



Vol. 1
September '26

YOUNG LADIES' SUCCESS NEWSLETTER

Welcome to the first edition of the Young Ladies Success Quarterly Newsletter! We are excited to bring you a new way to stay connected, inspired, and informed. Each issue will highlight a successful young lady, a success tip, a mindful minute, and upcoming YLS events. Our goal is simple: to encourage young ladies to believe in themselves, discover their strengths, and create pathways for success in school, career, and in life.

Warmly,
Essie Childers, Executive Director

YLS Success Highlight

Anajah Woah



Anajah Woah is a rising senior at Abilene High School. She has been active in YLS for 3 years and serves as a consultant for YLS. Anajah writes for the West Texas Tribune, participates in the Texas Public Service Association Criminal Justice (TPSA), Key Club, and powerlifting.

Subscribe Today

Subscribe today and join our growing Young Ladies Success community! We look forward to growing, learning, and celebrating with you each quarter.

UPCOMING EVENTS

Healthy Hair Care- Sept. 8

Baking with Life of Pie- Oct 10

Friendsgiving- Nov 5

SUCCESS TIP

SET GOALS FOR YOURSELF!

Know what you want to accomplish this semester.

Write steps towards them!

MINDFUL MINUTE

POSITIVE AFFIRMATIONS
Repeat three empowering phrases like:

"I am capable"

or

"I am calm"