

JULY 2021

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.                      RIPLEY 304-372-5151                      RAVENSWOOD 304-273-5648      SANDYVILLE 304-273-2880</p>			<p>1                      SALISBURY STEAK                      MASHED POTATOES                      GREEN BEANS                      YOGURT, BREAD</p>	<p>2                      Center closed                      Frozen meal</p>
<p>5                      CENTER CLOSED                      4<sup>TH</sup> OF JULY</p>	<p>6                      SCRAMLED EGGS                      SAUSAGE GRAVY                      BISCUIT, HASH BROWN                      HOT APPLES</p>	<p>7                      HONEY MUSTARD                      CHICKEN                      CALIFORNIA BLND VEG                      BABY BAKERS, FRUIT</p>	<p>8                      TACO SALAD                      REFRIED BEANS                      LETTUCE, TOMATO                      SOUR CREAM, FRUIT</p>	<p>9                      PIZZA BREAD                      CUCUMBER SALAD                      CHIPS                      FRUIT</p>
<p>12                      CRAB CAKE                      MACARONI &amp;                      TOMATOES                      SUCCOTASH                      APPLE, BREAD</p>	<p>13                      HAM                      SWEET POTATOES                      GREEN BEANS                      FRUIT                      BREAD</p>	<p>14                      CHICKEN TENDERS                      BABY BAKERS                      PEAS &amp; CARROTS                      FRUIT                      BREAD</p>	<p>15                      SPAGHETTI                      BROCCOLI                      GARLIC BREAD                      HOT APPLESAUCE</p>	<p>16                      HOTDOGS                      COLESLAW                      BAKED BEANS                      CHIPS                      FRUIT</p>
<p>19                      MEATBALLS                      MACARONI &amp; CHEESE                      BROCCOLI                      BANANA                      BREAD</p>	<p>20                      CHICKEN SALAD                      SANDWICH                      PEA SALAD                      COTTAGE CHEESE                      PINEAPPLE</p>	<p>21                      CREOLE PORK CHOP                      RICE                      MIXED VEGETABLE                      FRUIT                      BREAD</p>	<p>22                      CHEF SALAD                      COTTAGE CHEESE                      FRUIT                      CRACKERS</p>	<p>23                      CHEESE BURGER                      BAKED BEANS                      LETTUCE, TOMATO                      ONION, PICKLE                      CHIPS, FRUIT</p>
<p>26                      CHICKEN PATTY                      SCALLOPED POTATOES                      PEAS                      BREAD, FRUIT</p>	<p>27                      BBQ                      COLESLAW                      BAKED BEANS                      TATER TOTS                      FRUIT</p>	<p>28                      STUFFED PEPPERS                      BROCCOLI                      BUTTERED POTATOES                      FRUIT                      BREAD</p>	<p>29                      TURKEY/GRAVY                      STUFFING                      GREEN BEANS                      FRUIT                      BREAD</p>	<p>30                      COWBOY BEANS                      CARROTS                      HOT APPLES                      BREAD</p>