

PRE-GAME

Strategic Moves For Building a Winning Life



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Chapter 1. Faith – Your First Principle

Success begins with faith. Before any strategy, any coach, or any goal, you must believe in yourself, in your path, and in the possibility of achievement. Faith brings hope to your present and power to your future. It's the light that guides your actions daily, monthly, and yearly.

Thousands have succeeded in coaching programs. Why not you? There's no logical reason you can't if you believe and act with purpose every day.

Faith is the engine behind every decision, every movement of body and mind. It's not just a feeling; it's the first principle of power and dominion. When you break success down to its fundamentals, faith is always the starting point. This is first principles thinking: stripping away assumptions and building from the most basic truths. And the most basic truth is this: faith precedes all achievement.

That's why this chapter comes first. Faith is your superpower. It's the foundation of sovereignty, which is the ability to act with authority and intention in your own life.

Power is the capacity to act. You have it. You can design your life, make choices, and move toward your goals with laser focus. You are the authority. Use it.

Dominion means sovereignty, control over your territory. Your life is that territory. You are meant to lead it. Set the mental programs that guide you. Choose your actions daily. Be the agent of your own success.

Faith, power, and dominion, these are your tools. Use them. Let's see what you can build.

Faith in Action

Before you pursue any goal, real estate or otherwise, understand this: you were designed with the power to act. You are the sovereign of your life. No excuses, no outsourcing. Your results are your responsibility.

Your life is your kingdom. Protect it. Doubters and distractions will try to breach your walls daily. Don't let them. Stay focused. Stay faithful.

Faith is your fuel. It's the power behind your thoughts, actions, and responses. Many people give away their authority by letting others define their limits. Don't be one of them. Serve others, yes, but never surrender your vision. If you're in a program or bootcamp, do the work. Read the materials. Complete the assignments. Faith will help you reason from first principles and reverse engineer any challenge. You'll find a way forward.

Most coaching programs are solid. They offer proven steps, helpful manuals, and experienced mentors. But none of it matters unless you believe you can succeed. Faith is what turns information into transformation.

“Your future is as bright as your faith.”

—Thomas S. Monson

This isn't just a quote; it's a blueprint. Visualize your goal. Believe you belong in the winner's circle. Then take relentless action. That's faith in motion.

Meet Tom

Tom was deeply impacted by our conversation about power and dominion.

Something shifted in him clarity hit hard. He realized he'd been sabotaging himself, living in doubt instead of faith.

That day, the flame was lit. He saw that real change especially financial was within his reach. He had the power to act, and it was up to him to lead the charge.

Tom transformed. He moved with purpose, clarity, and conviction. And yes, he bought his first investment property. That moment sealed it. Faith had become his foundation, and he never looked back.

Whether it's real estate, stock trading, weight loss, or coding, success starts with belief. Everything you see around you began as a thought. Faith turned it into reality.

Wondering if there's a flexible seller in your area? Of course there is. Thousands have done it. So can you. Faith gives you certainty. Action makes it real. Quitting is a choice. Victory is too.

Faith doesn't discriminate. It doesn't care about your background, your politics, or your car model. It's available to everyone. If you choose to act in faith, miracles happen. Life improves.

Believe in yourself, your coach, and your curriculum, even if no one else does. Clients who embraced this mindset became unstoppable. They knew that if others could succeed, they could too. Faith is the great equalizer.

So, what is faith? It's complete trust or confidence in yourself, your guide, your process. It's the antidote to doubt. It's the light that powers your progress.

Faith gives you momentum. It's the spark that launches your day and the force that sustains it. It brings clarity, energy, and resilience. It creates miracles, progress, execution, and consistency.

Unbelief is toxic. It halts growth. Faith, on the other hand, aligns you with your purpose. It's how you expand, evolve, and become who you were meant to be.

Faith makes you responsible. No one else can do it for you. The person in the mirror holds the key. I've seen this firsthand. Clients who embraced faith saw dramatic shifts from week one to week six and beyond. They became confident, capable, and committed. They spoke to their mountains and moved them.

Faith isn't just spiritual. It's practical. It's a principle of power and dominion. You don't need religion to use it. You just need to act in faith.

Faith is the secret weapon most people overlook. But when applied, it transforms lives. It cures doubt, breaks old patterns, and unlocks potential.

You were meant to grow. To achieve. To become. Faith is how you get there.

