FEBRUARY 2022

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
^_	1	2	3	4
	CHICKEN ALFREDO	FISH NUGGETS	BBQ CHICKEN LEGS	CHEESE BURGER
	BROCCOLI	MACARONI & CHEESE	BABY BAKERS	TATER TOTS
	GARLIC BREAD	PEAS, BREAD	GREENBEANS	BAKED BEANS
	FRUIT	FRUIT	FRUIT, BREAD	FRUIT
7	8	9	10	11
TERIYAKI CHICKEN	KEILBASA	MEATBALLS	SPAGHETTI	CHILI
RICE	KRAUT	BABY BAKERS	BROCCOLI	PEANUT BUTTER SW
STIR FRY VEGETABLE	BUTTERBEANS	BAKED BEANS	GARLIC BREAD	CRACKERS
FRUIT	APPLESAUCE	FRUIT	HOT APPLES	CARROT SALAD
BREAD	BREAD	BREAD		FRUIT
14	15	16	17	18
VALENTINES DAY!	CREOLE PORK CHOP	MINI CORNDOGS	SCRAMBLED EGGS	VEGETABLE SOUP
CHICKEN TENDERS	RICE	POTATO WEDGES	GRAVY, SAUSAGE	TUNA SALAD SW
SCALLOPED POTATOES	CALIFORNIA BLEND	MIXED VEGETABLES	HASBROWN	CRACKERS
BRUSSEL SPROUTS	VEGETABLE	FRUIT	HOT APPLES	BEETS
JELLO, BREAD	FRUIT, BREAD		BISCUIT	FRUIT
21	22	23	HAPPY BIRTHDAY!	25
	CREAM CHICKEN	CRAB CAKES	COUNTRY BAKED	HOT HAM & CHEESE
PRESIDENTS DAY	BISCUIT	MACARONI & CHEESE	STEAK, GRAVY	SANDWICH
CENTER CLOSED	MASHED POTATOES	PEAS & CARROTS	MASHED POTATOES	CHIPS
	MIXED VEGETABLE	FRUIT	GREENBEANS	PEA SALAD
	APPLESAUCE	BREAD	ROLL, DESSERT	FRUIT
28		MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO		
CABBAGE ROLLS		CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE		
SCALLOPED POTATOES		RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648		
CARROTS	$\setminus \sim$	RIPLEY 304-372-5151 SANDYVILLE 304-273-2880		
FRUIT, BREAD				