

EXL Life and Herbs Nutraceuticals



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The Story

When did it all start?

It all started with US Filipino Veteran Medic, Agriculturist and Botanist, Mr. Isidoro B. Bringas.

And later founded by Mrs. Annabelle Bringas-Sotto.

His innate passion to help the sick and wounded Filipino Guerillas during the WWII led him to formulate an effective herbal formula.

With the scarcity of synthetic medicine during the war, God had given Isidoro the wisdom to create a herbal formula consisting of the synergy of Makabuhay plant and other herbs.



The Story

When he died in 2004, his children took some of his precious belongings to remember him. Isidoro's bible went to one of his daughters, Annabelle Bringas – Sotto.

Annabelle saw the formula written in a note that's hidden in a Bible, and realized that her father kept the note there for a long time.

In 2016, Annabelle conceived the idea of creating a line of herbal products using her father's formula. With her husband, Mario Angelo Sotto, the couple started their endeavor together.



PERMITS AND LICENSES

Republic of the Philippines
Department of Health
Food and Drug Administration
Civic Drive, Filinvest Corporate City
Alabang, Muntinlupa City



LICENSE TO OPERATE

is hereby granted to

Food Trader

EXL LIFE AND HERBS NUTRACEUTICAL CORPORATION

337-B STA. MONICA ST., STO. NIÑO, BRGY. BUHANGIN, Davao City, Davao del Sur

Owner: **EXL LIFE AND HERBS NUTRACEUTICAL CORPORATION**

License Number: **CFRR-RXI-FT-122488**

Application Type: **Variation**

Additional Activities: **N/A**

Date of Issuance: **28 October 2021**

Validity of License: **2023-11-07**



This LTO shall be renewed within **90 days** before its expiration, upon compliance with relevant laws, rules and regulations and the payment of fees. This LTO may be suspended, cancelled or revoked by this Office for cause if found violating RA 9711 and related issuances.

Furthermore, with this LTO, the FDA allows the establishment to apply for a market authorization [i.e. registration (CPR) or notification] for health products prior to manufacture, importation, sale or offer for sale, distribution, transfer and advertisement as the case may be.

ROLANDO ENRIQUE D. DOMINGO, MD
Director General

This electronic-LTO (eLTO) is computer generated and does not require signature

Republic of the Philippines
Department of Health
FOOD AND DRUG ADMINISTRATION
Civic Drive, Filinvest Corporate City, Alabang, Muntinlupa City



FDA Registration No.: **FR-400003163991**

CERTIFICATE OF PRODUCT REGISTRATION
(High Risk Food Product)

Pursuant to the provisions of Republic Act No.3720, otherwise known as the Food, Drugs and Devices, and Cosmetic Act, as amended by Executive Order No. 175, and Republic Act No. 9711, otherwise known as the Food and Drug Administration Act of 2009, and other applicable laws, rules and regulations, the registration of the High Risk Food Product described hereunder is granted approval.

Product Name: **HERBAL WITH VITAMINS C, B1, B6, B12 FOOD SUPPLEMENT CAPSULES (Registered as Food Supplement with NO APPROVED THERAPEUTIC CLAIMS)**

Brand Name: **MAKABUHAY PLUS**

Packaging: **Blister Pack (Blister Packed x 10 capsules per flap pack in individual box 3 flaps in a box)**

Company Name: **EXL LIFE & HERBS NUTRACEUTICAL**

Company Address: **337 STA MONICA ST., STO NIÑO O, BUHANGIN, DAVAO CITY, PHILIPPINES**

Company LTO: **CFRR-RXI-FT-16**

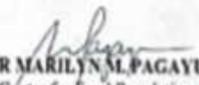
Manufacturer Name and Address: **HALE AND HEARTY HERBACEUTICALS, INC., 994 TUGBOK, DAVAO CITY**

The company hereby ensures that they shall respond and cooperate fully with the FDA with regard to any subsequent post-marketing activity initiated by the FDA. Further, the company shall be responsible for ensuring that each batch/lot of the product continues to meet all the legal requirements, and conforms to all the standards and specification of the product declared to the FDA, including compliance to the list of obligations enumerated at the reverse side of this document.

The authorization is subject to suspension, cancellation, or recall should any violation of FDA laws, and its implementing rules and regulations, involving the product be committed.

Issued on **17 August 2018** and valid until **17 August 2023**.

