

MARCH 2022

JACKSON COUNTY COMMISION ON AGING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>RAVENSWOOD 304-273-5648  RIPLEY 304-372-5151  SANDYVILLE 304-273-2880</p>	<p>1  CHICKEN PARMESAN  WITH PASTA  BROCCOLI  HOT APPLES, BREAD</p>	<p>2  MEATBALLS  SCALLOPED POTATOES  BRUSSEL SPROUTS  PUDDING, BREAD</p>	<p>3  HAM  SWEET POTATOES  GREEN BEANS  BREAD, FRUIT</p>	<p>4  PIZZA BREAD  PEA SALAD  CHIPS  MANDARIN ORANGES</p>
<p>7  CHICKEN TENDERS  BUTTERED POTATOES  PEAS  PUDDING, BREAD</p>	<p>8  GOULASH  BRUSSEL SPROUTS  HOT APPLES  GARLIC BREAD</p>	<p>9  ITALIAN CHICKEN  BABY BAKERS  CALIFORNIA BLND VEG  ORANGE, BREAD</p>	<p>10  VEGETABLE SOUP  CHICKEN SALAD SW  MACARONI SALAD  PINAPPLES</p>	<p>11  HOT DOGS\SAUCE  BAKED BEANS  COLESLAW, CHIPS  FRUIT COCKTAIL</p>
<p>14  CORNDOGS  POTATO WEDGES  MIXED VEGETABLES  YORGURT</p>	<p>15  CHILI  PEANUT BUTTER SW  PICKLED BEETS  CRACKERS  MANDARIN ORANGES</p>	<p>16  FISH NUGGETS  MACARONI &amp; CHEESE  CARROTS  BANANA  BREAD</p>	<p>ST PATRICKS DAY  CHEF SALAD  BOILED EGG  COTTAGE CHEESE  CRACKERS  GREEN JELLO</p>	<p>18  CHICKEN SANDWICH  PICKLES  TATERTOTS  CORN  YOGURT</p>
<p>21  CRAB CAKE  MACARONI &amp;  TOMATOES, PEARS  SUCCOTASH, BREAD</p>	<p>22  PEPPER STEAK  NOODLES  BROCCOLI  PEACHES, BREAD</p>	<p>23  CREOLE PORKCHOPS  RICE, CARROTS  APPLESAUCE  BREAD</p>	<p>HAPPY BIRTHDAY  MEATLOAF  SCALLOPED POTATOES  GREEN BEANS  ROLL, DESSERT</p>	<p>25  COWBOY BEANS  PEAS &amp; CARROTS  HOT APPLESauce  CORNBREAD</p>
<p>28  KEILBASA  KRAUT, BREAD  BUTTERBEANS  HOT APPLESauce</p>	<p>29  CHICKEN LEGS  STUFFING  CARROTS, BREAD  PINEAPPLE TIDBITS</p>	<p>30  SLOPPY JOE  TATERTOTS  CORN  ORANGE</p>	<p>31  TACO SALAD  REFRIED BEANS  CHIPS  SOUcream, FRUIT</p>	<p>MEALS ARE FUNDED IN PART BY  METRO AAA. EEOC. ALL  MENUS ARE SUBJECT TO  CHANGE. PLEASE PHONE  AHEAD THE DAY BEFORE BY  1:00 PM TO MAKE  RESERVATIONS. ALL  DONATIONS ARE APPRECIATED.</p>