JACKSON COUNTY COMMISSION ON AGING

MARCH 2020

JACKSON COUNTY COMMISSION ON AGING		IVIARCH ZUZU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN TENDERS	KEILBASA	CHEESE BURGER	ZESTY ITAL. CHICKEN	CRAB CAKE
BUTTERED	COOKED CABBAGE	LETTUCE/TOMATO	RICE, BREAD	MACARONI/TOMATOES
POTATOES, BREAD	BABY BAKERS	POTATO SALAD, BAKED	CALIFORNIA BLND	YELLOW SQUASH
MIXED GREENS	FRUIT, BREAD, MILK	BEANS	VEG	FRUIT COCKTAIL, MILK,
PEARS, MILK		PEACHES, MILK	PINEAPPLE, MILK	BREAD
9	10	11	12	13
PINTO BEANS	BBQ CHICKEN BRST	FISH NUGGETS	HAM	PIZZA BREAD
CORNBREAD	BAKED BEANS	MACARONI & CHEESE	SWEET POTATOES	TOSSED SALAD
BRUSSEL SPROUTS	POTATO SALAD	CARROTS	GREEN BEANS, BREAD	CHIPS, DRESSING
HOT APPLE, MILK	FRUIT, BREAD, MILK	BREAD, ORANGE, MILK	BANANA, MILK	FRUIT, MILK
16	HAPPY ST PATRICKS DAY	18	19	20
BBQ SANDWICH	TERIYAKI CHICKEN	CHEF SALAD	VEGETABLE SOUP	BUTTER BEANS
COLESLAW	RICE	BOILED EGG	TUNA SALAD SW	CORNBREAD
TATER TOTS	STIR FRY VEG	CRACKERS, DRESSING	CRACKERS	MIXED GREENS
PEARS	GREEN JELLO	COTTAGE CHEESE/FRUIT	PICKLED BEETS	FRUIT
MILK	BREAD, MILK	MILK	CHERRY CRISP, MILK	MILK
23	24	25	HAPPY BIRTHDAY!	27
FISH STICKS	SAUSAGE GRAVY	CHICKEN NOODLE SOUP	TURKEY/GRAVY	CREOLE PORKCHOP
BUTTERED POT.	BISCUIT	CHEESE SPREAD	STUFFING	RICE
PEAS, BREAD	EGGS	SANDWICH	GREEN BEANS	BROCCOLI
MANDARIN	HASHBROWN	PEA SALAD	ROLL	PEACHES
ORANGES, MILK	APPLES, MILK	PINEAPPLES, MILK	DESSERT, MILK	BREAD, MILK
30	31	MEALS ARE FUNDED IN PART BY METRO AAA. EEOC. ALL		
BBQ CHICKEN LEGS	GREAT NORTHERN	- 25 Mar	MENUS ARE SUBJECT TO CHANGE. PLEASE PHONE AHEAD THE DAY BEFORE BY 1:30 PM TO MAKE RESERVATIONS.	
BABY BAKERS	BEANS	40 318 A		PPRECIATED AND NECESSARY.
MIXED VEGETABLE	CORNBREAD	*	RIPLEY 304-372-5151	RAVENSWOOD 273-5648
PEARS, BREAD	BRUSSEL SPROUTS			E 304-273-2880
MILK	APPLESAUCE, MILK			