

#29 – THE MONEY CAUSE → EFFECT GUIDE

Five questions to reveal the math of your financial choices.

Fiscal responsibility is pure cause and effect.

No emotion, no morality – just math.

This tool helps you see the financial trajectory behind each choice.

1. Is this purchase a relief, a reward, a reaction, or a requirement?

The *why* determines the long-term effect.

Your thoughts: _____

2. Does this expense build my future, maintain my present, or sabotage both?

Every dollar is a directional arrow.

Your thoughts: _____

3. What long-term effect will repeating this spending pattern create?

Money patterns compound –

good and bad.

Your thoughts: _____

4. Is this choice supporting the life I want... or an identity I want the world to validate?

Most financial chaos is emotional – not numerical.

Your thoughts: _____

5. If I paused for 24 hours, would I still want to spend this money?

Clarity respects time.

Impulse does not.

Your thoughts: _____

FINAL REMINDER:

Your financial future isn't built on big decisions –
it's built on individual moments repeated consistently.