

Young Ladies Success 2024 Free Summer Enrichment Series*

Scan to Register 	June 22, 2024, 1:30-4 PM – Middle School Girls - Life is a Joyful Journey Presenter: Cindy Frazier, CPS, Abilene Recovery Council Program Director for the Prevention Resource Center and Community Coalition Partnership Place: Community Foundation of Abilene, 850 N. 1st St, Abilene, TX "Learn to work through the difficult times, find joy each day, practice intentional self-care, and learn how wellness affects our body, mind, and spirit. Take home a Joyful Journal to see how being intentional in finding the joy in life can help you through those difficult times." Click on the QR Code to register today. Space is limited.
Scan to Register 	July 15, 2024, 11-2 PM - Middle School Girls - Creating Healthy Habits! Presenter: Tara Kinslow, Abilene Minor Grants-TXPAN Grant-Health Administration Specialist Place: Taylor County Public Health District, 850 N 6th St., Abilene, TX "Learn how to make healthy foods for yourself! Build your confidence in different kitchen skills! Prepare meals that can easily be made at home." The session is limited to twenty-five students. To participate, permission forms must be signed by a legal guardian. Click on the QR Code to register today. Then, go to www.yl-success.com to print the forms and bring them to the session.
Scan to Register 	July 22, 2024, 11-2 PM - High School Girls - Creating Healthy Habits! Presenter: Tara Kinslow, Abilene Minor Grants-TXPAN Grant-Health Administration Specialist Place: Taylor County Public Health District, 850 N 6th St., Abilene, TX "Learn how to make healthy foods for yourself! Build your confidence in different kitchen skills! Prepare meals that can easily be made at home." The session is limited to twenty-five students. To participate, permission forms must be signed by a legal guardian. Click on the QR Code to register today. Then, go to www.yl-success.com to print out the forms and bring them to the session.
Scan to Register 	August 3, 2024, 1:30-4 PM – Middle School Girls - "In My Goal-Digger Era" Presenter: Roschine "Rocsi" White, Youth Leadership Coordinator for BCFS Place: Community Foundation of Abilene, 850 N. 1st St, Abilene, TX "Learn how to create a vision board to represent your goals and dreams." Materials will be provided, but feel free to bring your own magazines or stickers. No glitter is allowed. Click on the QR Code to register today. Space is limited.
*By enrolling in the session, parents agree to allow photos to be taken for promotional and educational use. Door prizes and snacks will be provided. Please email Essie Childers at ylsuccessTX@gmail.com if you have any questions.	