OCTOBER 2025 JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. RIPLEY 304-372-5151 RAVENSEOOD 304-273-5648 SANDYVILLE 304-273-2880 KENNA 304-372-2406		1 Chicken tenders Mixed Vegetables Tater tots, fruit bread	2 Chili Peanut butter sandwich Corn Salad, fruit	3 Turkey Club Sandwich Lettuce, tomato Macaroni salad Fruit, juice
6 Cowboy Beans Carrots, fruit Bread, juice	7 BBQ Meatballs Scalloped potatoes Broccoli, Beets Fruit	8 Teriyaki Chicken Rice, California Blend Vegetables Fruit, Bread, Juice	9 Lasagna Soup Tossed Salad, Beets Fruit, Garlic Bread	10 Chicken Salad Sandwich Tossed Salad, Chips 3 Bean Salad, fruit
13 COLUMBUS DAY CENTER CLOSED	14 Garlic Herb Chicken Rice Pilaf California Blend Bread, Fruit, Juice	15 Hamburger Gravy, Biscuits, Green Beans, Carrots, Yogurt Fruit	16 SENIOR BASH FAIRGROUNDS Pulled Pork BBQ & the fixin's	17 Tomato Soup Grilled Cheese, Spinach salad, Cottage Cheese, Fruit
20 Italian Chicken Mashed Potatoes, Mixed vegetables Fruit, Bread, Juice	21 Ham Bean Soup Cucumber Salad Cornbread, Beets Fruit	22 Creamed chicken Mashed potatoes Biscuit, Broccoli Fruit, Juice	23 BIRTHDAY MEAL Chef Salad, Cottage cheese Dessert, Fruit, Crackers	24 Fish sandwich Slaw, Tater tots Mixed vegetables Fruit
27 BBQ Chicken Legs Scalloped potatoes Green beans Bread, Fruit	28 Vegetable Soup Tuna Salad Sandwich Pickled beets Fruit	29 Spaghetti w/meat sauce, Broccoli, Garlic Bread Fruit, Juice	30 Chicken Sandwich Lettuce and tomato Sweet potato fries Corn salad, Fruit	31 HALLOWEEN Kielbasa & Kraut Oven Potatoes Dessert, Fruit, Juice