BY AUTHORITY OF THE DIRECTOR GENERAL


PILAR MARILYN M. PAGAYUNAN
Director IV, Center for Food Regulation and Research

Remarks: On the label, declare the nutrition information in prescribed format (separate the list of ingredients from the nutrition information).

FDA-0335281

Republic of the Philippines
Department of Health
Food And Drug Administration
Civic Drive, Filinvest Corporate City, Alabang, Muntinlupa City



Notification of Cosmetic Product

Pursuant to the existing rules and regulations of the Food and Drug Administration (FDA) for the notification of cosmetics, the product notification is hereby acknowledged.

Cosmetic Notification Number: **NN-1000003221874**

Validity: **13 June 2021**

Particulars of the Product

Brand Name: **Exl Makabuhay VCO+**

Product Name: **All-In-One Skin Care Oil**

Variant: **Not Applicable**

Particulars of the Manufacturer

Name of the Manufacturer: **Exl Life and Herbs Nutraceuticals**

Address of the Manufacturer: **337-b Sta. Monica St. Sto. Nino St. Buhangin, Davao City Philippines**

Country of Manufacture: **Philippines**

Particulars of the Local Company Responsible for Placing the Product in the Market

Name of the Company: **Exl Life and Herbs Nutraceuticals**

Address of the Company: **337-b Sta. Monica St. Sto. Nino St. Buhangin, Davao City**

LTO Number: **3000001336567**

The product is allowed to be sold in the local market subject to compliance with the requirements of the ASEAN Cosmetic Directive and the FDA laws, and its implementing rules and regulations. This notification should not be taken as a guarantee and/or endorsement of the safety, quality, and claimed benefit of the product. Any subsequent changes to the information submitted in this notification will render this notification invalid and a new notification will have to be submitted.

The company hereby ensures that they shall respond and cooperate fully with the FDA with regard to any subsequent post-marketing activity initiated by the FDA. Further, the company shall be responsible for ensuring that each consignment of the product continues to meet all the legal requirements, and conforms to all the standards and specifications of the product declared to the FDA.

This authorization is subject to suspension, cancellation, or recall should any violation of FDA laws, and its implementing rules and regulations, involving the product be committed.

BY AUTHORITY OF THE ACTING DIRECTOR GENERAL


Rolando Enrique D. Domingo, MD
Director IV, Center for Cosmetic Regulation and Research

The Importance of Food Supplement

01 Provides additional essential nutrients of vitamins, minerals, protein and fiber from natural therapeutic plant based sources.

