

If This Isn't It... What Is?

A Side B Reflection

You did everything right.

You built the life.

You showed up.

You handled what needed handling.

And yet...

Something feels slightly off.

Nothing is dramatically wrong.

But nothing feels fully right either.

Maybe the kids moved out.

Maybe the relationship shifted.

Maybe your career plateaued.

Maybe you just woke up one day and thought:

“If this isn't it... what is?”

If that question has crossed your mind - even quietly -
this is where we begin.

A FEW HONEST QUESTIONS FOR YOU

What feels different in my life right now?

What role am I quietly outgrowing?

What have I been tolerating that no longer fits?

What am I pretending doesn't matter?

What part of me wants more?

You don't need to reinvent your life.

You need to see it clearly.

If this reflection stirred something in you,

I created a space for us to talk about it – out loud.



Side B Live

Reflect · Rebuild · Rise

Wednesday, March 11 · 7:30 PM EST

A 45-minute guided conversation for women asking:

“If this isn't it... what is?”

You don't have to have answers.

You just have to be willing to look.

Reserve your seat:

bonniesmixtape.com/sideb

Why I Created Side B

I'm not an expert on reinvention.

I'm just a person standing in the middle of a shift.

Side A got me here:

The career. The roles. The identity. The expectations.

And I'm grateful for it.

But Side B? Side B is **mine**.

It's messy.

It's not polished.

Some days it's loud.

Some days it's quiet.

Some days I feel inspired.

Some days I feel untethered.

And I've realized something -

we don't talk enough about this **in-between** space.

The part where nothing is technically wrong...

but something isn't fully right.

So I created a space to figure it out — out loud.

Not as a guru.

Not as someone who has it all solved.

But as a smart, inspired, big-hearted person who believes
we get to decide what the next version of our life looks like.

I've spent years coaching and guiding others through growth.

I have the degrees. The certifications. The professional language for change.

And still — I've stood in my own kitchen and thought:

“If this isn't it... what is?”

Growth looks different when it's your own life.

That's what this space is for.

Side A got me here.

Side B is **my** choice.

And maybe it's **yours** too.