


FEBRUARY 2023

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 CHILI PEANUT BUTTER SW COLESLAW FRUIT, CRACKERS</p>	<p>2 CHEF SALAD BOILED EGG COTTAGE CHEESE FRUIT, CRACKERS</p>	<p>3 CHICKEN SANDWICH SIDE SALAD POTATO WEDGES FRUIT</p>
<p>6 TURKEY STUFFING GREEN BEANS BREAD FRUIT</p>	<p>7 NAVY BEANS CORNBREAD MIXED GREENS HOT APPLESAUCE</p>	<p>8 SWEETISH MEATBALLS NOODLES BROCCOLI BREAD FRUIT</p>	<p>9 BBQ CHICKEN LEGS MACARONI & CHEESE CARROTS FRUIT BREAD</p>	<p>10 LASAGNA SOUP SIDE SALAD GARLIC BREAD FRUIT</p>
<p>13 HAM SWEET POTATOES GREEN BEANS BREAD FRUIT</p>	<p>14 CHICKEN WITH MUSHROOM GRAVY RICE BROCCOLI BREAD, JELLO</p>	<p>15 KEILBASA CABBAGE BAKED BEANS FRUIT BREAD</p>	<p>16 MEATLOAF SCALLOPED POTATOES MIXED VEGETABLE FRUIT BREAD</p>	<p>17 TURKEY CLUB WRAP LETTUCE & TOMATO MACARONI SALAD FRUIT</p>
<p>20 PRESIDENTS DAY CENTER CLOSED</p>	<p>21 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES FRUIT BREAD</p>	<p>22 SLOPPY JOES TATER TOTS SLAW CORN FRUIT</p>	<p>HAPPY BIRTHDAY! CHICKEN & DUMPLINGS MASHED POTATOE GREENBEANS ROLL, DESSERT</p>	<p>24 PIZZA BREAD CUCUMBER & TOMATO SALAD CHIPS FRUIT</p>
<p>27 CRAB CAKES MACARONI & CHEESE PEAS FRUIT, BREAD</p>	<p>28 PINTO BEANS CORNBREAD MIXED GREENS HOT APPLES</p>	<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 KENNA 304-372-2406 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880</p>		