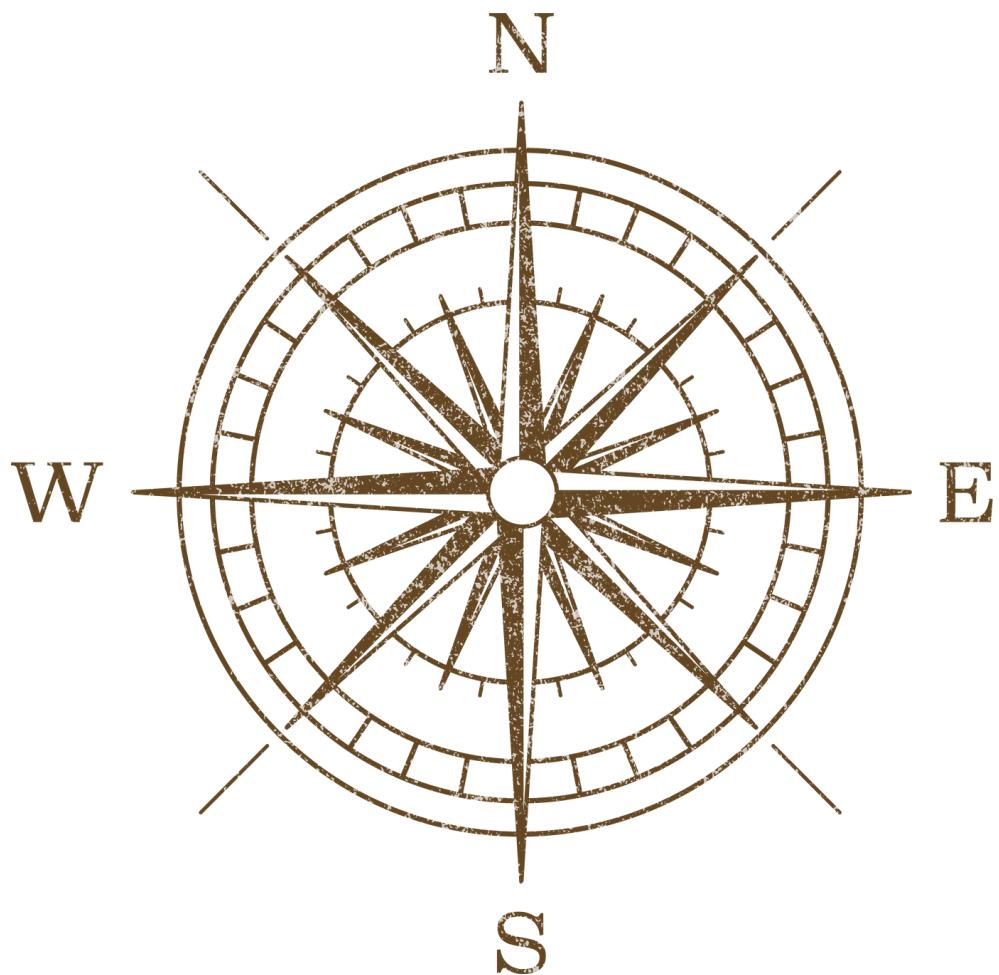


THE BETTER BY INTENT WORKBOOK

A Guided Journal for Clarity, Peace and Self-Respect



Better By Intent – One Day at a Time