


MARCH 2025

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>FISH NUGGETS SCALLOPED POTATOTES BROCCOLI, JUICE BREAD, FRUIT</p>	<p>4</p> <p>SPAGHETTI/SAUCE BRUSSEL SPROUTS GARLIC BREAD FRUIT, YOGURT</p>	<p>5</p> <p>POTATO SOUP HAM & CHEESE SW BEAN SALAD FRUIT, JUICE</p>	<p>6</p> <p>FAJITA CHICKEN SALAD REFRIED BEANS CHIPS, CHEESE FRUIT</p>	<p>7</p> <p>CHEESEBURGER LETTUCE, TOMATO, SWEET POTATO FRIES BAKED BEANS, FRUIT</p>
<p>10</p> <p>SLOPPY JOE COLESLAW POTATO WEDGES FRUIT, JUICE</p>	<p>11</p> <p>BBQ CHICKEN LEGS BAKED SWEET POTATO BRUSSEL SPROUTS 3 BEAN SALAD, FRUIT</p>	<p>12</p> <p>SWEEDISH MEATBALLS NOODLES, BEETS MIXED VEGETABLE BREAD, FRUIT</p>	<p>13</p> <p>SCRAMBLED EGGS SAUSAGE PATTY HASHBROWN, GRAVY BISCUIT, APPLES, JUICE</p>	<p>14</p> <p>CHICKEN SANDWICH LETTUCE, TOMATO MACARONI SALAD PICKLED BEETS, FRUIT</p>
<p>ST PATRICKS DAY</p> <p>TERIYAKI CHICKEN RICE STIR FRY VEGETABLES FRUIT, BREAD, JUICE</p>	<p>18</p> <p>GOULASH BROCCOLI, GARLIC BREAD 3 BEAN SALAD, FRUIT</p>	<p>19</p> <p>CHILI PEANUT BUTTER SW PICKLED BEETS FRUIT, JUICE</p>	<p>20</p> <p>PORK BBQ/BUN COLESLAW BAKED BEANS TATERTOTS, FRUIT</p>	<p>21</p> <p>CHICKEN TENDERS SPINACH SALAD POTATO WEDGES FRUIT, BREAD, JUICE</p>
<p>24</p> <p>KEILBASA KRAUT OVEN POTATOES BUTTER BEANS FRUIT, BREAD</p>	<p>25</p> <p>CREAM CHICKEN BISCUIT MASHED POTATOES CALIFORNIA BLEND VEGETABLES BEAN SALAD, FRUIT</p>	<p>26</p> <p>CRAB CAKE MACARONI & CHEESE CARROTS BREAD FRUIT JUICE</p>	<p>HAPPY BIRTHDAY</p> <p>SALISBURY STEAK GRAVY MASHED POTATOES PEAS & CARROTS BISCUIT APPLE CRISP</p>	<p>28</p> <p>HAM & CHEESE SANDWICH SWEET POTATO FRIES BROCCOLI PICKLED BEETS FRUIT</p>
<p>31</p> <p>CHICKEN ALFREDO CAULIFLOWER GARLIC BREAD 3 BEAN SALAD FRUIT</p>		<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS.</p> <p>RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406</p>		