Faith Over Doubt

If not faith, then what? Doubt won't get you there. It stalls progress, breeds fear and leaves you sinking in place. Faith, on the other hand, has fueled generations of achievement. Believing that your efforts will be rewarded with results is a proven principle.

Faith and doubt cannot be present in you at the same time.

When you feel like quitting, lean into faith. We've all been there, staring down a tough call, a first offer, a new venture. Faith gets you through. Others have succeeded. Why not you?

Faith helps you write that second offer. It gives you confidence in your due diligence. And when things don't go as planned, faith helps you pivot, restructure, and press on. Relentless pursuit backed by belief; that's how deals get done. When progress feels slow, whether in real estate, fitness, or business, ignite even a particle of faith. Inch by inch, degree by degree, you'll move forward. Faith gives you power and authority over your path.

Watch your life bloom from unseen thought to visible action. Faith transforms ideas into reality. It brings clarity, meaning, and momentum. You'll discover who you truly are and what you're capable of.

Don't let others drown out your belief. Your potential begins with faith and ends when doubt takes over. Stay the course, even when chaos surrounds you. Drive through it. Wave at the doubt as you pass by.

Be patient. Be believing. Increase your effort daily. Faith will carry you to the finish line.

Choose faith. It will always yield more than doubt. Doubt paralyzes. Faith propels. When you cast out doubt and replace it with belief, you unlock progress. But you can't be double-minded. A flickering flame of faith won't bear fruit if it's smothered by uncertainty.

Light drives out darkness. Faith drives out doubt. If you don't make that shift, your actions will lack conviction, your commitment will falter, and your progress will stall. Don't live lukewarm. Choose faith and give yourself a real shot at success.

Doubt often disguises itself as logic: I've never done this before. I don't belong here. Don't let those thoughts take control. Every great achievement began as a single idea, an unseen spark of belief.

Look around you. Your home, your neighborhood, your country. Every structure, system, and invention began as a thought. Skyscrapers, smartphones, airplanes, companies, even quantum computers were once just ideas. Someone believed, acted, and iterated until they became real. That's faith in action.

Faith is the power to create. It's how you move from the invisible to the visible. But your heart must be in it. You need a willing mind, ready to act and follow through.

Meet Tina

Tina was in her 70s. She'd never owned a home—always rented—and had no college degree. For most of her life, she believed she wasn't smart enough to succeed, especially compared to those with formal education.

When she joined the program, doubt clouded her every step. The manuals felt overwhelming. But she showed up, shared her fears, and let me walk beside her. I was all in—and she knew it. We were a team, and I wasn't letting go.

Some weeks were tough. I wanted her to win so badly. As I taught her about faith—not just as a concept, but as a personal power—something shifted. She began to believe. First in herself, then in the process.

She learned the math. She grasped how to do a cash flow analysis. She grew confident with sellers, asked sharp questions, and acted on the answers. She even mastered writing purchase contracts.

And then—she bought a four-plex. Moved into one unit. Became a homeowner at 70.

Tina didn't just buy property. She claimed her power. She exercised faith. And she changed her life.

I've seen this firsthand. Clients who embraced this principle, who let me teach them what wasn't in the manual, saw greater success. Faith made the difference. It always does.

So, try it. Experiment with faith. Apply it to your goals. Watch what happens. You'll accomplish more than you thought possible because faith multiplies effort, sharpens focus, and turns dreams into results.

Faith Game Plan: Your Daily Power Play

1. Lead with Faith.

Faith is the first principle of power and dominion. Exercise it daily. Power will follow.

2. Own Your Authority.

You have the power to act with purpose each day. You are the sovereign of your life. Take charge.

3. Believe in Yourself and the Process.

Trust your abilities, your targets, and your coach if you have one. Faith fuels forward motion.

4. Let Faith Brighten Your Future.

Your future is as bright as your faith. Let that truth give you hope and certainty every day.

5. Stack Wins with Faith.

Faith produces daily miracles. Build momentum by stacking progress inch by inch, day by day.

6. Choose Faith Over Doubt.

Faith and doubt can't coexist. Be believing. Don't be double-minded. Clear the space. Choose faith every time.

Faith gives you the vision. But identity gives you the vehicle. Once you believe something is possible, you must become the kind of person who can carry it out. Let's talk about who you're becoming, and why that drives everything you do.