


DECEMBER 2023

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> <p>RAVENSWOOD 304-273-5648 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880 KENNA 304-372-2406</p>				<p>1 PORK BBQ COLESLAW BAKE BEANS TATER TOTS, FRUIT</p>
<p>4 KIELBASA KRAUT BUTTER POTATOES FRUIT BREAD</p>	<p>5 CHEESEBURGER LETTUCE, TOMATO PICKLE, ONION POTATO WEDGES FRUIT</p>	<p>6 ITALIAN CHICKEN BAKED POTATOES CALIFORNIA BLEND VEG FRUIT JUICE, BREAD</p>	<p>7 TURKEY CLUB LETTUCE, TOMATO BROCCOLI SALAD POTATO SALAD FRUIT</p>	<p>8 VEG SOUP BOLOGNA SALAD SANDWICH FRUIT BEETS</p>
<p>11 BBQ CHICKEN LEGS BRUSSEL SPROUTS STUFFING FRUIT, BREAD 3 BEAN SALAD</p>	<p>12 CHILI PEANUT BUTTER SANDWICH, CRACKERS COLESLAW FRUIT, JUICE</p>	<p>13 CHICKEN TENDERS SCALLOP POTATOES CARROTS FRUIT, BREAD JUICE</p>	<p>14 CHRISTMAS DINNER HAM SWEET POTATOES GREEN BEANS ROLL, DESSERT</p>	<p>15 PIZZA BREAD CHIPS YOGURT SIDE SALAD DRESSING</p>
<p>18 TOMATO SOUP GRILLED CHEESE 3 BEAN SALAD FRUIT/COTTAGE CHEESE</p>	<p>19 BUTTER BEANS MIX GREENS HOT APPLES CORNBREAD BEETS</p>	<p>20 BBQ MEATBALLS BAKE BEANS BUTTER POTATOES BREAD, JUICE FRUIT</p>	<p>HAPPY BIRTHDAY! FAJITA CHICKEN SALAD REFRIED BEANS CHIPS, CHEESE LETTUCE, TOMATO STRAWBERRY SHORTCAKE</p>	<p>22 NO HOME DELIVERY FROZEN MEAL</p>
<p>25 MERRY CHRISTMAS! CENTER CLOSED</p>	<p>26 CENTER CLOSED</p>	<p>27 CHICKEN ALFREDO BROCCOLI GARLIC BREAD FRUIT</p>	<p>28 PINTO BEANS CORNBREAD MIXED GREENS OVEN POTATOES, FRUIT</p>	<p>29 CRAB CAKE MACARONI & CHEESE PEAS & CARROTS FRUIT, JUICE, BREAD</p>