02 Commonly used to aid longer life.

03 Serves as energy booster & for the body.

04 Ensures that the extracted nutrients from the food sources are easily absorbed by the body's digestive system.



EXL LIFE & HERBS
NUTRACEUTICAL

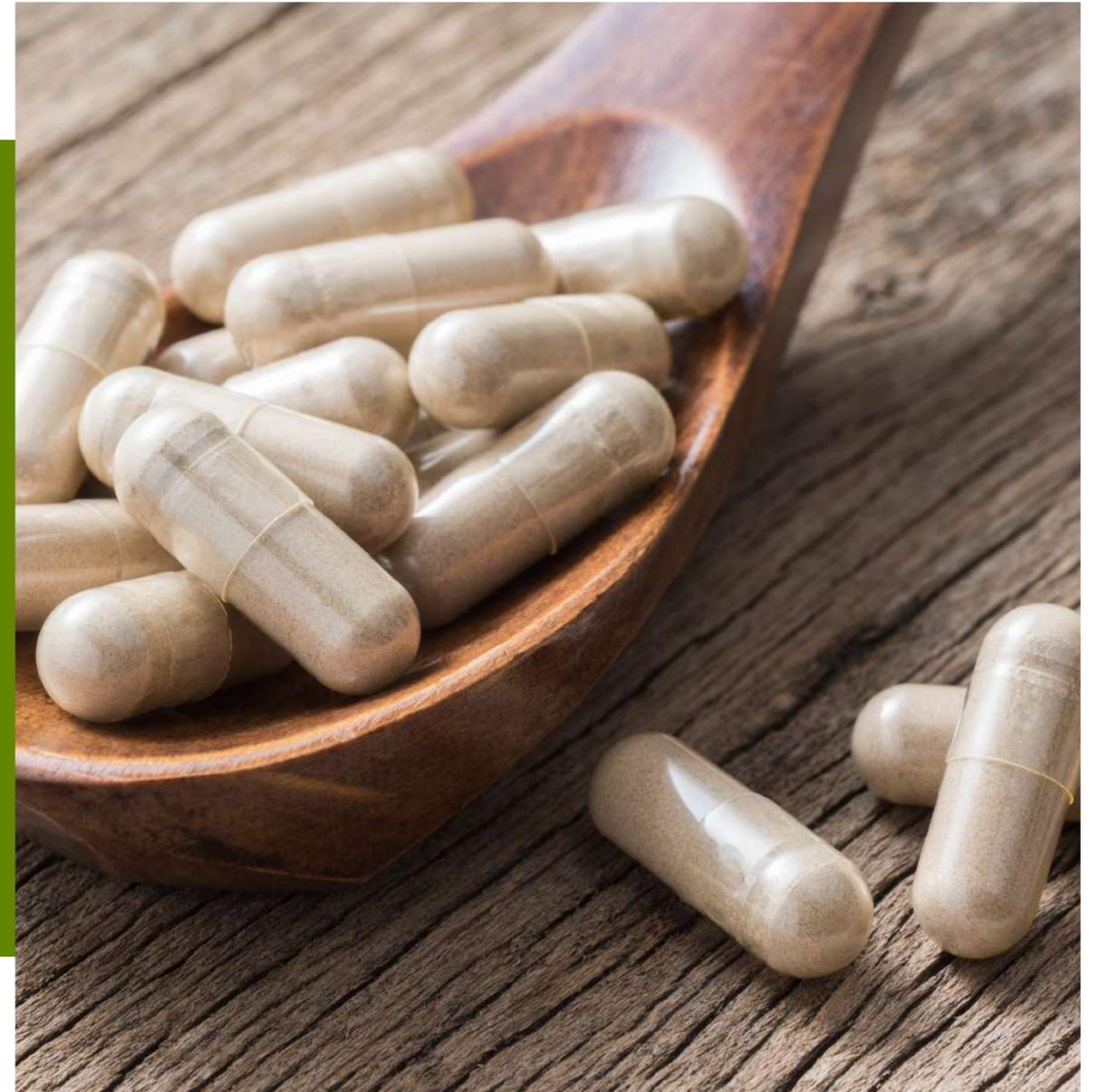
EXL Makabuhay Plus Dietary Supplement



■ A dietary supplement concentrate of Vitamins and 100% Natural Botanical Blends! This capsule are currently doing wonders and miracles to the community through its healing properties.

■ It contains ingredients that are known to have anti-diabetic, anti-hypertensive, anti-cholesterol, anti-viral, anti-malarial, anti-fungal, antibiotic properties and cancer killing properties.

■ Most of all, it has Bioperinethat enhances nutrient absorption by increasing your metabolism and thermogenesis.



ACTIVE INGREDIENTS



MAKABUHAY ELIXIR
helps overall wellness



ASHITABA
supports a healthy
digestive system



NEEM
longevity & vigor



MALUNGGAY
body toxifier



GUYABANO
cancer healer



GARLIC
prevents heart disease



TURMERIC
supports healthy
inflammation response



GINGER
regulates blood pressure



LAGUNDI
aids respiratory problems



OREGANO
supports oral health



BIOPERINE
increases nutrient
absorption



CINNAMON
helps manage weight



MANGOSTEEN
rich in antioxidants



**VITAMIN C B1, B6
AND B12**
strong immunity defense
better sleep and
nerve response

MAKABUHAY

(Heavenly Elixir)

- Promotes healthy blood sugar level and helps normalize blood pressure.
- Helps decrease the risk of having oral, colon, and stomach cancer.
- Help support healthy lungs &
- overall wellness.



ASHITABA

(Angelica sinensis)

Helps support a healthy immune response to an optimum level. It helps heal heartburn/ hyperacidity/ GERD.



GARLIC

(Allium sativum)

Helps support a healthy heart.
It has antibacterial, anti-fungal,
and anti-viral properties.



GINGER

(Zingiber officinale)

It has CAMPHEN that relieves indigestion, bloating, flatulence, vomiting, loss of appetite and nausea.

Ginger is loaded with antioxidants, compounds that prevent stress and damage to your body's DNA. They may help your body fight off chronic diseases like high blood pressure, heart disease, and diseases of the lungs, plus promote healthy aging.



TURMERIC

(Curcuma longa)

Helps support a healthy inflammation response.

It is best for Rheumatism, Arthritis, and other body Inflammations.



HORSERADISH TREE

(Moringa olfeira)

- Nature's superfood.
- Promotes healthy digestion and mental alertness.
- Support glutathione production, the "detox antioxidant", that helps eradicate free radicals for a healthier liver.



