JANUARY 2023

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	CREAM CHICKEN	VEGETABLE SOUP	CHICKEN PARMESAN	CHEESEBURGER
CENTER	OVER BISCUIT	BOLOGNA SANDWICH	PASTA/SAUCE	BAKED BEANS
CLOSED	MASHED POTATOES	PICKLED BEETS	BROCCOLI	POTATO CROWNS
	GREENBEANS	FRUIT	GARLIC BREAD	FRUIT
	APPLESAUCE		HOT APPLESAUCE	
9	10	11	12	13
TERRIYAKI CHICKEN	POTATO SOUP	FISH NUGGETS	COWBOY BEANS	BBQ MEATBALLS
RICE, BREAD	CHICKEN SALAD SW	MACARONI & CHEESE	PEAS & CARROTS	SCALLOPED POTATOES
STIR FRY VEG	BEAN SALAD	BRUSSEL SPROUTS	HOT APPLES	CORN
FRUIT	FRUIT, JUICE	FRUIT	BREAD	BREAD, FRUIT
16	17	18	19	20
	PEPPER STEAK	GOULASH	SCRAMBLED EGGS	BBQ CHICKEN LEGS
CENTER CLOSED	NOODLES	BROCCOLI	SAUSAGE GRAVY	BAKED POTATOES
	BRUSSEL SPROUTS	GARLIC BREAD	HASHBROWN, JUICE	GREENBEANS
MARTIN LUTHER	FRUIT	FRUIT	SAUSAGE PATTY	FRUIT
KING DAY	BREAD, JUICE		HOT APPLES, BISCUIT	BREAD
23	24	25	HAPPY BIRTHDAY!	27
KEILBASA	CHICKEN NOODLE	CREAM OF BROCCOLI	SALISBURY STEAK	
KRAUT	SOUP	SOUP	MASHED POTATOES	CENTER CLOSED FOR
BUTTERBEANS	GRILLED CHEESE	HAM SALAD SW	GREENBEANS, ROLL	EMPLOYEE TRAINING
BREAD	FRUIT	PICKLED BEETS	STRAWBERRY	
FRUIT	PEA SALAD	FRUIT, JUICE	SHORTCAKE	
30	31	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO		
CRAB CAKES	BBQ	CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE		
MAC & CHEESE	TATER TOTS	RESERVATIONS. ALL DONATIONS ARE APPRECIATED. RAVENSWOOD 304-273-5648 KENNA 304-372-2406		
CARROTS	COLESLAW	RAVENSWOOD 304-273-5648 KENNA 304-372-2406 RIPLEY 304-372-5151 SANDYVILLE 304-273-2880		
FRUIT, BREAD	FRUIT	INIT ELT 30-	F 5/2 5151 SANDIVILLE 30-	T 275 2000