

JACKSON COUNTY COMMISSION ON AGING

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED AND NECESSARY. RIPLEY 304-372-5151 RAVENSWOOD 273-5648 SANDYVILLE 304-273-2880</p>		<p>1 HAPPY NEW YEAR! CENTER CLOSED</p>	<p>2 CHILI PEANUT BUTTER SW FRUIT PICKLED BEETS, MILK</p>	<p>3 FISH STICKS MACARONI & CHEESE BROCCOLI BREAD, FRUIT, MILK</p>
<p>6 CHICKEN TENDERS BABY BAKERS CARROTS FRUIT, BREAD, MILK</p>	<p>7 PINTO BEANS CORNBREAD COOKED CABBAGE FRUIT, MILK</p>	<p>8 CHEESE BURGER LETTUCE/TOMATO POTATO WEDGES PEA SALAD, FRUIT, MILK</p>	<p>9 ZESTY ITALIAN CHICKEN BUTTERED POTATOES GREEN BEANS FRUIT, BREAD, MILK</p>	<p>10 CENTER CLOSED FOR STAFF TRAINING</p>
<p>13 CREOLE PORK CHOP RICE BROCCOLI FRUIT, BREAD MILK</p>	<p>14 SALISBURY STEAK MASHED POTATOES GREEN BEANS BREAD, FRUIT MILK</p>	<p>15 FISH SANDWICH POTATO WEDGES COLESLAW FRUIT MILK</p>	<p>16 SPAGHETTI/MEAT SAUCE GARLIC BREAD CAULIFLOWER APPLESAUCE MILK</p>	<p>17 PIZZA BREAD TOSSED SALAD DRESSING POTATO CHIPS FRUIT, MILK</p>
<p>20 CHICKEN LEGS BABY BAKERS MIXED VEGETABLES BREAD, FRUIT MILK</p>	<p>21 HAM BEAN SOUP CORNBREAD MIXED GREENS HOT APPLES MILK</p>	<p>22 CRAB CAKE BAKED POTATOES CORN, BREAD FRUIT MILK</p>	<p>HAPPY BIRTHDAY! ROAST BEEF MASHED POTATOES/GRAVY GREENBEANS ROLLS, DESSERT, MILK</p>	<p>24 VEGETABLE SOUP TUNA SALAD SANDWICH PICKLED BEATS FRUIT, MILK</p>
<p>27 FISH STICKS MACARONI & CHEESE SPINACH, FUIT BREAD MILK</p>	<p>28 TERIYAKI CHICKEN RICE STIR FRY VEGETABLES FRUIT, BREAD MILK</p>	<p>29 HAM SWEET POTATOES GREEN BEANS ROLL, FRUIT MILK</p>	<p>30 KEILBASA COOKED CABBAGE SCALLOPED POTATOES BREAD FRUIT, MILK</p>	<p>31 HOT DOGS SAUCE COLESLAW TATER TOTS FRUIT, MILK</p>