are your current certifications in: \_\_\_\_\_

List your three greatest strengths related to your employment habits:

\_\_\_\_\_

List your three greatest weaknesses as related to your employment habits:

\_\_\_\_\_

List three characteristics you would like to find in your immediate supervisor:

\_\_\_\_\_

List your hobbies and any additional activities that you feel would be helpful in connection with your employment at the club:

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Describe any positions you have had where you were responsible for the supervision of others:

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Are you presently, or have you ever been a member of a fitness, or health club? Yes\_\_\_\_\_ No\_\_\_\_\_

**Education**

NAME/CITY/STATE

YEARS ATTENDED

GRADUATED

MAJOR/DEGREE

High School:\_\_\_\_\_ Y/N\_\_\_\_\_

What year did you graduate?\_\_\_\_\_

College:\_\_\_\_\_ Y/N\_\_\_\_\_

What year did you graduate?\_\_\_\_\_

Business or Trade:\_\_\_\_\_ Y/N\_\_\_\_\_

What year did you graduate?\_\_\_\_\_

**Information**

Have you ever been convicted of a crime? Y/N If so, What?\_\_\_\_\_

Name of friends/relatives working at the club:\_\_\_\_\_

Contact in case of emergency: \_\_\_\_\_ Number ( )\_\_\_\_\_

Where was your longest job?\_\_\_\_\_

Immediate Supervisor:\_\_\_\_\_ Number ( )\_\_\_\_\_

Eligible for rehire? Yes \_\_\_\_ No \_\_\_\_ Reason for leaving?\_\_\_\_\_

Job Duties:\_\_\_\_\_

***Please attach your resume and any other credentials that will assist in the hiring process.***

The answers to the foregoing questions are true to the best of my knowledge. I Realize that falsification of any of my responses could result in immediate dismissal, if I am hired. I hereby authorize Peaks Athletic Club to contact my past or present employers. My present employer may\_\_\_\_ may not\_\_\_\_ be contacted. I give my consent to

Peaks

