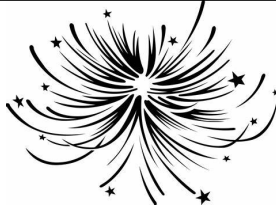


JULY 2023

JACKSON COUNTY COMMISSION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CHICKEN TENDERS BUTTERED POTATOES MIXED VEG PICKLED BEETS BREAD, ORANGE</p>	<p>4</p> <p>CENTER CLOSED HAPPY 4TH OF JULY</p>	<p>5</p> <p>FISH NUGGETS MAC & CHEESE CARROTS PICKLED BEETS BREAD, BANANA</p>	<p>6</p> <p>TACO SALAD REFRIED BEANS LETTUCE, TOMATO CHIPS, SOURCREAM FRUIT COCKTAIL</p>	<p>7</p> <p>CHICKEN SANDWICH POTATO WEDGES TOSSED SALAD FRUIT</p>
<p>10</p> <p>PORK BBQ SANDWICH COLESLAW BAKED BEANS TATER TOTS ORANGE</p>	<p>11</p> <p>CHICKEN DUMPLINGS MASHED POTATOES GREEN BEANS VEG JUICE BANANA BREAD</p>	<p>12</p> <p>GREAT NORTHERN BEANS/HAM CORNBREAD, MIXED GREENS OVEN POTATOES FRUIT COCKTAIL</p>	<p>13</p> <p>HAM SWEET POTATOES GREEN BEANS APPLE BREAD</p>	<p>14</p> <p>HOTDOGS SAUCE COLESLAW, CHIPS BAKED BEANS FRUIT</p>
<p>17</p> <p>KEILBASA KRAUT BUTTER BEANS FRUIT COCKTAIL, BREAD</p>	<p>18</p> <p>ITALIAN CHICKEN BAKE SWEET POTATOES CALIFORNIA BLEND VEGETABLES BANANA, BREAD</p>	<p>19</p> <p>BBQ MEATBALLS BUTTERBEANS PEAS & CARROTS BREAD ORANGE</p>	<p>20</p> <p>TURKEY WRAP LETTUCE, TOMATO POTATO SALAD BROCCOLI SALAD CHEESE, PINEAPPLES</p>	<p>21</p> <p>CHEESEBURGER BAKED BEANS LETTUCE, TOMATO TATER TOTS ORANGE, PICKLES</p>
<p>24</p> <p>TERIYAKI CHICKEN RICE, JUICE STIR FRY VEG BREAD, BANANA</p>	<p>25</p> <p>BUTTER BEANS BRUSSEL SPROUTS, BEETS CORNBREAD, POTATOES MANDARIN ORANGES</p>	<p>26</p> <p>CRAB CAKES MAC & TOMATOES 3 BEAN SALAD, BREAD CARROTS, PINEAPPLES</p>	<p>HAPPY BIRTHDAY! MEATLOAF SCALLOPED POTATOES GREEN BEANS ROLL, DESSERT</p>	<p>28</p> <p>BBQ CHICKEN LEGS BAKED POTATOES BROCCOLI BREAD, ORANGE</p>
<p>31</p> <p>BBQ CHICKEN BREAST BUTTERED POTATOES CARROTS</p>		<p>MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:00 PM TO MAKE RESERVATIONS. ALL DONATIONS ARE APPRECIATED.</p> <p>RAVENSWOOD 304-273-5648 KENNA 304-372-2406</p>		

BREAD, APPLE		RIPLEY 304-372-5151 SANDYVILLE 304-273-2880
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