NEEM

(Azadirachta indica)

- Helps decrease the risk from cardiovascular diseases
- For longevity
- It stimulates appetite
- It is a strong anti-oxidant that helps treat psoriasis and other skin conditions.



SOURSOP

(Annona muricata)

- Helps decrease bad cholesterol level
- Normalizes blood sugar level and high blood pressure
- It is also a cancer killer food.



VITAMIN C

(Sodium Ascorbate)

- Helps boost healthy body defenses (antibodies) against infections.



OREGANO

(Origanum vulgare)

- Contains chemicals that might help reduce cough
- Helps with digestion and with fighting against some bacteria and viruses
- People use oregano for wound healing, parasite infections,



MANGOSTEEN

(Garcinia mangostana)

- Rich supply of nutrients, fiber, and unique antioxidants
 - Reduce your risk of inflammatory diseases, such as cancer, heart disease, and diabetes
 - Potential to aid weight loss
- Good source of fiber



BIOPERINE

(Black pepper extract)

- Rich supply of nutrients, fiber, and unique antioxidants
 - Reduce your risk of inflammatory diseases, such as cancer, heart disease, and diabetes
 - Potential to aid weight loss
- Good source of fiber



LAGUNDI

(Vitex negundo)

It has B-CARYOPHYLLENE that is used for the treatment of colds, fever, flu, chronic bronchitis, pharyngitis and other respiratory problem.

It can also treat skin diseases such as dermatitis, scabies and eczema.



Listed by the Department of Health (DOH) as one of the herbal plants that has been tested and clinically proven by their medicinal value.

CINNAMON

(*Cinnamomum verum*)

Cinnamon is loaded with powerful antioxidants, such as polyphenols.

It also helps your body fight infections and repair tissue damage.

Cinnamon can dramatically reduce insulin resistance, helping this important hormone do its job.



