APRIL 2024

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
CHICKEN ALFREDO	PIZZA BREAD	FISH NUGGETS	BBQ CHICKEN LEGS	HOTDOGS
CAULIFLOWER	BROCCOLI SALAD	MAC & CHEESE	SCALLOPED POTATOES	SAUCE, BAKE BEANS
BREAD STICK	CHIPS, FRUIT	CORN, BREAD	PEAS & CARROTS	COLESLAW
JUICE, FRUIT	JUICE	PICKLED BEETS	BREAD, BRUIT	FRUIT
8	9	10	11	12
CHICKEN TENDERS	BUTTER BEANS	GARLIC & HERB	ANTIPASTA SALAD MIX	TOMATO SOUP
BUTTERED POTATOES	MIXED GREENS	CHICKEN	TOMATOES, OLIVES	GRILLED CHEESE
CARROTS	HOT APPLES	SQUASH CASSEROLE	HAM, PEPPERONI	THREE BEAN SALAD
BREAD, FRUIT	CORNBREAD	BRUSSEL SPROUTS	PEPPERS, CHEESE	COTTAGE CHEESE
JUICE	BEETS	BREAD, FRUIT	FRUIT, CRACKERS	FRUIT
15	16	17	18	19
ITALIAN CHICKEN	CRAB CAKE	MEATBALLS	LASAGNA SOUP	TURKEY CLUB
SCALLOPED POTATOES	MAC & CHEESE	BAKED BEANS	SPINACH SALAD	SANDWICH
BROCCOLI	CARROTS	BUTTERED POTATOES	BREAD STICK	SIDE SALAD
BREAD, FRUIT	TARTAR SAUCE, BREAD	BREAD, FRUIT	JUICE	MACARONI SALAD
JUICE	JUICE, FRUIT	JUICE	FRUIT	PICKLED BEETS, FRUIT
22	23	24	HAPPY BIRTHDAY!	26
TERIYAKI CHICKEN	CHEESEBURGER	POTATO SOUP	CHICKEN PARMESAN	TACO SALAD
RICE	LETTUCE TOMATO	TUNA SALAD	SIDE SALAD	REFRIED BEANS
STIR FRY VEG	SWEET POTATO FRIES	SANDWICH	GARLIC BREAD STICK	CHEESE, CHIPS
FRUIT, JUICE	BAKE BEANS	BEAN SALAD	STRAWBERRY	FRUIT
BREAD	FRUIT	FRUIT, JUICE	SHORT CAKE	SOUR CREAM
29	30	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO		
KEILBASA	SCRAMBLED EGGS	CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE		
KRAUT, BREAD	SAUSAGE, BISCUIT	RESERVATIONS. ALL DONATIONS ARE APPRECIATED.		
OVEN POTATOES	HASH BROWN, GRAVY	RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151		
BUTTER BEANS, FRUIT	HOT APPLES	SANDYVILLE 304-273-2880 KENNA 304-372-2406		