

AUGUST 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406			1 SCRAMBLED EGGS SAUSAGE PATY GRAVY, BISCUIT APPLE, JUICE	2 PHILLY CHEESESTEAK PEPERS & ONIONS BROCCOLI SALAD CHIPS, FRUIT
5 KEILBASA KRAUT NORTHERN BEANS FRUIT, JUICE	6 GARLIC HERB CHICKEN SCALLOPED POTATOES CARROTS, FRUIT 3 BEANS SALAD	7 PIZZA BREAD BROCCOLI SALAD CHIPS, FRUIT JUICE	8 BBQ MEATBALLS MASHED POTATOES GREEN BEANS FRUIT, JUICE, BREAD	9 TUNA SALAD SANDWICH PEA SALAD CHIPS, FRUIT
12 CHICKEN TENDERS SWEET POTATO FRIES CALIFORNIA BLEND VEG BREAD, FRUIT	13 BUTTER BEANS CORNBREAD MIXED GREENS HOT APPLES BEETS	14 CHEESEBURGER BAKED BEANS POTATO SALAD LETTUCE & TOMATO FRUIT	15 CHICKEN SANDWICH LETTUCE, TOMATO PEA SALAD CHIPS FRUIT	16 TACO SALAD REFRIED BEANS CHEESE CHIPS, FRUIT SOURCREAM
19 FISH MAC & CHEESE CARROTS FRUIT, JUICE BREAD	20 CREAM CHICKEN OVER BISCUIT MIXED VEGETABLE FRUIT, JUICE	21 HAM SWEET POTATOES GREEN BEANS BREAD FRUIT	Happy Birthday! HOT DOGS SAUCE BAKED BEANS COLESLAW DESSERT	23 TURKEY CLUB SANDWICH, TOMATO MACARONI SALAD PICKLED BEETS FRUIT, LETTUCE
26 GOULASH BROCCOLI GARLIC BREAD FRUIT, JUICE	27 PORK BBQ COLESLAW BAKED BEANS TATERTOTS FRUIT	28 BOLOGNA SANDWICH CUCUMBER & TOMATO SALAD MACARONI SALAD FRUIT, JUICE	29 BBQ CHICKEN LEGS SQUASH CASSEROLE GREEN BEANS BREAD FRUIT	30 TOMATO SOUP GRILLED CHEESE 3 BEAN SALAD COTTAGE CHEESE FRUIT