Ideal Dosage

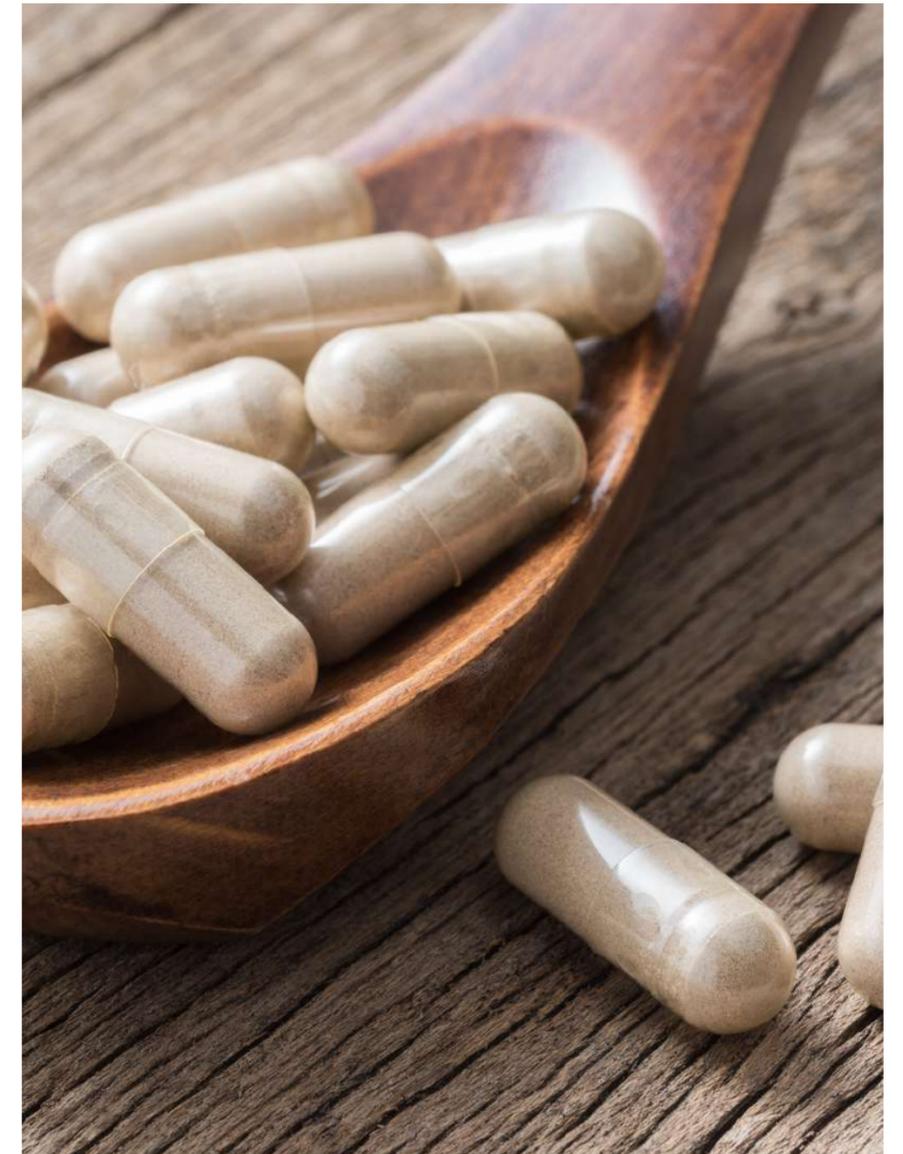


Recommended Dosage:

- Adult – 1-2 capsules a day, 20-30 minutes before meal or 1 hour after meal as a Food Supplement with a big glass full of warm water or mixed with Calamansi juice without sugar

For Moderate to Illness:

- 2 capsules in the morning and evening before meal as a food supplement 20-30 minutes before meal or 1 hour after meal until needed with a big glass full of warm water mixed with Calamansi juice without sugar



Testimonials

EXL Makabuhay Dietary Supplement



SALOME BACUS

She is from Cebu who arrived in Lanang Davao last March 2020 in wheelchair. With the help of EXL Makabuhay Plus Capsule, she testified that she's finally able to walk and move without the assistance of her grandsons.



< indang soping calinan exl testi... >

Gud pm, mam nagpasalamat jud ko sa macabuhay plus kay akong bana grabe nga suka gipainom nako macabuhay 3times a day salamat sa lord nga naayo ug wala na mag suka karon naka trabaho na jud mam. Asta akong mama gi pa take nako naka ingon akong mama nga nawala ang mga kakapoy niya hangtod karn maayo na iyang 2log 9l yrs old. Napo akong mama maglo2 pa jud mang laba pa. Salamat nanav sunina.

Text

Nagpapasalamat po ako sa EXL Makabuhay Plus Capsule dahil sa loob lamang ng tatlong araw, naging mabuti na po ako pakiramdam ng asawa ko na panay ang suka. Pati po ang aking nanay na 91 yrs. old, umiinom na rin ng EXL Makabuhay Plus Capsule dahil nakakatulong raw ito sa mga sakit niya sa katawan. Maraming Salamat po!

**NANAY SOPING
EXL Makabuhay Plus User**





Mary Jane Kuinisala

Since ginagamit namin ito with my husband and son sa awa ng Dios di kami inuubo sinisipon. Pag pagud at masama ang pakiramdam iinom lng kami masigla na agad ang pakiramdam. Katulad ko na may hypertension, mataas ang uric acid at cholesterol madalas masama ang pakiramdam. Iniinoman ko lng agad ok na ako. Ang asawa ko na may GERD di na umaataki. Lalo na pandemic ngayon di maiwasan na lumalabas kami dahil mamalingki, bago kami umalis umiinom muna kami ng makabubay plus. Sobrang laki ng tulong. Kaya lagi kong sinisiguro na meron Makabuhay lagi. ❤️❤️❤️❤️

Katulad ko na may hypertension, mataas ang uric acid at cholesterol, madalas masama ang aking pakiramdam. Iniinoman ko lang ng EXL Makabuhay Plus Capsule, nagiging okay na pakiramdam ko.

MARY JANE KUINISALA
EXL Makabuhay Plus User



Wed 3:40PM

AKO C LUCY MEJARES PO
NGPOYO SA DPLOG SANTA
ISABEL PUROK 1 AKO PANG
LAWAS DAGHN AKO GEBATE
PAG KADUNGOG NAKU SA
MAKABUHAY PLUS NGPALET
KO BASEN MAKATABANG SA
TANAN NAKU BALATE AN KY
DAGHN KO GE ENOM NGA
MGA TAMBAL MAKABUHAY
LNG NAYAHAY AKUNG
NARAMDAMN NGA MAAYO
NA AKUNG PAGBAWAS OG
PGKATOLOG HANGTOD RON
NGCGE LANG GEHAPON KO
ENOM MAAM KY LAME NA
AKUNG KAON OG DAGHN
NAKU MAHEMO MAAM

Wed 3:56PM

*Madami po ako sakit sa katawan kaya
madami na din ako sinubukan na gamot.
Pero ang EXL Makabuhay Plus Capsule lang
ang nakatulong sa aking pakiramdam.
Maayos na po ang pagbawas ko at pagtulog.
Malakas na din po ako kumain.
Salamat EXL Makabuhay Plus!*

LUCY MEJARES
EXL Makabuhay Plus User





EXL Makabuhay Skincare Products



EXL Makabuhay Skincare Oil

This oil is infused with natural and herbal extracts, deeply moisturizes and nourishes the skin, scalp and hair.

