

JULY 2019

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 CHICKEN ITALIANO SPAGHETTI & SAUCE YELLOW SQUASH PEACHES, BREAD, MILK</p>	<p>2 SALISBURY STEAK MASHED POTATOES & GRAVY GREENBEANS APPLESAUCE, BREAD, MILK</p>	<p>3 CHEF SALAD COTTAGE CHEESE FRUIT, DRESSING CRACKERS, MILK</p>	<p>4 4TH OF JULY CENTER CLOSED</p>	<p>5 CENTER CLOSED</p>
<p>8 BBQ CHICKEN LEGS CAULIFLOWER POLLANISE GREEN BEAN SALAD FRUIT, BREAD MILK</p>	<p>9 PINTO BEANS CORNBREAD SPINACH APPLECRISP MILK</p>	<p>10 CREOLE PORK CHOP BABY BAKERS MIXED VEGETABLE FRUIT BREAD, MILK</p>	<p>11 BAKED STEAK WITH PEPPERS AND ONIONS RICE CALIFORNIA BLEND VEG FRUIT, BREAD, MILK</p>	<p>12 TOMATO SOUP TUNA SALAD SANDWICH PEA SALAD PEARS MILK</p>
<p>15 CHICKEN BUTTERED POTATOES CARROTS PINEAPPLES, BREAD MILK</p>	<p>16 BAKED FISH MACARONI & CHEESE PEAS & CARROTS ORANGE, TARTAR SAUCE MILK</p>	<p>17 PIZZA BREAD CHIPS TOSSED SALAD PEACHES MILK</p>	<p>18 BUTTER BEANS CORNBREAD MIXED GREENS APPLECRISP MILK</p>	<p>19 CHICKEN SANDWICH LETTUCE & TOMATO BROCCOLI SALAD FRUIT MILK</p>
<p>22 FISH SANDWICH POTATO WEDGES YELLOW SQUASH FRUIT MILK</p>	<p>23 BEEF STROGANOFF GREENBEANS BREAD FRUIT MILK</p>	<p>24 BEAN SOUP CORNBREAD BRUSSEL SPROUTS FRUIT MILK</p>	<p>HAPPY BIRTHDAY HAM SWEET POTATOES GREENBEANS DESSERT ROLL, MILK</p>	<p>26 ZESTY ITALIAN CHICKEN RICE PEAS FRUIT, BREAD MILK</p>
<p>29 CHILI CORNBREAD CUCUMBER & ONION SLAAD PEACHES MILK</p>	<p>30 HOTDOGS/SAUCE COLESLAW BAKED BEANS POTATO SALAD FRUIT, MILK</p>	<p>31 VEGETABLE BEEF SOUP CHEESE SPREAD SANDWICH PICKLED BEETS PEARS MILK</p>	<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED AND NECESSARY.</p> <p>RIPLEY 304-372-5151 RAVENSWOOD 273-5648 SANDYVILLE 304-273-2880</p>	