

AUGUST 2021

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 MINI CORDOGS POTATO WEDGES PEAS HOT FRUIT	3 FISH SANDWICH MACARONI & CHEESE MIXED VEGETABLES FRUIT	4 ITALIAN CHICKEN SCALLOPED POTATOES BROCCOLI FRUIT, BREAD	5 MEATLOAF MASHED POTATOES GREENBEANS FRUIT, BREAD	6 PIZZA BREAD PEA SALAD CHIPS FRUIT
9 BBQ SANDWICH COLESLAW BAKED BEANS TATER TOTS FRUIT	10 GOULASH MIXED GREENS BREAD APPLESAUCE	11 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES FRUIT BREAD	12 SCRAMBLED EGGS SAUSAGE GRAVY HASH BROWN BISCUIT HOT APPLES	13 TUNA SALAD SANDWICH CHIPS MACARONI SALAD COTTAGE CHEESE /FRUIT
16 FISH STICKS MACARONI & CHEESE BROCCOLI FRUIT BREAD	17 HAM SWEET POTATOES GREENBEANS FRUIT BREAD	18 KEILBASA CABBAGE BUTTER BEANS BREAD HOT FRUIT	19 CHEF SALAD COTTAGE CHEESE FRUIT CRACKERS DRESSING	20 SLOPPY JOE TATER TOTS PEAS AND CARROTS FRUIT
23 CREOLE PORKCHOP RICE STIR FRY VEGETABLES FRUIT BREAD	24 STUFFED PEPPERS MASHED POTATOES GREENBEANS FRUIT BREAD	25 MEATBALLS BAKED POTATOES MIXED VEGETABLES SOURCREAM FRUIT, BREAD	26 CREAM CHICKEN OVER BISCUIT MASHED POTATOES CORN FRUIT	27 CRAB CAKE MACARONI & TOMATOES SUCCOTASH APPLE, BREAD
30 BEEF STEW MIXED GREENS BISCUIT HOT PEACHES	31 BBQ CHICKEN LEGS BABY BAKERS CORN FRUIT, BREAD	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RIPLEY 304-372-5151 RAVENSWOOD 304-273-5648 SANDYVILLE 304-273-2880		