01 Benefits

- Wound healing
- Anti Inflammatory
- Aromatherapy
- Helps restore Skin Complexion
- Helps remove Stretch Marks
- Helps with hair growth
- Eradicate pimples
- Induced sleep
- Melt away body tensions
- Relieves muscle ache

It can also be used as

- Mosquito repellent
- Moisturizer
- Beauty Oil



Testimonials

EXL Makabuhay Skincare Oil



I started using makabuhay skin care oil when my pimples broke out. A friend gave it to me so I used it. After two weeks naglessen ang pimples ko kaya up to now I'm still using it. Thanks to this incredible product.

Geraldine Magdadaro
Flight Attendant, Qatar Airways

Proud EXL
Skincare User



Gabriele Raine Baljak
Good morning Miss Anne,
This is what happened to me last week and still in recovery, https://youtu.be/n_UK0WFmWVs.

After the inflammation and bloated skin swelled down, some open liaisons and skin started to flake and peel.

That's where the Makabuhay oil helped a lot! Especially the Minty sensation helped me manage the itchy feeling.

Gabriele Raine Baljak
Miss Cebu 2016
Model/Fitness Enthusiast

Proud EXL
Skincare User

EXL Makabuhay Skincare Rub

This therapy rub is made from 20 powerful and active ingredients that treats damaged skin such as:

01

- Eczema
- Dry Patches
- Scabies
- Skin Allergies
- Acne/Pimple

It also helps soothe

- Cough
- Colds
- Flu

This product has brought wonders to the community through it's healing power as seen in their testimonies and online blogs.



Testimonials

EXL Makabuhay Skincare Rub

The EXL Makabuhay Skin Care rub have treated different skin problems such as Acne breakouts, skin reaction due to food allergy and scabies.

EXL **MAKABUHAY VCO**
Testimonies from our happy customers



From a customer in Nabunturan, Compostela Valley
"NIHAMIS GYUD AKONG DAGWAY MAAM!"

Kini isa ka testimonya sa batan-on nga lalaki nga taga Mainit, Nabunturan, Compostela Valley. Ang akong panit napuno sa mga bugas-bugas 2 ka semana ang milabay ug karon nagsugod kini sa paghawani!



EXL **MAKABUHAY VCO**
Testimonies from our happy customers

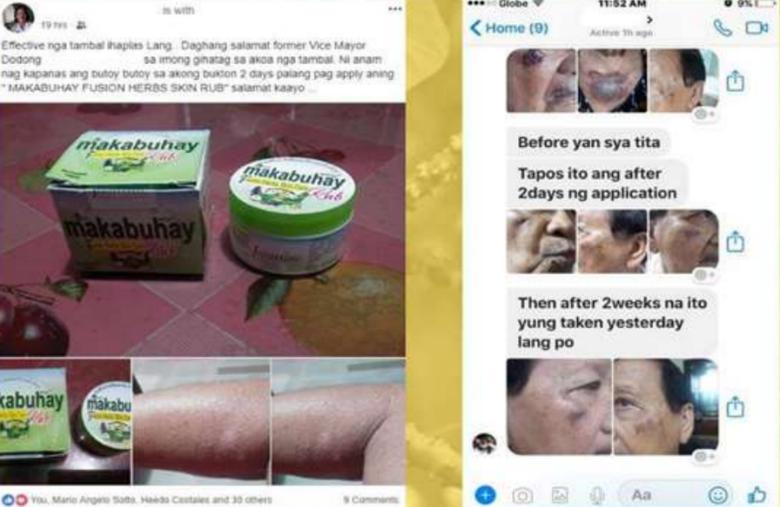


From a customer in Davao Del Sur,
"MAKAWALA GYUD UG ALLERGY!"

