August 2020 Jackson County Commission On Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
	KEILBASA	HAM	CHICKEN LEGS	
FROZEN OR DRY MEAL	SAUERKRAUT	SWEET POTATOES	BABY BAKERS	FROZEN OR DRY MEAL
	SCALLOPED POTATOES	GREEN BEANS	MIXED VEG	
	FRUIT	FRUIT	FRUIT	
	BREAD	BREAD	BREAD	
10	11	12	13	14
	BEEF STROGANOFF	CHICKEN TENDERS	CREOLE PORK CHOPS	
FROZEN OR DRY MEAL	CALIFORNIA BLEND VEG	BUTTERED POTATOES	RICE	FROZEN OR DRY MEAL
	FRUIT	PEAS & CARROTS	BROCCOLI	
	BREAD	FRUIT, BREAD	FRUIT, BREAD	
17	18	19	20	21
	TURKEY	CORNDOGS	CHICKEN SALAD SANDWICH	
FROZEN OR DRY MEAL	STUFFING	POTATO WEDGES	POTATO SALAD	FROZEN OR DRY MEAL
	GREENBEANS	BAKED BEANS	CUCUMBERS & ONION SALAD	
	FRUIT, BREAD	FRUIT	FRUIT	
24	25	26	27	28
	CREAMED CHICKEN	CABBAGE ROLL	PIZZA BREAD	
	OVER BISCUIT	BUTTERED POTATOES	PEA SALAD	FROZEN OR DRY MEAL
FROZEN OR DRY MEAL	BRUSSEL SPROUTS	GREEN BEANS	CHIPS	
	MASHED POTATOES, FRUIT	FRUIT, BREAD	FRUIT	
31	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHON			
	AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.			
	RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648			
FROZEN OR DRY MEAL	SANDYVILLE 304-273-2880			
			SANDIVILLE SUT 2/3 2000	