JACKSON COUNTY COMMISSION ON AGING

DECEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CREOLE PORK CHOP	PINTO BEANS	CHEESE BURGER	CHICKEN & NOODLES	CRAB CAKE
RICE	CORNBREAD	MACARONI SALAD	GREENBEANS	BUTERED
BROCCOLI	MIXED GREENS	LETTUCE, TOMATO	FRUIT, BREAD	POTATOES
FRUIT, MILK, BREAD	FRUIT, MILK	BAKED BEANS, FRUIT,	MILK	PEAS & CARROTS
		MILK		FRUIT, BREAD, MILK
9	10	11	12	13
BUTER BEANS	MEATLOAF	CHEF SALAD	TERIYAKI CHICKEN	FISH SANDWICH
CORNBREAD	MASHED POTATOES	DRESSING, CRACKERS	RICE	POTATO WEDGES
GREENS	GREENBEANS	COTTAGE CHEESE/FRUIT	STIR FRY VEGETABLES	COLESLAW
FRUIT, MILK	BREAD, FRUIT, MILK	MILK	FRUIT, BREAD, MILK	FRUIT, MILK
16	17	18	CHRISTMAS DINNER	20
CHICKEN ITALIANO	SLOPPY JOES	CHICKEN NOODLE SOUP	HAM	VEGETABLE SOUP
SPAGHETTI/MARINARA	COLESLAW	CHEESE SANDWICH	SWEET POTATOESW	TUNA SALAD
SQUASH	BAKED BEANS	PEA SALAD	GREEN BEANS	SANDWICH
PEARS	FRUIT	FRUIT	ROLL, DESSERT	PICKLED BEETS
BREAD, MILK	MILK	MILK	DEVILED EGGS, MILK	FRUIT, MILK
23	BREAKFAST /SERVE	25	26	27
BEEF STEW	EARLY		KEILBASA	CHICKEN TENDERS
CORNBREAD	SAUSAGE GRAVY	MERRY CHRISTMAS!	SAUERKRAUT	BABY BAKERS
BRUSSEL SPROUTS	BISCUIT	CENTER CLOSED	BAKED BEANS	CARROTS
HOT APPLES	EGGS, HASHBROWN		BREAD, FRUIT	FRUIT
MILK	APPLES, MILK		MILK	MILK
30	31		MEALS ARE FUNDED IN PART BY METRO AAA.	
CHICKEN STEW	BREAKFAST /SERVE EARLY	M property	EEOC. ALL MENUS ARE SUBJECT TO CHANGE.	
RICE	SAUSAGE GRAVY	The Galan	PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE	
BROCCOLI	BISCUIT	Christmas	APPRECIATED AND NECESSARY.	
FRUIT, BREAD	EGGS, HASHBROWN		RIPLEY 304-372-5151 RAVENSWOOD 273-	
MILK	APPLES, MILK		5648 SANDYVI	LLE 304-273-2880