Mao kini ang gibutyag sa isa ka inahan sa Davao Del Sur human kini haplasi ang anak ug **MAKABUHAY FUSION HERBS RUBS** pag tukar sa allergy gumikan sa pagkaon ug alimango.



EXL **MAKABUHAY VCO**
Testimonies from our happy customers



Effective nga tambal ihaplas Lang. Daghang salamat former Vice Mayor Dodong sa imong ginatag sa akon nga tambal. Ni anam nag kapanas ang buloy buloy sa akong bukton 2 days paing pag apply aning "MAKABUHAY FUSION HERBS SKIN RUB" salamat kaayo...

Before yan sya tita
Tapos ito ang after 2days ng application

Then after 2weeks na ito yung taken yesterday lang po



EXL **MAKABUHAY VCO**
Testimonies from our happy customers



From a customer in Davao City
"DUGAY NAKO NIAKTOS MAAM KARON NAWALA GYUD ANG AKONG KAGID!"

Isa ka customer na dugay na nagantos sa sakit na scabies ang naulian human migamit sa **MAKABUHAY FUSION HERBS RUB!**



Testimonials

EXL Makabuhay Skincare Rub



Published on Jan 5, 2019

How did my skin problem start? Watch how a doctor shits on



Published on Jan 5, 2019

How did my skin problem start? Watch how a doctor shits on a consultant here: https://youtu.be/n_UK0WFmWVs and to help subside and ease my skin reaction, #BaBeBoBsReviews: Makabuhay Lemongrass Rub in this video.

There are prizes given to individuals who follow my www.facebook.com/RaineBaljak www.instagram.com/RaineBaljak

and if you like <https://www.facebook.com/exllifeandhe...>



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The EXL Makabuhay Skin Care Rub was featured in the Youtube Channel of Ms. Cebu 2016 Gabriele Raine Baljak. She tells her story of frustration with the incorrect prescription given for her food allergy and how the Skin Care Rub saved her.

Youtube: BaBeBoBs Beauty & Fitness Consultancy

EXL Makabuhay Skinfood Soap

This 100% natural homemade soap is derived from the synergy of herbs, kojic, glutathione, Vitamin A, Vitamin C and Vitamin E, extracts.

01 Benefits

- Provide skin vitality and radiance
- Tone down sun damaged skin
- Removes acne
- Removes dark spots
- Improve skin elasticity and suppleness
- Removes body odor
- Promote Hair Growth



Usage:

- Face and Body Cleanser
- Shampoo

The Synergy:

20 Active Ingredients found in EXL Makabuhay Plus Oil, Rub and Skin Food Soap

01 PREMIUM GRADE HERBAL FUSIONS

- | | |
|---|-------------------------|
| 01 Makabuhay/Heavenly Elixir (Panyawan) | Lagundi (Vitex Negundo) |
| Moringa | Jasmine |
| Black Turmeric | Ginger |
| Guava Oil | Soursop |
| Akapulco | Sambong |
| | Neem |

02 COLD PRESSED CARRIER OILS

- Virgin Coconut Oil (VCO) (Centrifuged)
- Sunflower Oil

03 THERAPEUTIC AND FOOD GRADE ESSENTIAL OILS

- Lemon Grass
- Lavender
- Rosemary
- Peppermint

03 OTHER INGREDIENTS

- Cocoa Butter
- Raw Yellow Beeswax
- Vitamin E

Virgin Coconut Oil (*Cocos nucifera*)

Contains FATTY ACIDS that boost immune system and metabolism. It burns calories, enhances hair growth, prevents hair loss and has a natural sun protection.



SUNFLOWER OIL

(Helianthus annuus)

It has LINOLEIC ACID that speeds up skin infections' healing. It can lighten scars and dark spots.



LEMONGRASS

(Cymbopogon citratus)

Its Z-CHRAL GERANIOL and LIMONINE have anti fungal, anti inflammatory, anti-malarial and anti bacterial properties. The oil is used as a vaporizer for asthma, flu and colds. It is an insect repellent.



LAVENDER

(Lavandula angustifolia)

It has A-PINEN that can cure insomnia and sleep problems and has a strong anti-depressive sedative and calming properties.



ROSEMARY

(Rosmarinus officinalis)

It improves memory and concentration.
It helps prevent brain aging.



PEPPERMINT

(Mentha piperita)

It contains MENTHOL and MENTHONE that enhances mind relaxation.



COCOA BUTTER (Theobroma cacao)

It softens and moisturizes skin. It removes dark spots, pigmentation, and scars. It helps repair damaged skin.



