JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN TENDERS	BBQ MEATBALLS	GARLIC HERB CHICKEN	SCRAMBLED EGGS	CHICKEN SALAD SW
SWEET POTATO FRIES	SCALLOPED POTATOES	SQUASH	HASHBROWN, GRAVY	COTTAGE CHEESE
MIXED VEGETABLES	BROCCOLI, BREAD	BRUSSEL SPROUTS	SAUSAGE, BISCUIT	FRUIT, CHIPS
FRUIT, JUICE	FRUIT, 3 BEAN SALAD	BREAD, FRUIT	APPLES, JUICE	CUCUMBER/TOMATO SALAD
9	10	11	FATHERS DAY DINNER	13
COWBOY BEANS	ITALIAN CHICKEN	FISH SANDWICH	BAKED STEAK	TOMATO SOUP
CALIFORNIA BLND VEG	SWEET POTATOES	COLESLAW	MASHED POTATOES	GRILLED CHEESE SW
FRUIT, BREAD	GREEN BEANS	TATERTOTS, FRUIT	GREENBEANS	SPINACH SALAD
JUICE	FRUIT, BREAD	MIXED VEGETABLES	HOT ROLL	COTTAGE
	BEETS		DESSERT	CHEESE/FRUIT
16	17	18	19	20
TERIYAKI CHICKEN	HAMBURGER GRAVY	BEANIE WEENIES		
RICE	BISCUIT	CARROTS	JUNETEENTH	WV DAY
CALIFORNIA BLND VEG	GREEN BEANS	BREAD	CENTER CLOSED	CENTER CLOSED
BREAD, FRUIT	YOGURT	FRUIT		
JUICE	JUICE, FRUIT	BEETS		
23	24	25	HAPPY BIRTHDAY!	27
KIELBASA	HAM	CHICKEN TENDERS	HOTDOGS/SAUCE	CHICKEN FAJITA
CABBAGE	SWEET POTATOES	BROCCOLI	COLESLAW	NACHOS
BUTTERBEANS	GREEN BEANS	BAKED POTATO	BAKED BEANS	LETTUCE, TOMATO
FRUIT	FRUIT, BREAD	SOURCREAM	FRUIT	MEXICAN RICE
BREAD	BEETS	FRUIT, JUICE	DESSERT	BLACK BEANS, FRUIT
30		MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE		
BBQ CHICKEN LEGS		SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00		
CORNBREAD STUFFING	i home	PM TO MAKE RESERVATIONS.		
MIXED VEGETABLES		RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151		
JUICE, FRUIT, BREAD	West Virginia	SANDYVILLE 304-273-2880 KENNA 304-372-2406		