RAW YELLOW BEESWAX

(Cera alba)

A natural wax produced by honey bees that acts as a perfect tonic and rejuvenating agents for the skin.



VITAMIN E

It is known as anti-aging vitamin that reduces wrinkles, tightens and tones the elasticity of the skin.



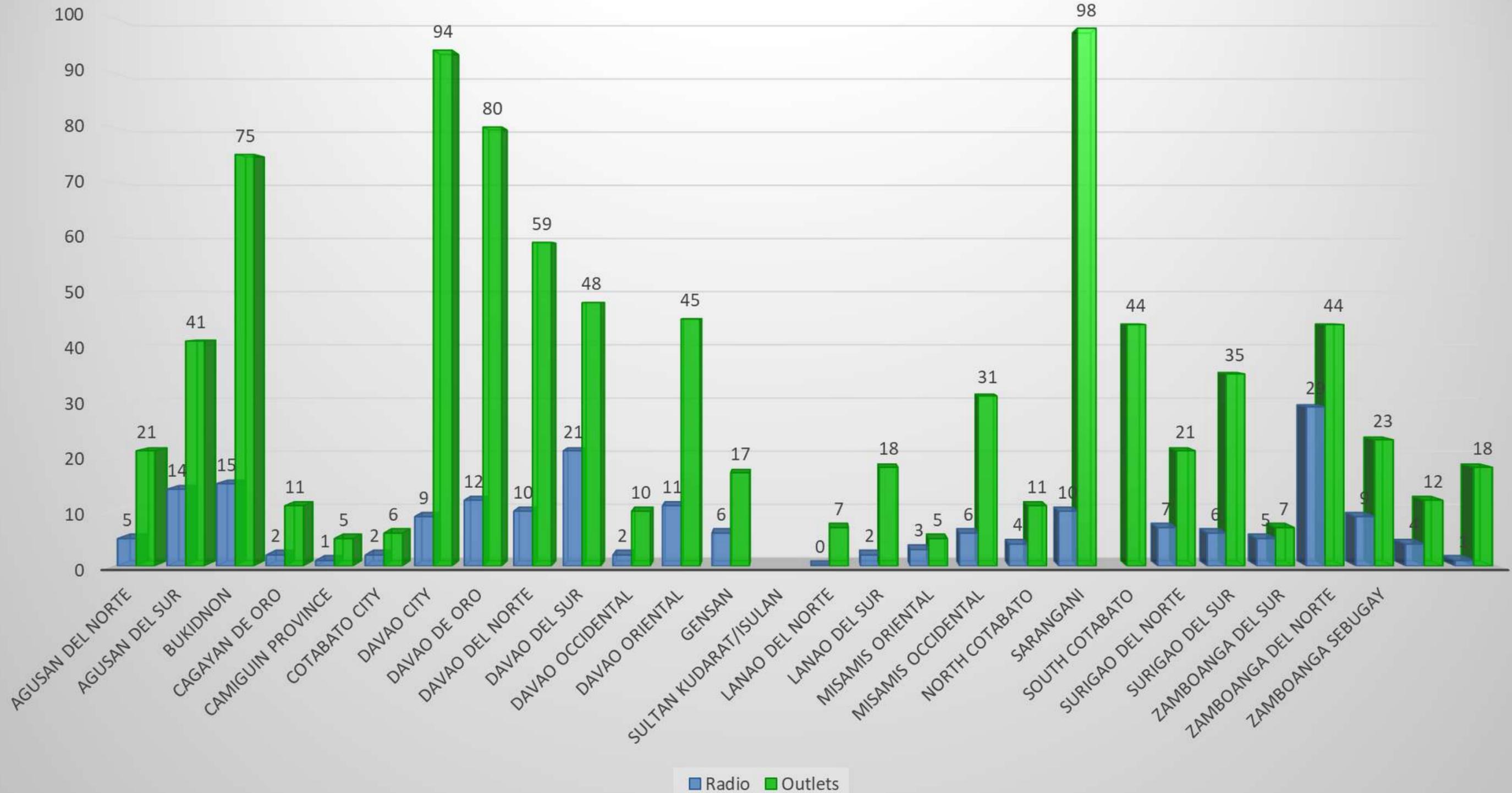


EXL LIFE & HERBS
NUTRACEUTICAL

Performance and Growth



Radio stations and outlets





THANK YOU

We look forward to working with you

CONTACT US



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www.exlmakabuhay.com

